



Sackville School

TOGETHER WE ACHIEVE



Families' Bulletin

Monday 11 March 2024 to Friday 15 March 2024

HEADTEACHER'S MESSAGE

Dear Families

We come to the end of another week which started Monday with our Year 12 students attending a workshop on healthy masculinity and ends on International Women's Day. Here at Sackville we want to celebrate the achievements of all of our students and staff as we come to the end of a few weeks where we have been completing subject reviews. This is a collaborative process between Curriculum Team Leaders and their teams, senior leadership team and school governors. It has been lovely to speak to staff and students about their learning.

One of our areas of focus at the moment is on supporting students to be able to articulate their learning more. This helps to give them a deeper understanding of where they are at, how their learning connects; both within and across subjects, and gets them to think about what they can do next to improve. Questions such as 'Can you explain what you are learning?' 'How does that fit in with what you have previously learnt in this topic, last lesson, last term, last year?' 'Can you explain what you need to do to make further progress in a particular subject?'

This is something that you can also try with them at home. Our curriculum maps can be found on the school [website](#) (click on the 'curriculum' tab from the home page). These give an overview of what the students are studying at any point throughout the year and can help aid these discussions.

Also this week, I had the pleasure of meeting with East Grinstead Rugby club and Hannah Nibloe, our Pupil Premium lead. It was wonderful to hear about the incredible fundraising work the club is doing, which now includes awarding us a generous donation to support our young people. You can read more about this in the upcoming Sackville News but I wanted to say a public thank you straight away.

Have a good weekend.

Ms Jo Meloni
Headteacher

Surveying children and young people's views on safety in West Sussex

Our school has decided to participate in a survey on children and young people's views in West Sussex. The survey is being run by Crest Advisory on behalf of the West Sussex Violence Reduction Partnership. It aims to strengthen our local understanding of what young people think about local violence, where they feel safe or unsafe and what they're concerned about in their day-to-day lives so that local services can design a response to the problem that meets their needs. Anonymised survey results will be published in a report for local partners.

Professionals in schools and local authorities have a crucial role to play in addressing the root causes of serious violence and it is really important that they understand the experiences of our children and young people. This survey will contribute to building this understanding of how professionals in schools and local authorities can prevent violence and increase feelings of safety for children and young people living and studying in West Sussex.

The survey will ask children about their perceptions of violence locally, and whether they have been a victim or witness of violence, as well as if they may have caused violence themselves. Please find the enclosed information sheet with further details on the survey.

Crest Advisory has provided the following link to the survey questions so that you can see what your child will be asked: <https://linktr.ee/WestSussexSurvey>

The survey is voluntary - children can choose not to take part when asked. Furthermore, none of the questions are compulsory, except some demographic questions to help us understand the data - otherwise your child is able to skip any they would rather not answer. They are also free to stop answering the survey at any time, and we provide details of support services that can help at the beginning and end of the survey, in case your child requires any support or wants to discuss anything raised in the survey further.

Students will be completing the survey week beginning **19 March 2024** during form time.

Their tutor will also be on hand to answer any questions or provide support. If for any reason you do not want your child to participate in this survey please complete this [form](#) by **Friday 15 March** to opt-out, alternatively please email your child's tutor. By not responding to this form, you are consenting for your child to take part.

Hot Chocolate with the Head



I met with four delightful students this morning who were nominated for their excellent attitudes to learning, and school life in general.

It was fantastic to see that every one of them attended a school club and were involved in activities outside of school. Isabelle in Year 10 has the most achievement points across the whole school which is a fantastic achievement.

The highlight of the morning for me was speaking to Ustin, who has recently joined our school from Ukraine, he explained to us all the differences between how lessons are run there compared to here.

Well done to each of them.

