



Sackville School

TOGETHER WE ACHIEVE



Families' Bulletin

Monday 23 September to Friday 27 September 2024

HEADTEACHER'S MESSAGE

Dear Families,

As the end of week three draws to a close rather more abruptly than we had anticipated, I would like to thank families for their swift communication regarding permission to allow students home earlier than usual today. The decision to close the school is never taken lightly and I appreciate the difficulties of sending students home part way through the day can cause some families.

We are looking into a way we may be able to do that more efficiently in the form of some pre-consent (should it ever be needed) in the future, but will write to you once we have considered how this might work as it is not always that straightforward.

In other news this week, we had a fabulous Open Evening last night, with a full school of families looking to join our school community. Once again, our student helpers were incredible acting as tour guides, assisting in departments and playing music. Special thanks must also go to Ustin (Year 9), Elijah (Year 10) and Clayton (Year 12) for playing either the piano or violin so beautifully as families entered the hall. Also to our Head Students, Mia and Isaac (Year 13) for their speeches, and to Henry in Year 7 whose account of his first few weeks at Sackville was the highlight of the evening.

If you know anyone who is considering Sackville for their child and was not able to attend last night, they are still able to book onto one of our Open Mornings, information is on our [website](#).

I hope you all have a lovely weekend and if you happen to be near the Spinnaker Tower, Portsmouth on Sunday look out for Mr Dupoy, our three Sixth Form students and myself completing our abseil (weather permitting!).

Ms Jo Meloni
Headteacher

Week: B

Timetable: 4 + 1

Safeguarding Notice Board

As always, if you are aware or have any worries regarding the safety of our students then contact our safeguarding team. Contact details below:

Mr Millican – amillican@sackvilleschool.org.uk

Mr Street - pstreet@sackvilleschool.org.uk

Mrs Steer - asteer@sackvilleschool.org.uk

Mrs Flude - dflude@sackvilleschool.org.uk

Safeguarding at Sackville
PRIORITISING SAFETY & WELLBEING

Keeping our students safe is everybody's responsibility

If you need to talk to someone about an issue that is worrying you, you can speak to your form tutor, Community Team, or a member of your Safeguarding Team which includes Ms Meloni (Headteacher).

 Mr Millican - Lead DSL	 Mr Street - Deputy DSL	 Mrs Steer - Deputy DSL and Welfare officer	 Mrs Flude - Welfare officer (DSL 2)
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Additional members of our Safeguarding Team

 Mr Enderby - CL Abercrombigh	 Mrs Hunt - SENCO	 Mr Duggy - Deputy Head of 6th Form	 Mrs Bull - 6th Form Pastoral Support	 Mrs Valentine - Head of 6th Form
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...something is bothering you

...you are worrying about something at home

Talk to one of your Safeguarding team or email us if...

...you are concerned about a friend

...you feel down or sad

safeguarding@sackvilleschool.org.uk

Hot Chocolate With The Head

Today was the first Hoc Choc with the Head of the year where I invited colleagues to nominate some Year 7 students who have had a really positive start to their time at Sackville.

Harry, Lily, James, Erin, Harriet, Jenson and Mia were an absolute delight to spend some time with this morning. They all shared their favourite lessons and why they are already preferring them to primary school. Science, maths and drama lessons were a particular hit.

We were joined by Head Students Mia and Isaac who both did an incredible job last night speaking at our Open Evening.

Each student chosen has demonstrated one of our nine Sackville values, or the Sackville Way. In particular Kindness, Resilience, Community, and Ambition.

Well done to you all.



Parking Outside Estcots and Sackville

Please may we remind parents that parking on the pavement along Bourg de Peage is prohibited, posing a serious risk to students not only from Sackville but also Estcots walking home.

We have had reports from students, parents and residents in the immediate area that cars are mounting the pavements and verges.

