



Families' Bulletin - Monday 27 to Friday 31 March 2023

HEADTEACHER'S MESSAGE

Dear Families

This week marks the beginning of Ramadan and the official start of Spring and there has certainly been a lot of springing into action this week from our students and staff.

We have had a year 12 geography field trip visiting the Sussex coast, a residential trip to France, a primary dance festival, whole school book fair and our year 11 students and families have had their last Consultation evening. Supporting them as they move into the home straight leading up to their summer exams is an important focus for us all. Similarly, our year 13 students have had their final mock exams this week and I am sure you will join me in wishing them all well, as they too prepare for their summer exams.

I would also like to thank those families that have contacted us as part of the House/Communities system consultation, your feedback is really useful and welcomed. There are still some places available for the presentation, which is taking place next Wednesday 29 March at 5.30pm, if you would like to join us. You can sign up by following this link [House System Consultation Presentation Evening Booking](#) .

Also as a reminder, due to the disrupted week we had last week with two days of strikes, we moved our usual non-uniform day that would have coincided with Red Nose Day to next Friday, 31 March. Please see the letter previously sent from Mr Street and later on in this week's bulletin.

Have a lovely weekend.

Jo Meloni, Headteacher

Key Dates for the Diary

Saturday 25 March	Year 9 D of E Practice Expedition
Tuesday 28 March	Year 12 Geography Trip London
Wednesday 29 March	Presentation to Families – House System Consultation Presentation - 5.30pm
Thursday 30 March	A Level Geography Trip to Pembrokeshire
Thursday 30 March	Year 9 Consultation Evening – 4.00pm to 7.00pm
Friday 31 March	Non-Uniform Day
Monday 3 April – Friday 14 April	EASTER HOLIDAY
Monday 17 April	Beginning of the Summer Term
Thursday 20 April	Year 9 Tetanus, Diphtheria, Polio and Meningitis Vaccinations
Thursday 27 April	Year 11 Pre-Exam Parent Information Evening – 5.30pm to 6.30pm
Monday 15 May	Year 11 Start of the GCSE Exams
Wednesday 21 June	Year 11 GCSE Exams End
Wednesday 28 June	Year 11 Contingency Day
Thursday 24 August	Year 11 Results Day – from 10.00am

You can view the full parents' calendar [here](#)

Hot Chocolate with the Head



We had a very busy Hot Choc with the Head today as we were joined by Kailum, Al, Luke, Benjamin and Hugo, all year 10 students, who are taking part in this year's STEM Challenge. Mr Street and I were blown away by their knowledge, enthusiasm and use of acronyms (most of which we had to ask them to explain to us!). A huge thank you to Mrs Ferguson who joined us and has been supporting the students every week and up to the final competition in May.

We were also joined today by Eden in year 9, Zac in year 8 and William in year 7. William has raised a phenomenal £200+ for the Turkey and Syrian earthquake appeal and will be doing a sponsored swim over Easter. I am sure you will join me in wishing him good luck. Well done to all of the students for their nominations.

Jo Meloni



Current Vacancies

One of the many great features of Sackville School is the fact that many colleagues do stay here a long time. Unfortunately for us, that does mean that we have a number of staff who are reaching retirement now or in the near future, both teaching and support staff. This will result in a number of vacancies becoming available over the coming weeks, months and years.

If you or someone you know are thinking of joining our team and are interested in any of the positions below, please follow the corresponding link. If the perfect role isn't listed below, but you know someone who shares our vision and ethos and is interested in joining our team, please do **enquire via the vacancies page on our website** so that we can get in touch if something comes up in the future.

- [Head of Business Studies](#)
- [Study Supervisor](#)
- [Pastoral Assistant](#)
- [School Cleaners](#)

Please follow the appropriate link to view any current vacancies within [teaching](#) and [support staff](#) areas of the school.

School Notices

Non-Uniform Day – Friday 31 March 2023

We will be having a [non-uniform day on Friday 31 March](#) and we will be asking each student to contribute a minimum of £1.00 if they wish to take part.

