



Families' Bulletin

Monday 13 November to Friday 17 November 2023

HEADTEACHER'S MESSAGE

Dear Families,

This week has seen the start of the first of two year 11 mocks. Our students have been exemplary and risen to the challenge really well. There is one more week to go and I am sure you will join me in wishing them all the best of luck.

We also hosted our Sixth Form Open Evening and it was lovely to see so many students and parents interacting with staff. For more information about the transition from year 11 into Sixth Form please go to the Sackville School website and click on the Sixth Form link at the top of the page. <https://sackvilleschool.org.uk/#>

This weekend many of us will be marking Remembrance Sunday. I will be attending the East Grinstead Remembrance parade along with our Head Students Mia and Matt. Today the whole school came together for a moment to watch a live feed with sixth formers Ula, Aadi and myself reading the poem by John McCrae 'In Flanders Field'. The followed a beautiful rendition of The Last Post and we observed a minute's silence. This is a wonderful example of the whole school community coming together in a moment of community reflection.

Have a good weekend.

Ms Jo Meloni
Headteacher

Key Dates

Thursday 16 November
Thursday 23 November
Wednesday 29 November
Thursday 30 November
Friday 1 December
Wednesday 13 December

Year 13 Consultation Evening – 4pm to 7.30pm
Year 7 'Meet the Tutor'
Winter Concert – 6.00pm – 8.00pm
Year 11 Consultation Evening – 4pm to 7pm
Year 11 into Year 12 Taster Day
Carol Concert - St Swithun's

Safeguarding Update

Dear Families,

I'd like to take the opportunity to give you a couple of safeguarding updates. We have recently welcomed a new member of staff to our safeguarding team, Mrs Flude has become our student welfare officer. She has hit the ground running and is a valuable addition to our team. Staff at school have recently undertaken training around the Prevent agenda. This focuses on proactively supporting students who may be at risk of radicalisation. Staff have also received training around the topic of FGM (Female Genital Mutilation). As professionals, we have a statutory obligation to report any case of FGM to the police. Staff need to know how to respond and how they will be supported should this referral ever need to take place. Mr Pearson has established the first 'Community voice' (Student Voice) meeting between students across all ages where a number of agenda items were discussed. Safeguarding is a standing agenda item in all meetings. Students recently focused on the 'hot spots' in the school. This knowledge has enabled us to change our duty rota at lunchtime and plan for future CCTV cameras to be installed. I'm very thankful to them for their contribution.

We take safeguarding very seriously at Sackville but it is important that we are never complacent with what we currently do. We value the opinions of students to see how we might make further improvements to how we keep them safe. In light of this, I have written a survey that will go out to students next week. The student's opinions and feelings are vital in the safeguarding process and I look forward to their feedback. We have also used this opportunity to establish whether any groups of students in school feel less safe than others.

I look forward to sharing some of the developments we make as a result of this feedback in a future update.

In the meantime I wish you all an enjoyable weekend.

Mr A Millican
Assistant Head

Extra-Curriculum Enrichment

Autumn Term Timetable

We offer a wide range of after school activities at Sackville. You can browse through all the clubs, by year group, via this link: [Extra-Curricular Enrichment - Autumn Term 2023](#)

Navigating the Digital Maze: The Importance of Monitoring Your Teen's Online Activities

In today's hyper-connected world, the internet has become an indispensable tool for communication, education, and entertainment. However, this vast and uncharted territory also harbours potential dangers, particularly for young and impressionable minds.

Parents often face the dilemma of balancing their child's right to privacy with their responsibility to ensure their safety and well-being. While respecting privacy is crucial, it should not come at the expense of a child's protection. Monitoring your teen's online activities is not about snooping or invading their privacy; it's about safeguarding them from potential harm and empowering them to navigate the digital world responsibly.

Here are five essential tips for monitoring your teen's internet usage effectively:

1. **Establish Open Communication:** Foster an open and honest dialogue with your teen about their online activities. Encourage them to share their experiences and concerns without fear of judgment or punishment. Create a safe space where they feel comfortable discussing their online lives openly and honestly.
2. **Set Clear Boundaries:** Establish clear guidelines regarding internet usage, including time limits, acceptable websites, and social media interactions. Ensure these guidelines are age-appropriate and align with your family's values. Discuss these boundaries with your teen and encourage their input to promote a sense of ownership and responsibility.
3. **Utilise Parental Control Tools:** Employ parental control software to filter out inappropriate content, restrict access to certain websites, and monitor your teen's online activity. These tools can provide you with valuable insights into your teen's online behaviour and help you identify potential concerns early on. [Click Here](#) for PC Mags top 5
4. **Promote Digital Literacy:** Educate your teen about the dangers of online predators, cyberbullying, and exposure to harmful content. Teach them to be responsible digital citizens and critical consumers of online information. Encourage them to question the authenticity of information they encounter online and to seek guidance from trusted sources.
5. **Monitor Behaviour:** Stay vigilant for changes in your teen's behaviour, such as increased isolation, mood swings, or withdrawal from social activities. These changes could indicate underlying issues related to their online interactions. Reach out to your teen if you notice any concerning changes and offer support and guidance or feel free to email us at safeguarding@sackvilleschool.org.uk and let's have a discussion.