With the recent weather we have had we understand you wanting to pick your child up as quickly as possible. However, if this can be done with consideration of our whole community this would be much appreciated by all.

Key Dates

Thursday 3 October 2024

Monday 28 October – Friday 1 November 2024

Thursday 7 November 2024

Friday 8 November 2024

Monday 11 November 2024

Thursday 21 November 2024

Wednesday 27 November 2024

Thursday 28 November 2024

Thursday 12 December 2024

Friday 20 December – Friday 3 January 2025

Thursday 16 January 2025

Thursday 13 February 2025

Thursday 27 February 2025

Year 8 Information Evening

HALF TERM

Sixth Form Open Evening

Late Start for students – 9.25am

Year 7-11 Flu Vaccinations

Year 13 Consultation Evening

INSET DAY

Year 8 Consultation Evening

Year 11 Consultation Evening

HALF TERM – CHRISTMAS

Year 10 Information Evening

Year 12 Information Evening/Meet the Tutor

Year 9 Consultation Evening

Year 7 Consultation Evening

Current Vacancies

We have three non-teaching roles available at the moment. If you would be interested in any of the following please call Katie Dawson for more information, or apply directly following these links:

- [Cleaners](#)
- [Exam Invigilators](#)
- [Learning Support Assistant \(LSA\)](#)

Extra Curricular Activities

Autumn 2024 Term

Sackville News

For all the latest news here at Sackville, follow the link below:

[Sackville News](#)



Sackville School Show 2025

Are you ready to cut loose as Sackville presents Footloose the musical 2025.

To find out about auditions please use the code to join the Google Classroom. We are looking forward to seeing you all soon!

Footloose Google Classroom: qxm6xjz



Uniform

Our uniform supplier can be found here - [Taylor Made Uniforms](#). Orders are placed through them directly and they will attend school on the first Thursday of every month, every Thursday throughout August, or at big events in school, such as Open Evenings etc.



Second Hand School Uniform - We are always in need of second hand uniform at Sackville, it is used regularly when students forget jumpers or ties.

If you have any school uniform or PE kit that is no longer needed feel free to donate them to our second hand shop. It can be dropped off at Reception.

Sixth Form Update

We are looking forward to the first of our five part careers and futures morning on Wednesday 25 September 2024 for our Year 12, level 3 students.

Each of our five careers events build on knowledge and skills gained in the previous event. For this session, Mrs Bush (Universities Leader) and I will give an introduction, this will be followed by speakers from the universities of Lancaster and Sheffield and then an apprenticeship talk from Portsmouth University. Thank you to our outside speakers and also to Mrs Smith, our Futures Leader, for organising this. We do hope students make the most of this event.

Mrs H Valentine
Head of Sixth Form

Wellbeing

Next week (23 - 29 September) is Organ Donation Week and it is also the 30th birthday of the NHS Organ Donor Register! To highlight this week, the NHS wants as many landmarks and buildings across the country as possible to turn pink. I wanted to draw your attention to it and see if there is anywhere you can turn pink to raise awareness of the incredible and life altering gift of organ donation?

It is also a reminder to review whether you would like to be an organ donor, a tricky subject for us to consider. But what a wonderful legacy, the gift of health and life.



