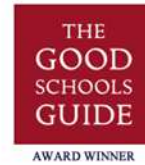




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October 2020

Dear Parent/Carer

## Year 7 Teambuilding Day

I am pleased to bring you details of a year 7 teambuilding event on Thursday 22nd October. This will be a chance for form groups to work together and to take part in a great fundraising opportunity.

The day will be split into 3 sessions and follow the normal timings of the school day.

Session 1 - Periods 1 and 2 will involve: 7BDS, 7RSH, 7FLD, 7TMT and 7THR

Session 2 - Periods 3 and 4 will involve: 7JCK, 7PWX, 7JHS, 7HGS and 7SJT

Session 3 - Period 5 will involve all the form groups.

*When the students are not involved in the teambuilding session they will attend normal lessons.*

## Activities

The first period of their session will involve teambuilding activities.

The second period the students will take part in a team triathlon.

The students will form teams of 3 from within their form group. Each team must then have someone from their group walking, jogging or riding a bike around the school field, the triathlon will last approximately 30-40 minutes. We ask that if possible one member of each group brings a bike in for their group to use. If this is not possible please contact me.

The students can change exercises during the triathlon as they wish. It would be a good idea to send your child into school with extra to drink on this day to help them stay hydrated during the triathlon.

Period 5 the students will be given a slice of pizza and drink supplied by our school canteen.

## Clothing

The day will be an own clothes day so we recommend the students wear appropriate clothing to take part in exercise but not their PE kit.

## Fundraising

As part of the day we will be raising money for two charities. The team triathlon is an optional sponsorship event. Students can get sponsored for the number of laps they complete as an individual or as a team.

Friday 23rd October is Breast Cancer Awareness day so therefore students can raise money for this charity and wear pink to show their support throughout the day.

The other charity that we will be raising money for will be a local charity Jigsaw, who provides information, advice and guidance to help support bereaved children and young people and those facing the death of a loved one.



You can donate money via the Scopay system. Please note that there is a minimum of £5 donation online.

All our activities have been risk assessed to fit in with current government guidelines. Students are encouraged to bring in a padlock for their bike, so that they can be kept secure when not being used.

Any questions please contact me on [jendersby@sackvilleschool.org.uk](mailto:jendersby@sackvilleschool.org.uk)

If weather conditions do not allow us to complete the day safely, we will postpone to a later date. If we do postpone we will send an email out on Wednesday 21<sup>st</sup> October.

Yours sincerely

Mr J Endersby  
**Head of Year 7**