Key Dates

Thursday 14 March

A Level Photography Trip

Monday 18 March

Year 11 Consultation Evening **(4pm – 7pm)**

Tuesday 19 March

A Level Geography Trip – South Coast

Wednesday 20 March

A Level Geography Trip - London

Thursday 21 March

Dance Festival **(2pm – 6pm)**

Sports Presentation Evening **(6pm – 8pm)**

Monday 25 March 2024

Local Geographical Association Worldwide Quiz – Brighton
(Selected students) **(4.30pm – 6pm)**

Wednesday 27 March

Year 9 Meningitis Vaccine [consent form link](#)

Friday 29 March 2024 - 14 April 2024

A Level Geography Trip – Pembrokeshire

HALF TERM

Thursday 18 April

Year 12 Consultation Evening **(4pm – 7pm)**

Current Vacancies

We have a number of non-teaching roles available at the moment. If you would be interested in any of the following please call Katie Dawson for more information, or apply directly following these links:

- [Cleaners](#)
- [IT Technician](#)
- [Exam Invigilator](#)

Are you new to the school or want to be more involved in your child's education? Exam Invigilator could be the role for you.

"My daughter joined Sackville in Year 9. When she started in Year 10, I decided to join the Sackville invigilating team with the thought that I really would like to learn and understand the current exam procedures and processes and at the same time it would put me in a better position to help and support my child. I am still working at the school and have also made some great friends over the last six years."
Suzanne (current parent)

Sackville School Book Fair

The Scholastic Book Fair will be visiting the school from Monday 18 March to Thursday 21 March 2024, in the LRC.

Come along to the LRC for a chance to buy some great reads at fabulous prices and earn some free books for your school!



Year 11 Revision Sessions and Key Dates

Key Dates

15 March 2024	English Shakespeare Workshop 9am - 1.30pm
2 May 2024	Exams Information Evening 5.30pm – 6.30pm
15 May 2024	Macbeth Workshop

Weekly Revision Sessions

Subject	Monday 11th March	Tuesday 12th March	Wednesday 13th March	Thursday 14th March	Friday 15th March
1	English Language Paper 1 - reading skills (D01)	iMedia Clinic (T05)	Spanish - how to tackle the speaking exam (B15)	Computer Science (YouTube 6pm)	Science - Rates of Reaction (A35)
2	Design and Technology - NEA T07		English Language Paper 1 - writing skills (D01)	Design and Technology - NEA - T07	
3	Performing Arts/ Dance and Health and Social Care Catch up (T04)		French - Writing exam (B14)	Science - Pathogens and Disease (A35)	
4	Drama revision (T04)		Performing Arts and Dance Catch up and Practical work support (P12)		
5	Film Studies -GCSE Coursework completion - (D12) (1hr)		Fine Art GCSE - exam catch up (F02)		
6	Fine Art GCSE - exam catch up (F02)				

Subject	Monday 18th March	Tuesday 19th March	Wednesday 20th March	Thursday 21st March	Friday 22nd March
1	Macbeth - English Literature Paper 1a (D01)	iMedia Clinic (T05)	Spanish - how to tackle the speaking exam (B15)	Computer Science (YouTube 6pm)	Science - Defence against Disease (A35)
2	Design and Technology - NEA T07		A Christmas Carol - English Literature Paper 1b (D01)	Design and Technology - NEA T07	
3	Performing Arts/ Dance and Health and Social Care Catch up - (T04)		French Writing Exam (B14)	Y11 Sociology - Research Methods (C01)	
4	Drama revision (T04)		Performing Arts and Dance Catch up and Practical work support (P12)	Science - Energy Stores, Word Done, Efficiency (A35)	
5	Film Studies - GCSE Coursework completion - (D12) (1hr)		Fine Art GCSE - exam catch up (F02)		
6	Fine Art GCSE - exam catch up (F02)				

