



Sackville School

TOGETHER WE ACHIEVE



Headteacher: Ms Jo Meloni BA (Hons) NPQH

Families' Bulletin

Monday 22 April 2024 to Friday 26 April 2024

HEADTEACHER'S MESSAGE

Dear Families,

Welcome to Friday and the start of the weekend. I hope you have all had a productive week. We have had a busy return after the Easter break as everyone gets back into the swing of things. Once again I have to credit our examination year groups on their approach to the exam season which is now just a matter of weeks away. We had lots of Year 11 students in school over Easter for some additional booster sessions which I know they have found to be helpful. Thank you to all the staff for volunteering their time to put these on. They have also had a very busy first week back with a Macbeth workshop on Monday, the mood of the production was helped with hailstones that arrived just as the witches came on stage. There have also been two days of GCSE art exams with some wonderful pieces being produced.

We have been informed of the final total of money raised by our Sixth form at their charity quiz night last term, with a drum roll please £1200. This is amazing and going to St Catherine's Hospice, such a well deserving charity, we are very proud of what they have all achieved. They have not stopped there either; with help from Salma Rahman, one of our cover supervisors, the Sixth form celebrated Eid with lots of homemade, authentic, amazing Indian food. The corridors around the Sixth form centre were filled with mouth-watering aromas and yet more money being raised, they are truly an inspiring bunch of students.

As we move into the term ahead we have more maths challenges, sports fixtures, inter-community competitions, and numerous other trips and visits to come. There is plenty to get involved with in addition to our brand new focus on Tennis. With the French Open fast approaching and the weather beginning to dry up, we cannot wait to see more students enjoying this brilliant sport. Watch this space for more information. After writing this, I am heading off to the families focus group and looking forward to meeting parents and discussing Sackville's future.

Have a wonderful weekend.

Ms Jo Meloni
Headteacher

Week: B

Timetable: 4 + 1

Safeguarding Notice Board

Sadly, it has been brought to our attention that there is a video being circulated on social media of a teenage girl beating up an eight year old boy.

There are no links to East Grinstead however the video has been sent to Sackville students. It is distressing in nature and some students have been upset by what they have seen.

Please can you talk to your children about this issue and if they have seen the video, ensure it has been deleted.

As always, if you are aware or have any worries regarding the safety of our students then contact our safeguarding team. Contact details below:

Mr Millican – amillican@sackvilleschool.org.uk

Mr Street - pstreet@sackvilleschool.org.uk

Mrs Steer - asteer@sackvilleschool.org.uk

Mrs Flude - dflude@sackvilleschool.org.uk

Hot Chocolate with the Head



Two year 7 students joined me for Hot Chocolate today. Phoenix was nominated for her positive attitude and her engagement in cheerleading outside of school. It was lovely to hear her share stories of competing abroad and all of the skills and experiences she is getting from it.

Summer is deserving of a special mention for her engagement in extracurricular activities so far this year. There isn't much she hasn't tried and has loved it all. Well done for throwing yourself into life at Sackville and doing so brilliantly.

I was also joined by two Year 13 students Sophie and Jemima, both of whom have been part of the Air Cadets since year 8 and spoke of how much they had gained from their experience over the years. Having now reached the level of Cadet Sergeant and Cadet Flight Sergeant, they are looking forward to university life and potentially a gap year once their exams are over. As I popped into the adjacent office to collect the camera at the end of our session, I left them to give the two year 7 students some advice. Their encouraging and pro-active words about working hard but grabbing every opportunity to engage in activities beyond lessons were a delight to hear.

Well done to all of them. Keep up the amazing work and positive attitudes to learning.

Key Dates

Wednesday 24 April 2024 – Friday 26 April 2024	A Level Art Exam
Friday 26 April 2024	Year 10 Careers and Skills Exploration session led by the British Army
	Year 10 B&V revision session
Monday 29 April 2024 – Wednesday 1 May 2024	A Level Photography Exam
Thursday 18 April 2024	Year 12 Consultation Evening (4pm – 7pm)
Friday 24 May – 31 May 2024	HALF TERM
Thursday 2 May 2024	Year 11 Exams Information Parents Meeting (5.30pm – 6.30pm)
Monday 6 May 2024	Year 11 and 13 Study Leave
Thursday 23 May 2024	A Level Biology Field Trip
Wednesday 19 June 2024	Area Sports

Current Vacancies

We have a number of non-teaching roles available at the moment. If you would be interested in any of the following please call Katie Dawson for more information, or apply directly following these links:

- [IT Technician](#)
- [Cleaners](#)
- [Exam Invigilator](#)

Are you new to the school or want to be more involved in your child's education? Exam Invigilator could be the role for you.

