

Families' Bulletin Monday 23 January to Friday 27 January 2023

HEADTEACHER'S MESSAGE

Dear Families

It may have been a cold week this week but it has been a welcome change to see the sun coming through the clouds. And on a similar note, I am delighted to share that our new rewards system has got off to a flying start, with well over 1,000 more achievement points awarded to students compared with the previous week. Testament to the hard work, good behaviour and attitudes to learning demonstrated by the majority of our students.

Our Year 11 have been hard at it with their second set of mock exams this week. They too have been a real credit to themselves by the way they have approached these exams.

You will no doubt have seen in the news that one teacher union recently voted in favour of national strike action. Strikes are due to take place on 4 separate days over the next two months, the first being Wednesday 1 February. As yet, I do not know what impact this will have on us as a school but I will keep you informed and write to you more fully next week.

Finally, things are hotting up as we move into the final two weeks of preparation for this year's school show, Grease. Students have been working extremely hard and it looks and sounds like it is going to be yet another brilliant show. If you would like to come and have not yet got your ticket I would urge you to act quickly as tickets have been selling fast this week. See the front page of our website for links to the event booking page.

Have a wonderful weekend.

Jo Meloni, Headteacher

Key Dates

Monday 16 - Friday 20 January Year 10 English Speaking Assessments

Monday 16 - Friday 27 January Year 11 Mock Exams

Wednesday 1 February Observatory Open Evening 7.00pm-9.00pm Thursday 2 February Higher Education Fair 4.30pm-6.30pm

Tuesday 7 February Year 13 - Talk delivered by Newcastle University 3.00pm - 4.00pm

Wed 8, Thurs 9 and Fri 10 February GREASE - School Show

Years 7 to 9 – Influenza **Vaccination** Programme

Friday 10 February Year 8 - HPV Vaccination - 1st Dose Year 9 - HPV Vaccination - 2nd Dose

Friday 10 February Year 11 Art Trip - Tate Britain

Monday 13 – Friday 17 February Half-Term Break

You can view the full parents' calendar here

Friday 10 February

Extra-Curricular Clubs

We offer a wide range of after school activities at Sackville. You can browse through all the clubs, by year group, via the website parent link **HERE**.

If you have any questions regarding a particular activity, please contact the member of staff who is running the club.

Hot Chocolate with the Head





One thing I always like to ask students when they join me each Friday is what their ambitions are for the future. I was delighted to hear two girls, AJ in Year 7 and Isabella in Year 9, talking about going into the computing and engineering industries this week and why they loved those subjects so much. Caden, Leon Maddie and Dylan were each nominated for their positive attitudes, community spirit and personal achievements. As ever, it was heartwarming to see students from across

all year groups interacting with each other and sharing their school experiences. Congratulations to them all.

Safeguarding - On-line

New scam warning:

Unscrupulous Fake Banking App Defrauding Consumers

Not-for-profit internet safety expert, Get Safe Online, has received reports of a new scam which is being used by criminals to steal from people selling goods on social media marketplaces, when they collect goods in person.

A fake banking app on the 'buyer's' phone falsely indicates that the money has been transferred to the seller's bank account.

The seller enters their bank details into the fake app, resulting in a notification on the app that the money has been successfully transferred. However, when the seller checks their account, they find that the money has not been received.

Typically, the criminal pretends to call their bank and claims they have been told that it takes up to two hours for the funds to appear in the seller's account.

When the money has still not been received in the seller's account after this time, the fraudster has disappeared with the goods and, potentially, the victim's bank account details.

Get Safe Online suggests that sellers using social media marketplaces follow this advice:

- Always check buyers' reviews and seller feedback. Accounts that have been set up very recently with a large volume of similar positive feedback could indicate fake reviews.
- Always use the marketplace's recommended method of payment (such as PayPal) and read the terms and
 conditions to check what you are protected against. Paying in any other way than via a recommended
 payment site such as an app on the buyer's phone or via bank transfer could result in losses which you or
 your bank cannot recover. If you do pay via bank transfer, always check with your own bank if any payment is
 shown as pending.
- Don't allow the buyer to change the original agreed meeting place.
- Don't be rushed into handing over goods before you are sure that payment has been received.
- Consider making cash payments at yours or the buyer's bank premises for added protection.

If you have been defrauded, report it to Action Fraud at <u>actionfraud.police.uk</u> or on 0300 1232 2040.

Visit Get Safe Online for more information and advice on how to stay safe online.

Mr Kevin Treen

Wellbeing



Dear Families

It was National Obesity Awareness week 10th - 16th January and this was not on my radar until talking to a friend earlier this week. Whilst the week has passed and the national focus is no longer in place, I wanted to take the opportunity to focus on their mantra; "turn obesity around". I read some startling news when preparing this section, that taxpayers pay £6n annually for obesity related conditions like heart disease and diabetes. This is much more than what is spent on fire and police departments and for one area of the services provided by the NHS.