Remember, monitoring your teen's internet usage is not about controlling their every move; it's about protecting them from harm and empowering them to make informed decisions in the digital world. By establishing open communication, setting clear boundaries, utilising parental control tools, promoting digital literacy, and monitoring behaviour, you can help your teen navigate the online world safely and responsibly.

If you would like to discuss anything further please don't hesitate to email me at onlinesafety@sackvilleschool.org.uk

Mr A Vallally-Godfrey
Wider SLT & Online Safety Lead



Find it out Thursday!

In the coming weeks we have the following industry professionals coming in:

A Historian and documentary presenter - 23.11.23

Veterinary nurse - 30th November

Army - 7th December

Please encourage your child to explore any career paths that they are interested in, to sign up and use these opportunities to start investigating different opportunities. They can sign up by using this [Link](#).

Mrs H Smith
Futures Leader

Sixth Form Update

We enjoyed seeing year 11 students and families at our open evening for KS5. Following on from this, we are now busy preparing for our yr11 into 12 taster day later this term. Meanwhile, we look forward to welcoming year 13 families and students to our consultation evening on Thursday 16th November.

Mrs H Valentine
Assistant Head – VI Form

Flu Vaccinations

By now you should have received an invitation to consent to the flu spray for your child from year 7-11. If you have a question regarding this please call the vaccination team on 01273 696011 ext 2043

Mrs S Hill
Welfare Officer



Your child has just received their Bookbuzz book! And here's why...

Our school is taking part in BookTrust's Bookbuzz programme, which aims to get children reading. Your child chose their own book to keep out of the sixteen Bookbuzz titles, discovering what gets them turning the page at school and at home.

Bookbuzz is run by BookTrust, the UK's largest children's reading charity that transforms lives by getting children and families reading. Each year BookTrust reaches millions of children across the UK with books, resources and support to help deliver a love of reading. To find out more about BookTrust visit booktrust.org.uk.

We hope that Bookbuzz will encourage your child to read more frequently, which will help improve their wellbeing, spark interesting conversations and inspire creativity.

Here are three steps you can take to get involved:

- 1. Get talking!** The easiest way to get involved is to talk to your child about books and reading. Their Bookbuzz book is a great place to start. What do they enjoy about their book? Who is their favourite character? Talking about books together can help show the value of reading and encourage your child to form and share their opinions on what they like to read.
- 2. Find out more.** You can find lots on the BookTrust website to share and enjoy with your child, helping them to discover more about their Bookbuzz book. There are videos and blogs from the Bookbuzz authors, quizzes, competitions and more at booktrust.org.uk/bookbuzz.
- 3. What next?** The adventure continues when your child finishes their Bookbuzz book! No matter what their interests, there are thousands of fantastic books out there to discover. To find their next read you can ask a librarian, visit a local book shop, or go to BookTrust's Bookfinder at booktrust.org.uk/bookfinder.

If you have any feedback or questions about Bookbuzz, BookTrust would love to hear from you. You can contact them by emailing bookbuzz@booktrust.org.uk or phoning 020 7801 8800. You can also follow @BookTrust on social media to find out more about the best new books and how you can continue to encourage your child to read at home.



Mrs R Tumusiime
English Intervention

Big reveal

Our Art Scholars are designing the Greenaway Residential window display for this.



Ms S Stirling
Curriculum Team Leader for Art & Photography

Christmas card competition

Please see the exciting opportunity below with



Sackville School Christmas Card Competition 2023







Theme:
Community at Christmas

- * Complete your design on A4 paper or card
- * Drawn, painted or digital entries welcome
- * Write your full name, tutor group and community on the back of your design
- * Winning designs used for Sackville Christmas card
- * Prizes for best designs in key stage 3, 4 and 5
- * Winners will have their design framed to take home

Deadline Wednesday 15th November 4pm
Hand in to your art teacher or community office



Ms S Stirling
Curriculum Team Leader for Art & Photography

Current Vacancies

If you or someone you know are thinking of joining our team and are interested in any of the positions below, please follow the corresponding link. If the perfect role isn't listed below, but you know someone who shares our vision and ethos and is interested in joining our team, please do **enquire via the vacancies page on our website** so that we can get in touch if something comes up in the future.