“My daughter joined Sackville in Year 9. When she started in Year 10, I decided to join the Sackville invigilating team with the thought that I really would like to learn and understand the current exam procedures and processes and at the same time it would put me in a better position to help and support my child. I am still working at the school and have also made some great friends over the last six years.”
Suzanne (current parent)

Spotlight on Online Safety

Welcome to the summer term! I hope you had an excellent Easter break. Over Easter I was liaising with another school in Manchester that has started offering support for parents on Online Safety. It was interesting to see what they did vs what we do here at Sackville.

Growing, developing and learning is what we always strive to do as educators and I know as a parent I often feel in the wilderness when my children talk to me about some of the topics they are studying.



A wonderful tool for teenage parents comes from the NSPCC. Their new Keeping Children Safe Online workshop provides parents and carers with information about how to support their child in their online world. The 40 minute pre-recorded presentation covers topics such as online bullying, mental health, and social media, as well as signposting to resources and organisations for help and support.

The session is free to attend, and free to watch at a time that is convenient for you. If you would like to watch this online seminar you can do so by [clicking here](#).

“ *This workshop was very helpful and I spoke again to my 14-year-old last night, but this time with more knowledge.* ”

Further information of the session can be found by [clicking here](#)

I hope you find it useful.

Mr Vallally-Godfrey

Online Safeguarding Lead

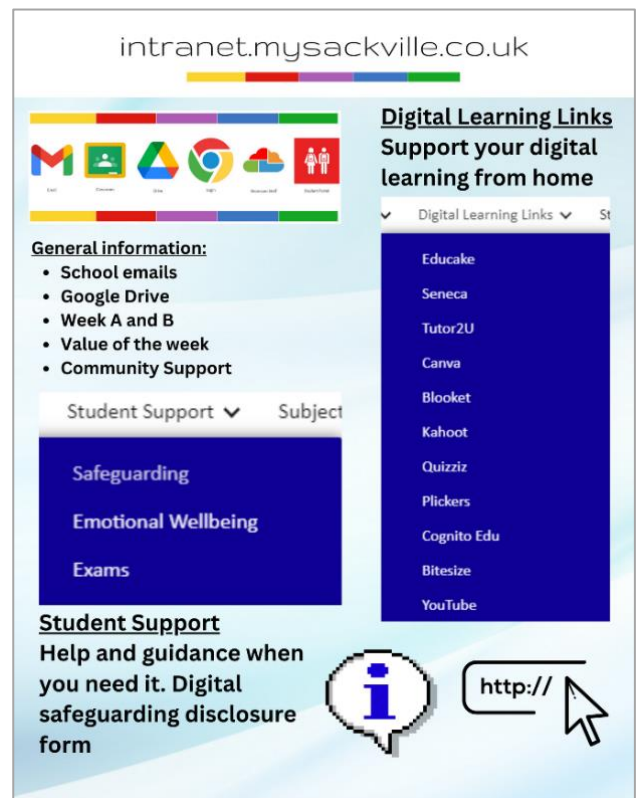
avallallygodfrey@sackvilleschool.co.uk

School Intranet

The updated school intranet is accessible from home, on our school website, and on the web address:

intranet.mysackville.co.uk

Have a look at some of the things you can use it for.



Extra Curricular Enrichment

Spring Term Timetable

We offer a wide range of after school activities at Sackville. You can browse through all the clubs, by year group, via this link:

[Summer Term Timetable](#)

We are pleased to offer more after school curricular activities in Maths, they are shown below.