Mrs Hannah Nibloe
Mental Health Lead

Self-Care September 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Find time for self-care. It's not selfish, it's essential	2 Notice the things you do well, however small	3 Let go of self-criticism and speak to yourself kindly	4 Plan a fun or relaxing activity and make time for it	5 Forgive yourself when things go wrong. Everyone makes mistakes	6 Focus on the basics: eat well, exercise and go to bed on time	7 Give yourself permission to say 'no'
8 Be willing to share how you feel and ask for help when needed	9 Aim to be good enough, rather than perfect	10 When you find things hard, remember it's ok not to be ok	11 Make time to do something you really enjoy	12 Get active outside and give your mind and body a natural boost	13 Be as kind to yourself as you would to a loved one	14 If you're busy, allow yourself to pause and take a break
15 Find a caring, calming phrase to use when you feel low	16 Leave positive messages for yourself to see regularly	17 No plans day. Make time to slow down and be kind to yourself	18 Ask a trusted friend to tell you what strengths they see in you	19 Notice what you are feeling, without any judgement	20 Enjoy photos from a time with happy memories	21 Don't compare how you feel inside to how others appear outside
22 Take your time. Make space to just breathe and be still	23 Let go of other people's expectations of you	24 Accept yourself and remember that you are worthy of love	25 Avoid saying 'I should' and make time to do nothing	26 Find a new way to use one of your strengths or talents	27 Free up time by cancelling any unnecessary plans	28 Choose to see your mistakes as steps to help you learn
29 Write down three things you appreciate about yourself	30 Remind yourself that you are enough, just as you are					

ACTION FOR HAPPINESS

Happier · Kinder · Together

Medication, Illness and Vaccines

Medication

To ensure that we continue to support students when they are unwell, we need to make sure our records are up-to-date. As a school we will continue to administer ad-hoc medication as per the consent slip you have completed. If you wish for this to change, please contact the relevant year team. Should your child be diagnosed with any new medical condition please contact us. In addition, should your child's medical condition change (i.e., they no longer need to use their inhaler) please contact their community team. We will continue to provide the support and medical assistance you have already agreed to unless we hear from you.



Illness

In order to keep the more vulnerable members of our school community safe, a reminder to inform the school if your child contracts any of the following: Chickenpox, Shingles, Measles or Mumps. Please call the relevant community office, thank you in advance.



Vaccinations

Just a reminder of the following vaccination dates for this year as below:

Monday 11 November 2024 - Flu spray for Year 7-11

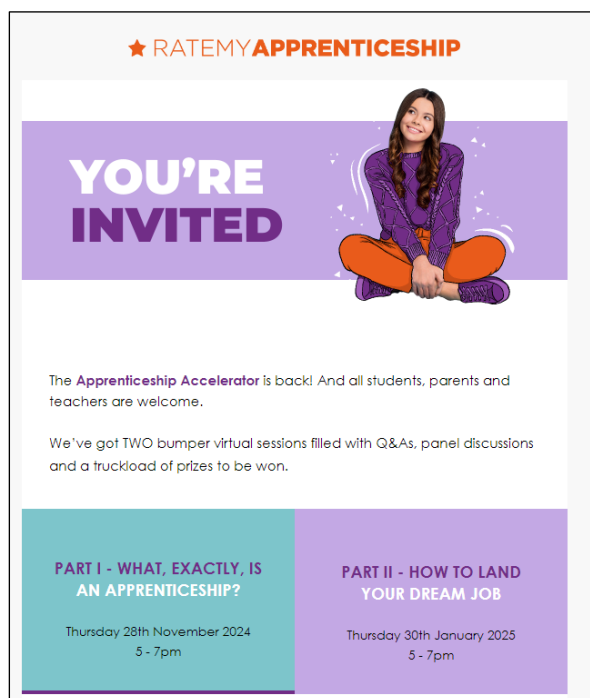
Monday 3 February 2025 - Meningitis ACWY and Td/Pv for Year 9 (x2 vaccinations one in each arm)

Friday 11 July 2025 - HPV vaccination for Year 8

The consent will be online and details will be sent out 4-6 weeks prior to these dates. If you have any queries please contact the immunisation team on 01273 696011 ext 2043.

Sent on behalf of the vaccination team.

Apprenticeships





Want to find out more about the Apprenticeships?

Parents, carers and students are able to join these virtual webinars to find out more about the apprenticeship route and what it entails.

If you are interested please register for tickets using the links below.

Register using this [link](#)

Autism In Schools

Autism in Schools project – helping children have their voices heard!

At Sackville we are fortunate to be taking part in the Autism in Schools project through West Sussex County Council.