Some of us have just had a period of excess over the festive break and others may have a period of celebration this weekend as we see in the Chinese New Year. What better time to reflect on our current eating and exercise habits. We have all been told that we need to walk 10,000 steps and eat our five portions of fruit and vegetables daily, but how many of us regularly hit both or either target? I challenge you this weekend to work out how you can do the following things over the coming weeks and months:

1. Make your fitness and your families' fitness a priority

We are fortunate enough to have a local leisure centre which offers a variety of classes (whether you love a HIIT class, a swim or Yoga class), we have two walking routes on our doorsteps; Worth Way and Forest Way and plenty of other green spaces. If you'd rather exercise in the comfort of your own home there are plenty of classes available online, I typed in "Online fitness class" into Youtube and hundreds of videos came up, some are endorsed by the NHS. I did a chair workout the other week and boy did I feel it the next day. Maybe you haven't found your physical activity yet or have something in mind but have been too scared to try it out.....maybe this is the nudge you need. Remember that routine is key in helping you achieve any fitness goals you may have.

2. Set realistic goals

If you did make a New Year's resolution, you may already have broken it. This is because when it comes to exercise and diet changes, most people reach too high and set themselves up for disappointment. Keep your goals realistic, one way of doing this is to aim to reduce food intake gradually and work your way up with exercise as you go along.

3. Swap out the unhealthy stuff

Don't be fooled into thinking that just because it's vegan or low in fat that what you're about to eat is good for you. Use the traffic light food labels to help you make informed decisions. You could try substituting sugary foods or snacks high in salt, calories or fat with something healthier. It's not about overhauling what you eat but making one small change.

Hannah Nibloe

Vacancies



PA to Headteacher Starting salary Grade 7 - £25,408 -£27,851 (FTE) per annum

Following the retirement of the current post holder, we are looking to appoint an exceptional Headteacher's PA to join our team. This is an exciting, challenging and varied post sitting right at the heart of our school and through which you could make a real difference to our community.

- Are you an experienced PA or administrator looking for a new challenge in a large school?
- Do you want to use your excellent organisation skills at a high level, and help make a difference to the lives of young people?
 Do you have excellent communication skills, strong emotional intelligence and an ability to prioritise a busy workload?

If so, this could be just the position you have been waiting for.

This role provides vital confidential, personal and administrative support to the Headteacher. You will maintain electronic organise meetings and events, write correspondence and be the first point of contact for anyone seeking contact with the Headteacher, as well as overseeing the administration of the staff recruitment process.

We are looking for someone with excellent communication, administrative and organisational skills, alongside the ability to lead others and bring out the best in them. You will be responsible for line managing the main school office team, reception and reprographics staff. You will therefore need to be confident, proactive and have the aptitude to work independently, and lead a se team.

Sackville is an exceptionally friendly and supportive community built on strong relationships which allow every student to thrive. We have acquired a deserved reputation for fighting for every child, to support every student in achieving their full potential and develop a lifelong love of learning. Our GCSE results are consistently strong with extremely positive progress 8 scores. Our sixth form is also thriving and successful.

Previous experience of being a PA would be beneficial, as would experience of working in a school setting. However, first and foremost we are looking for the right person to complement our existing team. Someone with the right skills, qualities and aptitude to grow in the role and with us, as we work together to realise our ambitious aims for the school.

lease return the completed forms to Ms Jo Meloni together with a letter of application, of not more than two sides of A4,

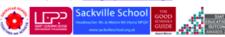
- How your previous skills and experiences have suitably prepared you for this role
 What you feel would be the priorities of the role;

39 hours per week, term time only plus INSET days, plus three additional weeks (during Aug/Sept). Salary NJC Grade 7: £25,408-£27,851 (FTE) per annum (£24, 619-£26,986 actual pro rata)

Deadline: Monday 6 February 2023. Interview scheduled for Thursday 9 February.
We reserve the right to shortlist and interview prior to the closing date, so early applications are encouraged.

urther details are available on our website www.sackvilleschool.org.uk or from Mrs K Rowlingson PA to the Headteacher, on 01342

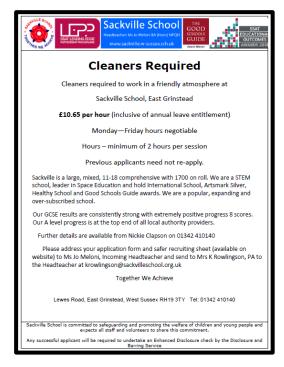
Please address your letter of application together with the application form and safer recruitment form (available on the school website) to Ms Jo Meloni Headteacher, and send to knowlingson@sackvilleschool.org.uk



Sackville School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

Any successful applicant will be required to undertake an Enhanced Disclosure check by the Disclosure and Barring Service.





Please follow the appropriate link to view any current vacancies within teaching and support staff areas of the school.

External Clubs, Events and Services



Medication & Illness

Medication



To ensure that we continue to support students when they are unwell, we need to make sure our records are up-to-date. As a school we will continue to administer ad-hoc medication as per the consent slip you have completed. If you wish for this to change, please contact the relevant year team. Should your child be diagnosed with any new medical condition please contact us. In addition, should your child's medical condition change

(i.e., they no longer need to use their inhaler) please contact their year team.

We will continue to provide the support and medical assistance you have already agreed to unless we hear from you.

Illness

In order to keep the more vulnerable members of our school community safe, a reminder to inform the school if your child contracts any of the following: Chickenpox, Shingles, Measles or Mumps. Please call the relevant year office, thank you in advance.