Monday - M04 Chess Club 2.50pm – 3.45pm (all years)

Monday - M07 Homework support 2.50pm – 3.45pm (Years 7 - 10)

Thursday - M07 Homework support 2.50pm – 3.45pm (Years 7 - 10)

Thursday - M04 Maths Challenge Club (Year 7 - 10 invite only)

Regards

Mr T Hasler

Maths Department

In Memory of James Lea

Over the weekend of 27 and 28 April a number of Sackville staff past and present will be taking part in a 'virtual relay' to commemorate our late colleague James Lea. Participants will undertake an hour's walk, run or cycle before passing the baton on via WhatsApp.

James was a teacher of computer science and business studies for over ten years at Sackville, leaving in 2018.

Students who have older siblings may have heard of his humour-packed lessons. James was a one-off, inspiring love and respect in his students and colleagues alike.

Throughout his long illness he never lost his positive take on life, playing practical jokes which became the talk of St Peter and St James Hospice, where he spent his last months.

Our virtual relay will raise money for the hospice, and any donations will be gratefully received. Our fundraising page is [here](#).

With best wishes

Adrian de Souza



Tennis at Sackville

Tennis has come to Sackville! This summer term will see lots of tennis happening at Sackville School. I have entered Year 7-8 and Year 9-10 boys and girls teams into the Sussex LTA schools leagues. There will also be lots of other fun competitions throughout the term, plus we will be running the '**Play Your Way To Wimbledon**' competition, an LTA run event that gives pupils between year 7 and 9 a chance to play on the grass courts at Wimbledon - more on this later on in the term.

Training sessions for tennis will run from **3-4pm** on the following days:

Monday - Year 7-8

Tuesday - Year 9-10

Wednesday - Team tennis training **ALL** years (invite only).



Growing a sport at a school, putting on training sessions and entering new teams into competitions is very exciting and will create a lot of opportunities for many pupils who are new to the sport, as well as those who already play and compete regularly.

Doing all this however requires resources and equipment, which in the current economic climate does make it a little difficult to source. We are looking for anyone who would be keen to sponsor Sackville tennis this summer. I will be ordering new Team tennis polo tops for the pupils to wear to matches and competitions. This could be an opportunity to get your brand/logo on the top itself. If this is something you may be interested in, please email me at: ajones@mysackville.co.uk.

If there is anything else tennis related you would like to speak about, please do drop me an email. With summer just around the corner, now is the time to dust off the racket and get playing!

Mr Alex Jones
Teacher of PE

Year 11 Revision Sessions and Key Dates

Key Dates

2 May 2024	Exams Information Evening 5.30pm – 6.30pm
24 May 2024	Start of Study Leave

Here is the [link](#) to the school website for any exam information you may need.

Medication

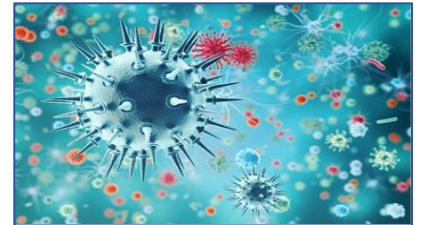
To ensure that we continue to support students when they are unwell, we need to make sure our records are up-to-date. As a school we will continue to administer ad-hoc medication as per the consent slip you have completed. If you wish for this to change, please contact the relevant year team. Should your child be diagnosed with any new medical condition please contact us. In addition, should your child's medical condition change (i.e., they no longer need to use their inhaler) please contact their community team.



We will continue to provide the support and medical assistance you have already agreed to unless we hear from you.

Illness

In order to keep the more vulnerable members of our school community safe, a reminder to inform the school if your child contracts any of the following: Chickenpox, Shingles, Measles or Mumps. Please call the relevant community office, thank you in advance.



Vaccinations

On the 11 November 2024 our year 7 to 11 students will be having their flu spray vaccinations. Please be vigilant as reminders will be sent out in September and October with instructions and details of how to consent.

Sent on behalf of the vaccination team.

Autism and Social Communication Courses



Autism and Social Communication Advisory Team

Exploring Autism for Parents and Carers

A new and updated programme
offering up to date thinking and links
to research-based evidence for parent
carers of autistic children
and young people.



Sessions to explore Autism and strategies to support acceptance, empowerment, and relationships in family life.

Are you a parent/carer of a child or young person, aged 8-16 years, who is autistic or on the social communication pathway and have not attended this course before?

