

Families' Bulletin Monday 23 October to Friday 03 November 2023

HEADTEACHER'S MESSAGE

Dear Families

This is our final Families' Bulletin of the term and I would like to say a huge well done to our whole community on the transition to our new Community system and to all of our students and staff for everything they have achieved this term.

We have already seen rewards assemblies for our Communities, Sixth Form leaders mentoring younger students and the launch of our new Community Student Councils that have massively increased the opportunity for student voices to be heard and for them to become actively engaged in life at Sackville and our future development. It is after all, all about them, their learning, their challenges and their experiences whilst at school and for life beyond. Watch this space in the coming weeks and months for what these groups of students are focusing on and I look forward to the impact they will have.

For now though, I wish you all a safe and enjoyable half term break.

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Ms Jo Meloni Headteacher

Key Dates

Monday 23 October to Friday 27 October Thursday 9 November Thursday 16 November Thursday 23 November Wednesday 29 November Wednesday 13 December Half-Term Holiday **Sixth Form Open Evening** – 5.30pm - 7.30pm **Year 13** Consultation Evening – 4.00pm to 7.30pm **Year 7** 'Meet the Tutor' Winter Concert – 6.00pm – 8.00pm Carol Concert - St Swithun's

Spotlight on E-Safety

BeReal and its rise in the Social Media stratosphere.

BeReal, is a social media app that encourages users to post unfiltered and unedited photos of their daily lives, has gained immense popularity among our teenagers. While its authenticity-driven approach may seem appealing, it poses several dangers to young users.

The app's two-minute time limit for posting can pressure teenagers to share impulsive and revealing photos, potentially exposing their location, routines, and personal information. Additionally, the lack of moderation can result in exposure to inappropriate content. Furthermore, the app's emphasis on "being real" can exacerbate body image issues and anxiety among teenagers who feel pressured to present a perfect image of themselves online.

To support parents managing BeReal, here are four key points:

- 1. Discuss the app's features and potential risks with your teenager.
- 2. Encourage them to be mindful of what they share and to whom.
- 3. Set clear expectations about their social media use.
- 4. By being aware of the dangers and taking steps to mitigate them, parents can help their teenagers use BeReal safely and responsibly.

For further information, you can read the following article: Click Here

Have a wonderful and safe half term.

Mr A Vallally-Godfrey Wider SLT eSafety Lead

Extra-Curriculum Enrichment

Autumn Term Timetable

We offer a wide range of after school activities at Sackville. You can browse through all the clubs, by year group, via this link: <u>Extra-Curricular Enrichment - Autumn Term 2023</u>



School Notices



Find it out Thursday!

Your child has the opportunity on Thursday's lesson 5 to come and hear from people in different industries. They can find out from the people that know what that profession is like, ask questions, start to explore different careers available and consider if they are right for them. We invite a different profession each week and your child is able to sign up for one talk, each half term.

Coming up next term

We will have more professionals including

- A Child Educational Psychologist
- Fire Brigade
- Army

Keep an eye open for updates and sign up using the form <u>HERE</u>. Please encourage your child to make use of these opportunities to start investigating the different career paths on offer.

Mrs H Smith Futures Leader

Chelsea FC Foundation

Chelsea FC Foundation operates a full time programme for students aged 16-19yrs at Thomas Bennett Community College in Crawley where students can study up to 3 A-Levels alongside daily training and games programme.

The programme is designed to provide students with academic qualifications in sports and coaching based on their individual needs to help create suitable exit routes and careers beyond the course for all our learners; whether it be university; a playing scholarship abroad; coaching or direct into the workplace.

On the Pitch Students will be part of a full time training programme on our 4G training facility, which will cover technical, tactical and physical elements of football to an elite level, helping develop both their ability and understanding of the game.

As part of our recruitment process for September 2024 intake, we are holding trials as follows:

Monday 23rd October K2 3G Pitch, Crawley, RH11 9BQ Boys 10-11:30 or 11:30-1 Girls 1-2:30

All players must register for trials before attending by completing this form

https://forms.gle/Y5d1isbCZ7bVJdBLA

We look forward to seeing you at the trial.

Kind regards Chris Jones Academy Director Sackville School Families' Bulletin page 3



Summer Reading Challenge

We have decided to extend the Summer Reading Challenge until after half term. Please hand your entries to me in room D16, take them to the LRC or email me at www.lwennbercharger.com – remember to put your name on your entry!



Top 10 Summer Reads

Book Log

Ms L Wernham Teacher of English

Hot Chocolate with the Head



It was a pleasure to deputise for Ms Meloni today at 'Hot Chocolate with the Head' Friday!