Subject	Monday 25th March	Tuesday 26th March	Wednesday 27th March	Thursday 28th March
1	Unseen Poetry - English Literature Paper 2c (D01)	iMedia Clinic (T05)	Spanish - how to tackle the speaking exam (B15)	Computer Science (YouTube 6pm)
2	Performing Arts/ Dance and Health and Social Care Catch up (T04)		An Inspector Calls / Lord of the Flies - English Literature Paper 2a (D01/D02)	
3	Drama revision (T04)		French Writing Exam (B14)	
4	Fine Art GCSE - exam catch up (F02)		Performing Arts and Dance Catch up and Practical work support (P12)	
5	Design and Technology - Section C T06		Fine Art GCSE - exam catch up (F02)	
6			Science - Energy Changes (A35)	

Extra Curricular Enrichment

Spring Term Timetable

We offer a wide range of after school activities at Sackville. You can browse through all the clubs, by year group, via this link:

[Spring Term Timetable](#)

We are pleased to offer more after school curricular activities in Maths, they are shown below.

Monday - M04 Chess Club 2.50pm – 3.45pm (all years)

Monday - M07 Homework support 2.50pm – 3.45pm (Years 7 - 10)

Thursday - M07 Homework support 2.50pm – 3.45pm (Years 7 - 10)

Thursday - M04 Maths Challenge Club (Year 7 - 10 invite only)

Regards

Mr T Hasler

Maths Department

Find it Out Thursday

Find it out Thursdays

This is a chance for students to explore different professions and learn from people that are in that industry.

Each week a different professional comes in to talk to students about the different aspects of their job, how they entered that industry, the skills and qualifications required and the different routes available to students thinking of joining that sector. Students have the opportunity to ask those in the know and get first-hand information. Students are able to sign up for one talk each half term so please encourage them to sign up and take advantage of this opportunity.

Speakers for next half term will be:-

TBC



Art, Design & Technology

The design and technology department are still in need of **WHITE** cotton or linen sheets/pillow cases/duvet covers/T shirts etc, and would be grateful for any donations.

They do have to be pure cotton or linen - apart from any stitching or fastenings, which we can remove - **NOT** polycotton please.

For hygiene reasons please could any donations be washed, preferably without fabric softener to retain the absorbency of the fabric.

Our art department are also in need of lots of newspapers for an art project.

If you have any lying around at home they would be happy to take them off your hands. These can also be left at Reception.

If you do have any of the above please could you drop them into the school Reception labelled for the D&T Department.

Medication, Illness & Vaccines

Medication

To ensure that we continue to support students when they are unwell, we need to make sure our records are up-to-date. As a school we will continue to administer ad-hoc medication as per the consent slip you have completed. If you wish for this to change, please contact the relevant year team. Should your child be diagnosed with any new medical condition please contact us. In addition, should your child's medical condition change (i.e., they no longer need to use their inhaler) please contact their community team.



We will continue to provide the support and medical assistance you have already agreed to unless we hear from you.

Illness



In order to keep the more vulnerable members of our school community safe, a reminder to inform the school if your child contracts any of the following: Chickenpox, Shingles, Measles or Mumps. Please call the relevant community office, thank you in advance.

Year 9 Meningitis Vaccine

The online consent form for TdIPV and MenACWY vaccination closes at 11am, three working days before the vaccination session date on **Monday 25 March 2024**.

You will not be able to consent for your child to be vaccinated during the session.

If you still need to consent follow this link: <https://www.susseximmunisations.co.uk/Forms/DTP>

1. Enter and confirm your preferred email address – *you will receive a confirmation email following submission of the consent form.*
2. Enter the school code: **SX126089**
3. Complete and submit the consent form, indicating your choice of consent - *Please ensure you provide the child's registered address and GP.*

Yours sincerely

(Sent on behalf of) The Vaccination Programme Coordinator, Sussex Immunisation Service (SIS)

Sussex Community NHS Foundation Trust

Spotlight on Online Safety

Spotlight in Online Safety

This week I wanted to bring to your attention a landmark lawsuit in the USA. A recent lawsuit filed by New York City takes aim at social media giants, accusing them of fuelling a mental health crisis among teenagers. The lawsuit targets Meta (Facebook, Instagram), YouTube, TikTok, and Snapchat, alleging their platforms' addictive design is harming young minds.