This NEW programme has been redeveloped to ensure that it is current and up to date. The course is an excellent source of information for those new to Autism or for those requiring a little more in-depth knowledge. Parent carers and the facilitators will learn and collaborate together. The programme is free of charge to families of children in West Sussex maintained schools and academies, at this time.

Course aims:

- to give a broad and balanced and positive view of how autism and social communication differences may impact on the child/young person's life and that of the family.
- to explore key practical strategies that can support autistic children.
- to provide a forum for families to share their experiences and expertise together.

Course outline:

The six sessions will be focused on both theoretical and practical aspects of autism and the resulting strengths and challenges. These recorded sessions can be watched when convenient to the family, followed by the one hour weekly group meeting. This provides opportunity to participate in discussions and ask questions via an online platform. We ask that parents attend each of these weekly online discussion groups.



In order for participants to fully benefit from this course we ask that they attend **all** sessions.

Topics covered by session:

Session 1: Autism Acceptance

Develop understanding of autism, discuss experiences of getting a diagnosis and identify how autism can affect families.

Session 2: Communication

Develop understanding of communication difficulties and strategies to improve communication and interaction skills for the autistic child/young person.

Session 3: Sensory Needs

Consider how sensory information and experiences may be processed differently by those who are autistic, share strategies to help with sensory differences.

Session 4: Anxiety

Improve understanding of the signs of distress that autistic young people may display and consider approaches to support self-regulation.

Session 5: Social Thinking and Masking

Explore the differences autistic young people may have with socialising and developing relationships. Look at ways to develop social thinking, explore the idea and impact of masking.

Session 6: Adolescence and Independence

Consider ways to encourage independence and manage adolescence challenges including puberty, sensory impact and social differences.

Exploring Autism Welcome Video:

<https://youtu.be/JqGPImJH8Ms>

Dates:

Spring 2: Every Thursday 12-1pm from 22nd February to the 28th March 2024.

Summer: Every Thursday 6.30-7.30pm from 18th April to the 23rd May 2024.

Summer 2: Every Wednesday 1-2pm from 5th June – 10th July 2024.

Summer Holidays: 6.30-7.30pm Dates TBC

For further details please contact:

Email: ASCT@westsussex.gov.uk

Please note there are a limited number of places on this course.

Mental Health and Self Harm Courses

Self-Harm Learning Network

Free Self-Harm and Neurodiversity/ASD Online Workshop for Professionals and Parents and Carers

Tuesday 7th May
10.30-13.00



This two and a half hour virtual workshop aims for the participant to:

- Gain a better understanding of the contributing factors.
- Identify what support is required.
- Understand and identify early warning signs.
- Increase the knowledge of strategies and approaches to support.
- Know where to go to gain access for support.



Self-Harm Learning Network

Self Harm, Eating Disorders and Body Dysmorphia

It is terrifying to discover that as well as having an eating disorder, the person you are supporting is also self harming. Self harm is very common alongside an eating disorder as it can be such an effective and immediate way of coping with overwhelming emotions that come with an eating disorder. Self harm can appear at any stage of treatment or recovery. Very often it is at transition stages due to the distress of the eating disorder voice fighting back. This might be at diagnosis, shortly after admission to in patient care, or in the later stages of recovery. Whenever it appears there is no doubt that it is very distressing for all those in a supporting role to witness. Body dysmorphia can also be a crippling feature of an eating disorder that can also trigger self harm

We will run the same session twice this year.



Tuesday 23rd April 10.00-13.00

Tuesday 8th October 10.00-13.00



Self-Harm Learning Network

We are pleased to be able to run this 1-hour webinar again in 2024, having provided an invaluable resource for professionals in 2022/23.

Do you want to increase your knowledge and feel more confident in the subject of self-harm?

West Sussex Mind and YMCA Downslink will be delivering a series of FREE self-harm webinars for professionals and volunteers who support children and young people who self-harm. These webinars are continuing from the previous self-harm learning networks'

The webinar will cover:

- The basics of self-harm knowledge
- What it means and who it affects
- The impact for workers
- Strategies, resources and signposting'

The course is delivered by an experienced facilitator and practitioner from YMCA Downslink Group in partnership with West Sussex MIND.