The project is a series of training for staff, additional support for students and the development of partnerships with parents and carers of students with autism.

As part of the work with families, the project works closely with the West Sussex Parent Carer Forum which is a charity for the parent carers of young people 0-25 with any type of SEN or disability.

Through the work with these groups, we will be hosting a series of events over the coming year as an opportunity for parent carers to come together and hear information from school staff or external speakers on a range of SEN topics. These groups are open to parent carers of all students with any type of SEN or just anyone who feels they might need more support in this area. We would love to see you there!

Wednesday 25 September 9.30 - 11.00am in school
Tuesday 1 October 7.30 - 8.30pm online

Wednesday 20 November 9.30 - 11.00am in school
Tuesday 26 November 7.30 - 8.30pm online

Wednesday 29 January 9.30 - 11.00am in school
Tuesday 4 February 7.30 - 8.30pm online

Wednesday 19 March 9.30 - 11.00am in school
Tuesday 25 March 7.30 - 8.30pm online

Wednesday 30 April 9.30 - 11.00am in school
Tuesday 6 May 7.30 - 8.30pm online

Wednesday 2 July 9.30 - 11.00am in school
Tuesday 8 July 7.30 - 8.30pm online

Mental Health Courses

Mind – West Sussex

West Sussex

Did you know . . .

Our parenting support team offers a range of free training webinars to help parents and carers support their young person's mental health

Topics include:

- The adolescent brain.
- Support for parents and carers with children or young people that are self-harming.
- Emotionally based school avoidance.
- Supporting parents or carers with children and young people presenting with aggressive behaviour.
- Understanding anxiety in young people.
- Attachment: developing secure relationships between a child or young person and their primary care-giver.
- Self-soothing for children and young people.



We are here to help . . .

The Training Team at West Sussex Mind are here to help with all your training needs, whether you are a parent/carer or an organisation.

From free online sessions to bespoke training solutions on a variety of topics.

West Sussex 


Click here to watch our Webinars

Self-Harm Learning Network



Self Harm, Eating Disorders and Body Dismorphia

It is terrifying to discover that as well as having an eating disorder, the person you are supporting is also self harming. Self harm is very common alongside an eating disorder as it can be such an effective and immediate way of coping with overwhelming emotions that come with an eating disorder. Self harm can appear at any stage of treatment or recovery. Very often it is at transition stages due to the distress of the eating disorder voice fighting back. This might be at diagnosis, shortly after admission to in patient care, or in the later stages of recovery. Whenever it appears there is no doubt that it is very distressing for all those in a supporting role to witness. Body dysmorphia can also be a crippling feature of an eating disorder that can also trigger self harm

We will run the same session twice this year.



Tuesday 8 October 10.00am – 1.00pm

External Clubs, Services and Events

Foodbank – East Grinstead

See our needs in real-time with **Bank the Food** app



East Grinstead foodbank

Harvest Appeal

No fresh foods please



Use by dates must be 2025 or longer

Tinned tomatoes, Christmas biscuits
Christmas chocolates, Pringles, Tinned meat,
Tinned Custard, Tinned Rice Pudding, Tinned Fruit,
Tubs of chocolates

**TO DONATE £5 TO EAST GRINSTEAD FOODBANK
TEXT FOODBANKFIVE TO 70450**

THANK YOU for all your support

Prom Dresses – Selling and Buying

Bishop Luffa PFA
Invites you to the 2024/25 prom season to:

BUY or SELL at our:
**Pre-loved
Prom Dress Sale**



SATURDAY 19 OCTOBER 2024
12 Midday Until 4PM
Bishop Luffa School, PO19 3HP
Access via Westgate

IN PARTNERSHIP WITH:



Lightly worn Prom dresses & Accessories
Free Parking
Pick up pre-loved bargains (some gowns BNWT)
Make Money Selling your used Prom wear
Cash Payments Preferred