The Cause for Concern:

The lawsuit highlights the unique vulnerability of teenagers, whose developing brains are particularly susceptible to the constant stimulation and social comparison prevalent on social media. The city points to a rise in anxiety, depression, and sleep problems among teens, which they link to excessive social media use.

What Parents Want:

While the lawsuit seeks financial compensation, parents hope for more. They want social media companies to:

Prioritise User Safety: Implement features that promote responsible use and limit screen time, especially for young users.

Moderate Content: Crack down on harmful content, including cyberbullying and unrealistic portrayals that can negatively impact self-esteem.

Transparency & Research: Increase transparency about algorithms and conduct research on the impact of social media on mental health.

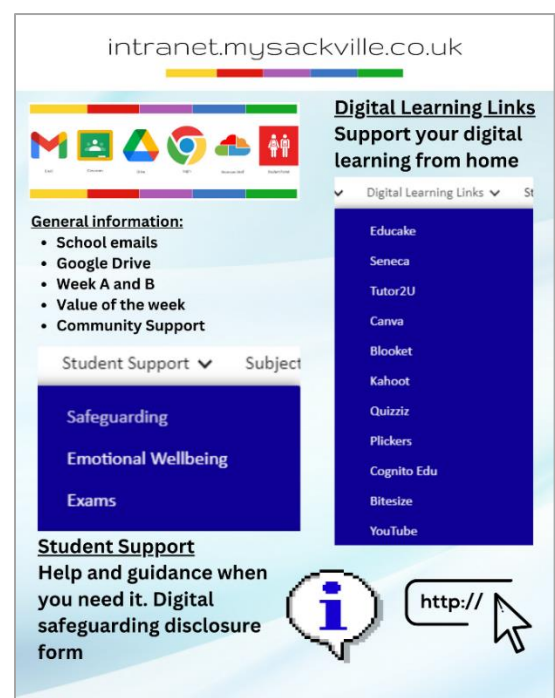
This lawsuit signifies a growing movement holding social media companies accountable for the potential harm they inflict on young users. The outcome will be closely watched by parents, educators, and policymakers across the USA and Europe. Sadly, any outcome for change in the lawsuit may take up to 5 years to implement, that's a whole year group passing through Sackville. We need to take action as teachers and parents/carers to limit social media use and monitor the use that we do allow. This can lead to wider social awareness and moreover, a healthier lifestyle that doesn't rely on the pseudo reality of a social universe.

School Intranet

The updated school intranet is accessible from home, on our school website, and on the web address:

intranet.mysackville.co.uk

Have a look at some of the things you can use it for



Autism and Social Communication Courses



Autism and Social Communication Advisory Team

Exploring Autism for Parents and Carers

A new and updated programme
offering up to date thinking and links
to research-based evidence for parent
carers of autistic children
and young people.



Sessions to explore Autism and strategies to support acceptance, empowerment, and relationships in family life.

Are you a parent/carer of a child or young person, aged 8-16 years, who is autistic or on the social communication pathway and have not attended this course before?

This NEW programme has been redeveloped to ensure that it is current and up to date. The course is an excellent source of information for those new to Autism or for those requiring a little more in-depth knowledge. Parent carers and the facilitators will learn and collaborate together. The programme is free of charge to families of children in West Sussex maintained schools and academies, at this time.

Course aims:

- to give a broad and balanced and positive view of how autism and social communication differences may impact on the child/young person's life and that of the family.
- to explore key practical strategies that can support autistic children.
- to provide a forum for families to share their experiences and expertise together.