It was a great way to end the half term by sharing tutor time with 11 amazing students. It was lovely to hear about what they have been up to, including future plans for year 11s Lucy C, Lottie H, Andrew K, Amy C, Matthew H, Molly S, Elsie T, Marcus S, Maddy C and Penny B and Holly M of year 12.

Discussions then continued onto the all-important plans for the half term break! It is always a fantastic opportunity for us to hear from the students and I really enjoyed the time with them today.

Mr Peter Cowlin Deputy Head



Current Vacancies

If you or someone you know are thinking of joining our team and are interested in any of the positions below, please follow the corresponding link. If the perfect role is not listed below but you know someone who shares our vision and ethos and is interested in joining our team, please do enquire via the vacancies page on our website so that we can get in touch if something comes up in the future.

Study Supervisor

<u>School Cleaners</u>

Please follow the appropriate link to view any current vacancies within <u>teaching</u> and <u>support staff</u> areas of the school.

Wellbeing



Friday 27 October is National Mentoring Day and it is the largest global celebration of mentoring.

Some FAQs: What is mentoring? Mentoring is a developmental relationship based on experience; it is held by one person to another to share knowledge, skills, and experience. The aim is to develop skills and potential, increase know-how and performance, or improve ways of thinking and to help overcome barriers someone is facing.

What is a mentor? A mentor is someone who provides support and helps the mentee to review their situation through a process of reflection, guidance, activities, questioning, signposting, challenge, and feedback. A mentor makes decisions about their approach to meet the needs of the mentee and help them to come to their own decisions and progress towards their goal. A mentor is focused on helping the mentee on their own journey. There are many ways you can get involved as shown here.

Hannah Nibloe Inclusion Manager

External Clubs/Events/Services



CAB are hosting free webinars on disability benefits for parents and carers of children with learning difficulties and other disabilities, to help when it comes to Personal Independence Payment (PIP) and Disability Living Allowance (DLA) and to better understand how to fill in the application form themselves, as well as gain awareness for other disability benefits available to them and their family.

Parents and carers can join us for our session on a range of dates and

times.

These webinars are in a small group session format of no more than 20 people and will take place on Zoom.

To book a place, please visit <u>https://www.eventbrite.co.uk/o/citizens-advice-west-sussex-32589888415</u>

Aldingbourne Trust are also hosting the same webinars on different dates, which can be booked by following the links below:

- Personal Independence Payment (PIP) Webinar
- Disability Living Allowance (DLA) Event

Tadpoles Swimming Club for the Disabled



Tadpoles Swimming Club for the Disabled are looking for **volunteers** to help on Thursday evenings, at the Kings Centre, East Grinstead. This would possibly suit a student who is taking part in the Duke of Edinburgh Award Scheme or similar. Tadpoles also welcome adult volunteers, so if you are interested please do not hesitate to find out more by visiting our website <u>HERE</u>.

Thank you.

Mr Andrew Morgan Tadpoles Swimming Club

Christmas Cards – Young Epilepsy

At Young Epilepsy we support children and young adults living with epilepsy. We now have charity Christmas cards in stock. The price ranges between £4.00 - £4.50 for a pack of ten cards.



These are just a few of the designs on offer and there are plenty more to choose from. You can view the whole collection by following the link to our online shop: https://youngepilepsy.shop/

Thank you!

Home-Start CHAMS

Home-Start CHAMS, who are a locally based charity covering Crawley, Horsham and Mid-Sussex, are seeking new volunteers to join them in the New Year.

Ever thought about the benefits of volunteering?

- Volunteers say they have a better sense of connection with their community, improved wellbeing, gain new skills and work experience.
- Last year 100% of our families reported an improvement to cope following one to one support we couldn't do that without our volunteers.
- If you have parenting/relevant experience and could spare a couple of hours a week, why not join us in helping local families with children under 5 years.

Have a chat with one of our friendly coordinators to find out more: 01293 416327 or visit <u>www.homestartchams.org.uk</u>

Thank you.



Medication

To ensure that we continue to support students when they are unwell, we need to make sure our records are up-to-date. As a school we will continue to administer ad-hoc medication as per the consent slip you have completed. If you wish for this to change, please contact the relevant year team. Should your child be diagnosed with any new medical condition please contact us. In addition, should your



child's medical condition change (i.e., they no longer need to use their inhaler) please contact their year team.

We will continue to provide the support and medical assistance you have already agreed to unless we hear from you.

Illness

In order to keep the more vulnerable members of our school community safe, a reminder to inform the school if your child contracts any of the following: Chickenpox, Shingles, Measles or Mumps. Please call the relevant year office, thank you in advance.