If you would like to sell prom items*
please email for a sellers pack:
blpromdress@gmail.com

We look forward to welcoming you

*Lightly worn dresses, evening wear, accessories, bags, shoes, jewellery (not earrings), stoles / bolero jackets and so on

Food and Drink Trail



**East Grinstead
FOOD
&
DRINK
Trail**

7th Sept – 6th Oct

Celebrate and sample East Grinstead's finest Food & Drink

BUY YOUR TICKETS FROM:


East Grinstead Library Tourism Desk
The Gurkha
Trinity Welcome Cafe
The Mug Tree Tea Room
Sussex Biltong
Shearers
Dom Domingo
Lingfield Pizza Parlour
Qartol
Jubilee Community Café
Age UK
The Swan

£20

*on sale
12th Aug!*

All profits donated to
EG Foodbank
Quarry Community Fridge
International Needs Uganda Water Project

Youth Production and Dance Lessons



Bullfrog PRODUCTIONS

BULLFROG PRODUCTIONS IS A LEADING YOUTH PRODUCTION COMPANY, BASED IN EAST GRINSTEAD, PROVIDING TRAINING ACROSS ALL ASPECTS OF MUSICAL THEATRE. WE OFFER CLASSES IN DANCE, DRAMA AND SINGING, AS WELL AS OFFERING STUDENTS THE OPPORTUNITY TO GAIN GRADED QUALIFICATIONS THROUGH THE ISTD AND LAMDA SYLLABI. OUR YOUTH PRODUCTION COMPANY PERFORMS 2 SHOWS EACH YEAR IN A PROFESSIONAL THEATRE.

FOR MORE DETAILS EMAIL: INFO@BULLFROGPRODUCTIONS.CO.UK
OR CALL: 07745 526691



STAGE COACH

SUMMER WORKSHOP

STAGECOACH EAST GRINSTEAD

5 - 9 AUGUST

IMBERHORNE UPPER SCHOOL
IMBERHORNE LANE
EAST GRINSTEAD,
WEST SUSSEX, RH19 1QY

Our summer holiday workshop is perfect for children aged 7-18 years who love to sing, dance and act!

As well as focusing on a performance for family and friends, our students make new friends, gain confidence, and learn lots of new skills.

Age: 7- 18 years
Time: Mon - Fri, 09.45 - 15.45 **Performance:** Fri, 15.00
Cost: £180 (£160 Sibling)

FIND OUT MORE



TRAFALGAR

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Self Defence Classes

Creative Writing Course



ignite hubs

Writing Competition

For 11 - 14 year olds

Theme: A Brave New World

Imagine a new world or going through big changes. Your 'brave new world' could be whatever path you choose. Let your imagination run wild and see where it takes you.

Create a new world with your words!

First Prize:

- Your story will be transformed into a book and you'll receive printed copies.
- Get personalised feedback from our panel of judges, that includes published authors and writing experts.

Runner Up Prizes:

- Feedback from our judging panel.
- Book vouchers.
- Signed copies of award-winning novels by Tamsin Winter.

How to enter:

- Write a short story up to 2,000 words.
- Submit your story to Hello@ignitehubs.org.uk by 9th December 2024

Winners will be announced on 7th January 2025

Creative Writing Course

Join our remote creative writing course to nurture and develop your creativity and writing skills. Through engaging activities and projects, students will explore the world of storytelling, learn to craft compelling narratives, develop unique characters and experiment with various genres and styles. For 11 to 14 years old.