Course outline:

The six sessions will be focused on both theoretical and practical aspects of autism and the resulting strengths and challenges. These recorded sessions can be watched when convenient to the family, followed by the one hour weekly group meeting. This provides opportunity to participate in discussions and ask questions via an online platform. We ask that parents attend each of these weekly online discussion groups.



In order for participants to fully benefit from this course we ask that they attend **all** sessions.

Topics covered by session:

Session 1: Autism Acceptance

Develop understanding of autism, discuss experiences of getting a diagnosis and identify how autism can affect families.

Session 2: Communication

Develop understanding of communication difficulties and strategies to improve communication and interaction skills for the autistic child/young person.

Session 3: Sensory Needs

Consider how sensory information and experiences may be processed differently by those who are autistic, share strategies to help with sensory differences.

Session 4: Anxiety

Improve understanding of the signs of distress that autistic young people may display and consider approaches to support self-regulation.

Session 5: Social Thinking and Masking

Explore the differences autistic young people may have with socialising and developing relationships. Look at ways to develop social thinking, explore the idea and impact of masking.

Session 6: Adolescence and Independence

Consider ways to encourage independence and manage adolescence challenges including puberty, sensory impact and social differences.

Exploring Autism Welcome Video:

<https://youtu.be/JqGPImJH8Ms>

Dates:

Spring 2: Every Thursday 12-1pm from 22nd February to the 28th March 2024.

Summer: Every Thursday 6.30-7.30pm from 18th April to the 23rd May 2024.

Summer 2: Every Wednesday 1-2pm from 5th June – 10th July 2024.

Summer Holidays: 6.30-7.30pm Dates TBC

For further details please contact:

Email: ASCT@westsussex.gov.uk

Please note there are a limited number of places on this course.

Mental Health and Self Harm Courses

Self-Harm Learning Network

Free Self-Harm and Neurodiversity/ASD Online Workshop for Professionals and Parents and Carers

**Tuesday 7th May
10.30-13.00**



This two and a half hour virtual workshop aims for the participant to:

- Gain a better understanding of the contributing factors.
- Identify what support is required.
- Understand and identify early warning signs.
- Increase the knowledge of strategies and approaches to support.
- Know where to go to gain access for support.



Self-Harm Learning Network

Self Harm, Eating Disorders and Body Dysmorphia

It is terrifying to discover that as well as having an eating disorder, the person you are supporting is also self harming. Self harm is very common alongside an eating disorder as it can be such an effective and immediate way of coping with overwhelming emotions that come with an eating disorder. Self harm can appear at any stage of treatment or recovery. Very often it is at transition stages due to the distress of the eating disorder voice fighting back. This might be at diagnosis, shortly after admission to in patient care, or in the later stages of recovery. Whenever it appears there is no doubt that it is very distressing for all those in a supporting role to witness. Body dysmorphia can also be a crippling feature of an eating disorder that can also trigger self harm

We will run the same session twice this year.



Tuesday 23rd April 10.00-13.00

Tuesday 8th October 10.00-13.00



Self-Harm Learning Network

We are pleased to be able to run this 1-hour webinar again in 2024, having provided an invaluable resource for professionals in 2022/23.

Do you want to increase your knowledge and feel more confident in the subject of self-harm?

West Sussex Mind and YMCA Downlink will be delivering a series of FREE self-harm webinars for professionals and volunteers who support children and young people who self-harm. These webinars are continuing from the previous self-harm learning networks'

The webinar will cover:

- The basics of self-harm knowledge
- What it means and who it affects
- The impact for workers
- Strategies, resources and signposting'

The course is delivered by an experienced facilitator and practitioner from YMCA Downlink Group in partnership with West Sussex MIND.

Whether you attended before and would like a refresher, or are joining for the first time, for course dates and to sign up



Great opportunity for year 12 and 13 students

We're Hiring

**Full-time jobs
available in
the Easter and
Summer holidays
on our multi-
activity camps**

**APPLY
ONLINE**



Scan me to apply!