Whether you attended before and would like a refresher, or are joining for the first time, for course dates and to sign up



Great opportunity for year 12 and 13 students

We're Hiring

Full-time jobs available in the Easter and Summer holidays on our multi-activity camps

APPLY ONLINE



Scan me to apply!



Creating wonderful childhood memories...

piedpiperactivities.co.uk

Internship Programme 2024

For those interested in a career in teaching this programme is specifically designed for undergraduates interested in getting experience of a career in teaching.

Government funding of £300 per week (£900 total) is available for secondary Maths, Physics, Chemistry, MFL and Computing interns, but there are also programmes for all other secondary subject specialisms and primary teaching on an unfunded basis. The programme is based across multiple schools in Surrey, Berkshire, London, and Sussex and will run for three weeks this summer (dates to be confirmed – but it is likely to be Monday 24 June to Friday 12 July 2024).



INTERNSHIP PROGRAMME 2024

At Xavier Teach SouthEast, we are proud to offer an internship programme which provides those interested in teaching with the ideal opportunity to explore life in the classroom.

NON-FUNDED AND FUNDED PROGRAMMES

- **Funded internship** for **secondary chemistry, computing, languages, maths and physics undergraduates** (£300pw)
- Non-funded internship for non-undergraduates and **all other secondary subjects and primary teaching.**
- **Aim:** to help undergraduates in all subjects, as well as those considering a career change, to explore how rewarding a career in teaching can be.

As part of the programme, you will:

- Get involved in all aspects of school life
- Receive bespoke training
- Work closely with a Mentor to observe and teach lessons
- Meet regularly with fellow Interns, ECTs and SCITT trainees
- Be given an opportunity to accelerate your interview process for our SCITT

"The internship was a brilliant hands-on experience that gave me a wealth of knowledge about life as a primary school teacher. The programme gave me the best opportunity to gain first-hand experience teaching, observing and helping to plan lessons."

Intern 2022

INTERESTED?

Scan the QR code for the application form or visit www.teachsoutheast.co.uk

e.bertolone@xaviercet.org.uk | 01932 578 682



Cricket



NEW PLAYERS
WELCOME

£3 PER SESSION

**TUESDAY IS
WINTER NETS**

STARTING TUES 6TH BRUAUARY
U6-U10 6-7PM U11-U16 7-8PM SENIORS 8-9PM
EAST GRINSTEAD SPORTS CLUB



email for info: juniors@eastgrinsteadcc.co.uk

Girls Cricket U9-U14s

starts Wed 17th April 5-6:30pm
at East Grinstead Sports Club

Youth Production and Dance Lessons



Bullfrog PRODUCTIONS

BULLFROG PRODUCTIONS IS A LEADING YOUTH PRODUCTION COMPANY, BASED IN EAST GRINSTEAD, PROVIDING TRAINING ACROSS ALL ASPECTS OF MUSICAL THEATRE. WE OFFER CLASSES IN DANCE, DRAMA AND SINGING, AS WELL AS OFFERING STUDENTS THE OPPORTUNITY TO GAIN GRADED QUALIFICATIONS THROUGH THE ISTD AND LAMDA SYLLABI. OUR YOUTH PRODUCTION COMPANY PERFORMS 2 SHOWS EACH YEAR IN A PROFESSIONAL THEATRE.

FOR MORE DETAILS EMAIL:
INFO@BULLFROGPRODUCTIONS.CO.UK
OR CALL: 07745 526691

Job Opportunity for 16 + Students

LIFEGUARD VACANCIES £15.00 an hour
16yrs+, Full Training Paid
Required Sundays 12:00-16:00
& adhoc in School Holidays



We require lifeguards 16yrs+ for our enclosed pool.

The pool is 15m x 4.5m and can accommodate up to 20 bathers.

All training paid.

Please call us on 01342 892219
or email varter@ststephens.surrey.sch.uk

Want to be a lifeguard?

Please call us on 01342 892219 or email varter@ststephens.surrey.sch.uk

Already a qualified lifeguard?

ALL lifeguard qualifications are deemed acceptable to be a lifeguard at our pool.

Please call us on 01342 892219 or email varter@ststephens.surrey.sch.uk