The money raised by this event will be donated to the **DEC Turkey - Syria Earthquake Appeal** who have been chosen by the school's Student Voice following a set of excellent assemblies by Mr Gerretsen raising awareness of the issue.

Paul Street
Deputy Head

Year 9 - Tetanus/Diphtheria/Polio (Td/IPV) and Meningitis ACWY (MenACWY) Vaccinations

Please can I remind year 9 families that the Vaccination Team will be coming into school on 20 April. Full details and links to give your consent can be accessed [HERE](#). If there is an issue or you have a questions, please call the vaccination team on 01273 696011 Ext 2043 and they will be able to help you.

Thank you

Sharon Hill

Extra Curricular Activities

We offer a wide range of after school activities at Sackville. You can browse through all the clubs, by year group, via the website parent link [HERE](#).

If you have any questions regarding a particular activity, please contact the member of staff who is running the club.

Year 9 to 13 – New Rowing Club



Year 9-13 Do you want to be part of a new Sackville School Rowing club?

Do you want to have fun on the water, work in a team and achieve your goals?



To try out rowing in free sessions register your interest now.
Rowing Club runs Wednesday 3-5:30pm.

For more information, please contact
Ms Pashley, kpashley@sackville.co.uk or
info@weirwoodrowing.com

Thinking of Teaching?

Did you know you could train to teach with us at Teach SouthEast?

As you may know, Sackville school is proud to be one of the partner schools in the Teach SouthEast partnership. Teach SouthEast provides Initial Teacher Training (ITT), and in the last ten years we have trained well over 600 teachers, most of whom are now employed in our partnership of schools and many are now in leadership positions. In our last Ofsted inspection, Teach SouthEast was graded as outstanding in all categories.

[To find out more following the link HERE](#)

Wellbeing



Mindful March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 1 Set an intention to live with awareness and kindness	 2 Notice three things you find beautiful in the outside world	 3 Start today by appreciating your body and that you're alive	 4 Notice how you speak to yourself and choose to use kind words	 5 Bring to mind people you care about and send love to them		
6 If you find yourself rushing, make an effort to slow down	7 Take three calm breaths at regular intervals during your day	8 Eat mindfully. Appreciate the taste, texture and smell of your food	9 Take a full breath in and out before you reply to others	10 Get outside and notice how the weather feels on your face	11 Stay fully present while drinking your cup of tea or coffee	12 Listen deeply to someone and really hear what they are saying
13 Pause to watch the sky or clouds for a few minutes today	14 Find ways to enjoy any chores or tasks that you do	15 Stop. Breathe. Notice. Repeat regularly	16 Get really absorbed with an interesting or creative activity	17 Look around and spot three things you find unusual or pleasant	18 Have a 'no plans' day and notice how that feels	19 Cultivate a feeling of loving-kindness towards others today
20 Focus on what makes you and others happy today <small>dayofhappiness.net</small>	21 Listen to a piece of music without doing anything else	22 Notice something that is going well, even if today feels difficult	23 Tune into your feelings, without judging or trying to change them	24 Appreciate your hands and all the things they enable you to do	25 Focus your attention on the good things you take for granted	26 Choose to spend less time looking at screens today
27 Appreciate nature around you, wherever you are	28 Notice when you're tired and take a break as soon as possible	29 Choose a different route today and see what you notice	30 Mentally scan your body and notice what it is feeling	31 Discover the joy in the simple things of life		

ACTION FOR HAPPINESS **Happier · Kinder · Together**

Mrs Hannah Nibloe
Inclusion Manager

Medication



To ensure that we continue to support students when they are unwell, we need to make sure our records are up-to-date. As a school we will continue to administer ad-hoc medication as per the consent slip you have completed. If you wish for this to change, please contact the relevant year team. Should your child be diagnosed with any new medical condition please contact us. In addition, should your child's medical condition change (i.e., they no longer need to use their

inhaler) please contact their year team.

We will continue to provide the support and medical assistance you have already agreed to unless we hear from you.

Illness

In order to keep the more vulnerable members of our school community safe, a reminder to inform the school if your child contracts any of the following: Chickenpox, Shingles, Measles or Mumps. Please call the relevant year office, thank you in advance.