Creating wonderful childhood memories...

piedpiperactivities.co.uk

Internship Programme 2024

For those interested in a career in teaching this programme is specifically designed for undergraduates interested in getting experience of a career in teaching.

Government funding of £300 per week (£900 total) is available for secondary Maths, Physics, Chemistry, MFL and Computing interns, but there are also programmes for all other secondary subject specialisms and primary teaching on an unfunded basis. The programme is based across multiple schools in Surrey, Berkshire, London, and Sussex and will run for three weeks this summer (dates to be confirmed – but it is likely to be Monday 24 June to Friday 12 July 2024).

INTERNSHIP PROGRAMME 2024



At Xavier Teach SouthEast, we are proud to offer an internship programme which provides those interested in teaching with the ideal opportunity to explore life in the classroom.

NON-FUNDED AND FUNDED PROGRAMMES

- **Funded internship** for **secondary chemistry, computing, languages, maths and physics undergraduates** (£300pw)
- Non-funded internship for non-undergraduates and **all other secondary subjects and primary teaching.**
- **Aim:** to help undergraduates in all subjects, as well as those considering a career change, to explore how rewarding a career in teaching can be.

As part of the programme, you will:

- Get involved in all aspects of school life
- Receive bespoke training
- Work closely with a Mentor to observe and teach lessons
- Meet regularly with fellow Interns, ECTs and SCITT trainees
- Be given an opportunity to accelerate your interview process for our SCITT



"The internship was a brilliant hands-on experience that gave me a wealth of knowledge about life as a primary school teacher. The programme gave me the best opportunity to gain first-hand experience teaching, observing and helping to plan lessons."

Intern 2022



INTERESTED?

Scan the QR code for the application form or visit www.teachsoutheast.co.uk

e.bertolone@xaviercet.org.uk | 01932 578 682



External Clubs, Events and Services

Netball



CD Phoenix Netball Club are holding Regional trials, if you are interested please follow the link below.




<https://forms.gle/j7ib4iMwcZMLazy17>

- Under 13 Squad Trials – Thursday 21 March 2024 (6pm – 8.30pm)
- Under 19 Squad Trials – Thursday 21 March 2024 (7.30pm – 9pm)

Cricket



Youth Production and Dance Lessons



Bullfrog

PRODUCTIONS

BULLFROG PRODUCTIONS IS A LEADING YOUTH PRODUCTION COMPANY, BASED IN EAST GRINSTEAD, PROVIDING TRAINING ACROSS ALL ASPECTS OF MUSICAL THEATRE. WE OFFER CLASSES IN DANCE, DRAMA AND SINGING, AS WELL AS OFFERING STUDENTS THE OPPORTUNITY TO GAIN GRADED QUALIFICATIONS THROUGH THE ISTD AND LAMDA SYLLABI. OUR YOUTH PRODUCTION COMPANY PERFORMS 2 SHOWS EACH YEAR IN A PROFESSIONAL THEATRE.

FOR MORE DETAILS EMAIL:
[INFO@BULLFROGPRODUCTIONS.CO.UK](mailto:info@bullfrogproductions.co.uk)
OR CALL: 07745 526691

Job Opportunity for 16 + Students

LIFEGUARD VACANCIES £15.00 an hour
16yrs+, Full Training Paid
Required Sundays 12:00-16:00
& adhoc in School Holidays



We require lifeguards 16yrs+ for our enclosed pool.
The pool is 15m x 4.5m and can accommodate up to 20 bathers.
All training paid.

Please call us on 01342 892219
or email varter@ststephens.surrey.sch.uk

Want to be a lifeguard?
Please call us on 01342 892219 or email varter@ststephens.surrey.sch.uk

Already a qualified lifeguard?
ALL lifeguard qualifications are deemed acceptable to be a lifeguard at our pool.
Please call us on 01342 892219 or email varter@ststephens.surrey.sch.uk