- [Learning Support Assistant \(LSA\)](#)
- [Cleaners](#)

Please follow the appropriate link to view any current vacancies.

Wellbeing



Every November is Men's mental health month. Whilst we know that anyone can experience ill mental health, the outcomes for men is not the same for women (please note statistics are collected in this binary way). There are some stark statistics around men's mental health and some of them are below:

36%

Only 36% of all NHS referrals for psychological therapies are for men. Men are less likely to seek help for their mental health.

52%

Would be concerned about taking time off work, whilst 46% would be embarrassed or ashamed to tell their employer. (Men's Health Forum)

Suicide

Is the leading cause of death for men under the age of 50 in the UK. (Calm Zone)

75%

Of deaths by suicide are males, and they are three times more likely to die by suicide than women.

One of the barriers towards men seeking help for their mental health is that they can suffer in silence due to societal expectations around men and masculinity. If you are interested in other contributing factors that impact mental health outcomes for men, please scroll to the middle of [this page](#). There are plenty of other interesting points on the website too.

It was also be foolish of me not to take the opportunity to talk about [Movember](#), if you don't know what it is, this image explains is well:

GROW A MO

Growing a Mo is like wearing a symbol representing healthier men and a healthier world, all Movember long. It shows everyone you walk past that men's health matters to you.

Mrs H Nibloe

NHS
Surrey and Sussex Healthcare
NHS Trust

SASH Meet the Practitioner Careers Event 2023

**5pm-8pm, Tuesday 21st November at East
Surrey Hospital, Redhill**

If you are a student in Year 9 or above, you are invited to come along to the SASH Meet the Practitioner Careers Event!

A range of NHS professions will be represented, both clinical and non-clinical. Attendees will have the opportunity to talk to industry experts to discover the different roles within the NHS.

Find out about career pathways including:
Dentistry, Education, Estates & Facilities, Library services, Medicine, Midwifery, Nursing, Operating Department Practice, Pharmacy, Radiography, Research & Development, Therapies and more. Plus gain information from our university partners as well as volunteering, apprenticeship, work experience and recruitment opportunities at SASH.

Details of how to register can be found here:
<https://www.surreyandsussex.nhs.uk/work-us/work-experience>

Putting people first
Delivering excellent, accessible healthcare

Love the Game UK
Football Coaching

CHRISTMAS FOOTBALL CAMP

• Monday 18th - Wednesday 20th
December
• 10AM - 3PM

Fun, games, goals, saves, technical sessions, penalty shootouts, tournaments and more.

Ages 5-15 | Boys and girls of all abilities

Coaches are first aid and safeguarding trained, DBS checked, and some even have Premier League coaching experience.

£25 per day, £12.50 for half day or £60 for all 3 days

Trinity School
Seal Hollow Road
Sevenoaks
TN13 3SL

Edge Green
Rescue Kitchens & Living Space

To book -

- Follow the QR code, taking you straight to our booking site.
- Go to our website, find Holiday Football Camps, and book your place there.

See website for more details or email:
camps@lovethegameuk.co.uk

 

C D PHOENIX NETBALL CLUB (EAST GRINSTEAD BASED) ARE LOOKING FOR PLAYERS ... particularly U12s Year 7

ARE YOU READY



TO HAVE SOME FUN



If you have started playing netball at school; enjoy it and want to develop your netball skills or if you have been playing, love the game and want to play club netball to bring you to the next levelwhy not join us for a taster session.

We are looking for U12 / year 7 players to help grow our squad for next season

Where - We train at Lingfield Prep School (indoor) RH7 6PH

When - Thursday 6.00 – 7.30pm

To come to a taster session please contact secretary@cdphoenixsussex.co.uk

We hope to see you soon

Good afternoon,

We are a not-for-profit organisation that uses skateboarding to help young people with their self-development. We will be providing a free holiday club through West Sussex county Council for those that receive free school meals. Included in the email is a poster with a QR code to the booking system.

If you wouldn't mind passing these on to parents/Guardians of children that are eligible.

If you need any more information, please let us know.

Warm regards,

South Coast Skate Club

Medication & Illness

Medication

To ensure that we continue to support students when they are unwell, we need to make sure our records are up-to-date. As a school we will continue to administer ad-hoc medication as per the consent slip you have completed. If you wish for this to change, please contact the relevant year team. Should your child be diagnosed with any new medical condition please contact us. In addition, should your child's medical condition change (i.e., they no longer need to use their inhaler) please contact their community team.



We will continue to provide the support and medical assistance you have already agreed to unless we hear from you.

Illness

In order to keep the more vulnerable members of our school community safe, a reminder to inform the school if your child contracts any of the following: Chickenpox, Shingles, Measles or Mumps. Please call the relevant community office, thank you in advance.