Free, Discounted and Subsidised places available

Autumn Term - Thursdays, Starting 19th September 2024, 5pm to 6pm

Visit our website for more details and to register: www.ignitehubs.org.uk/creativity-hub

UK Registered Charity 1186658 Hello@ignitehubs.org.uk



Annabel Larkin
PROVIDING A COMPLETE PERSONAL SAFETY EDUCATION
Actively Safe

07738007841
www.activelysafe.co.uk

“ My son recently attended Annabel's self defence workshop and he thoroughly enjoyed it. She supported the children with their confidence and gave them the tools and knowledge of how to defend themselves. Excellent workshop, very professional and highly recommend. ”

Drama Club – Forest Row



CHAMELEON THEATRE TASTER SESSION

Wednesday 18th of September join us at the Peter Griffiths Hall, Forest Row for a taster session for our weekly drama club. We will be playing some games and doing some script work as a small preview of what is to come!

6:30-7:30pm: 10-13 year olds
7:45-8:45: 14-16 year olds

Just £5 for the taster session

Contact:
 zoe@karlpoulson.com
 juno.phitidis@gmail.com
 Or message our social media pages

Youth Club – East Grinstead

SUNNYSIDE Youth Club

FREE

Thursdays
 6.30pm – 8.30pm
 10-13 years



STARTING 12TH SEPTEMBER

Sunnyside Barn, Dunnings Road



East Grinstead
 Town Council

youthclub@eastgrinstead.gov.uk

Sea Cadet Unit – East Grinstead

There is a new Sea Cadet unit that has recently opened in East Grinstead and is looking for new children to join as cadets.

Below is some information about Sea Cadets and how students can benefit from the experiences that we provide outside the classroom environment.

What We Do:

Sea Cadets provides children aged 9-18 a huge variety of activities based on the themes and customs of today's Royal Navy. From STEM, first aid and navigation to water activities such as sailing, kayaking and powerboating. Today 14,000 young people based in over 400 units across the UK are being developed into resourceful and independent young adults outside the classroom environment supported by 9,000 dedicated volunteers.

Below is our Outcomes Framework that will give you a bit more of idea about the instant and long-term benefits young people can get from joining Sea Cadets. There is also a more detailed [overview](#) of Sea Cadets as well as a [leaflet](#).

For more information, please follow the link to our website:

www.sea-cadets.org

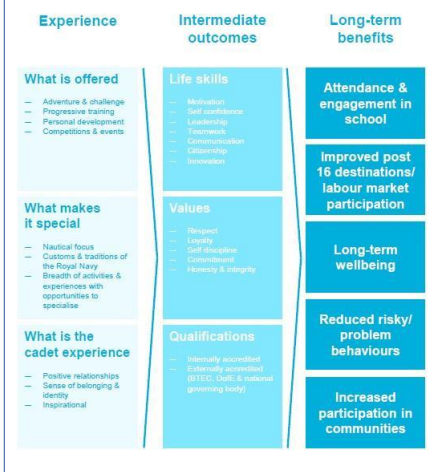
Freya Peachey

Growth & Development Worker

Marine Society & Sea Cadets

Our outcomes framework for Sea Cadets:

We developed a framework to help us map our impact for young people. It means we can explain more clearly why we do what we do and how we achieve positive outcomes for young people.



External Sports Clubs and Events

Netball



**SOUTHDOWN
NETBALL CLUB**

Looking for a Netball Club?

Ages 10 to 15, Tuesdays 18.30 - 20.00,
East Grinstead Sports Club

Southdown Netball Club is a friendly club that makes netball accessible to all. We aim to help develop confidence and the ability to work as a team, teaching ball-handling skills and movement whilst having lots of fun. We offer age-appropriate coaching with opportunities to play matches, coaching children from Year 5 to Year 10.



For more details and to arrange
taster session please email:

secretarysnc@gmail.com

EG Sports Club, Saint Hill Road,
East Grinstead, RH19 4JU



Football Trophy Day



Champion for the day

Score your victory moment by taking
your photo with the **Premier League
and Barclays Women's Super League
trophies**

Come along to **Barclays Local, Kings
Centre, Moat Road, East Grinstead,
RH19 3LN**

This is a cashless site.

**Monday 28 October
10am to 3.30pm**



BARCLAYS

