



6 July 2023

Dear Families

Curriculum Enhancement Week - Mountain Biking – Monday 17 July to Wednesday 19 July 2023

With our curriculum enhancement days fast approaching I wanted to provide you with more details on what is included as part of the mountain biking days, which start on Monday 17 July.

STUDENTS MUST WEAR A CYCLING HELMET AT ALL TIMES

Registration: Students need to meet and register each morning in room **T04** at 8.25am.

Clothing: As the students will be taking part in movement tasks we advise that they wear comfy clothing. They must also be prepared for all eventualities with the weather including waterproofs and a towel for wet weather and sun cream if good weather. Students will need to wear sunglasses too.

Refreshments: We plan to stop for lunch at around 12.00pm each day and therefore please bring a packed lunch and a refillable water bottle. If your child has free school meals a packed lunch will be provided.

Monday 17 and Tuesday 18 July - We will be covering health and safety with all students and then departing school covering a range of cycling routes.

Wednesday 19 July - We will cycle to Deers Leap bike park. There are several areas within Deers Leap park, these include 'skills tracks', 'pump tracks' and general skill areas. There are areas of wooden bike track and bridges, which are generically known in mountain biking as 'north shore'. Within all areas of the park **helmets are compulsory** and you must check out where you are going to ride before you ride it.

Please bring a well maintained bike to school with an appropriate sized spare tube on the day. If you do not have a bike, then please let me know asap so we can arrange for one.

Insurance for all school trips is arranged through West Sussex County Council. Full details of the policy can be found on our [website](#). **Peanuts or peanut related products are not allowed to be taken on any school visit.**

Students are expected to wear normal school uniform on Thursday 20 July and Friday 21 July.

If you have any questions, please contact me at pstreet@sackvilleschool.org.uk

Yours sincerely

Mr P Street

Trip Leader

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