

Families' Bulletin Monday 4 March 2024 to Friday 8 May 2024

HEADTEACHER'S MESSAGE

Dear Families,

Good afternoon and happy St David's Day. It has been lovely to see the sun come out this afternoon to mark the occasion and the end of another action packed week.

Today we celebrated employee appreciation day with some chocolates for the staff. I couldn't be more grateful for the hard work they put in to support students every day, I know that families will feel the same.

Our Year 11 students have now sat their final mock examinations. Staff are now busy marking so that they can give them feedback as soon as possible but for now they deserve a well-earned rest over the weekend. Our Year 9 students had their consultation evening last night and on Wednesday we had a really successful Higher Education Fair with guest speakers and exhibitors; 27 in total from colleges, universities, and apprenticeship schemes available to talk to. The marketplace event was open to Year 10 upwards so do not worry if you missed it this year, you will get a chance to come along next year.

Amongst other things, next week we are looking forward to welcoming a production company who will be working with our Sixth Form students on the topic of healthy masculinity. This is part of our Learning for Life curriculum which we are really looking forward to and engaging in these really important discussions with students.

Have a lovely weekend.

helow

Ms Jo Meloni Headteacher

Week: A

Timetable: 4 + 1

Safeguarding Notice Board

At Sackville school all our staff have safeguarding at the forefront of their heads all day every day, making sure every single student is protected. If there were any concerns that could affect the safety or wellbeing of a Sackville student we encourage contact with any one of our designated safeguarding team here at the school.

Our students will see posters displayed all over the school, but so you are also aware at home – please meet the team:

Mr Millican - Lead Designated Safeguarding Lead amillican@sackvilleschool.org.uk

Mr Street - Deputy Designated Safeguarding Lead pstreet@sackvilleschool.org.uk

Mrs Steer - Deputy Designated Safeguarding Lead and Welfare Officer asteer@sackvilleschool.org.uk

Mrs Flude – Welfare Officer dflude@sackvilleschool.org.uk

Alternatively, you can contact community leaders:

Mr Endersby – Attenborough Community Leader jendersby@sackvilleschool.org.uk

Mr Turner - Angelou Community Leader pturner@sackvilleschool.org.uk

Mr Beaver - Holmes Community Leader jbeaver@sackvilleschool.org.uk

Mrs Sands - Turing Community Leader gsands@sackvielleschool.org.uk

Mr Pearson – Yousafzai Community Leader jpearson@sackvilleschool.org.uk

Mr A Millican

Designated Safeguarding Lead

Hot Chocolate with the Head



It was a pleasure to meet with Adi, Bertie, and Phillippa this morning. Between them they received nominations for demonstrating teamwork, community, resilience, and ambition. My favourite moment was when Adi (who is an A Level Chemist), was motivating Phillippa in year 7 in preparation for the chemistry test she was due to have this afternoon. What a great example of that sense of community (both students are part of the Yousafzai Community), that is so central to our vision and ethos. **#Together We Achieve**.

Key Dates

Tuesday 5 March

Wednesday 6 March

Thursday 14 March

BTEC Trip to 'Hamilton'

A Level Fine Art Trip

A Level Photography Trip

Year 11 Consultation Evening **(4pm – 7pm)**Monday 18 March
A Level Geography Trip – South Coast
A Level Geography Trip - London

Wednesday 20 March Dance Festival (2pm – 6pm)

Thursday 21 March

Monday 25 March 2024

Wednesday 27 March

Thursday 18 April

Sports Presentation Evening (6pm – 8pm)

Year 9 Meningitis Vaccine consent form link

A Level Geography Trip – Pembrokeshire

Year 12 Consultation Evening (4pm – 7pm)

Current Vacancies

We have a number of non-teaching roles available at the moment. If you would be interested in any of the following please call Katie Dawson for more information, or apply directly following these links:

- <u>Cleaners</u>
- Exam Invigilator

Are you new to the school or want to be more involved in your child's education? Exam Invigilator could be the role for you.

"My daughter joined Sackville in Year 9. When she started in Year 10, I decided to join the Sackville invigilating team with the thought that I really would like to learn and understand the current exam procedures and processes and at the same time it would put me in a better position to help and support my child. I am still working at the school and have also made some great friends over the last six years."

Suzanne (current parent)

Higher Education

Learn about University Life with Sussex University

Join us at our Parents and Guardians Information Evening on **Wednesday 8 May 2024**. This event is designed specifically to help you, as parents and guardians, to guide your young person through their journey to university and to find out what makes Sussex such a special place to live and study.

UNIVERSITY OF SUSSEX

Please join us from 5pm to 8pm on Wednesday 8 May 2024.

Extra Curricular Enrichment

Spring Term Timetable

We offer a wide range of after school activities at Sackville. You can browse through all the clubs, by year group, via this link:

Spring Term Timetable

We are pleased to offer more after school curricular activities in Maths, they are shown below.

Monday - M04 Chess Club 2.50pm - 3.45pm (all years)

Monday - M07 Homework support 2.50pm – 3.45pm (Years 7 - 10)

Thursday - M07 Homework support 2.50pm – 3.45pm (Years 7 - 10)

Thursday - M04 Maths Challenge Club (Year 7 - 10 invite only)

Regards

Mr T Hasler

Maths Department

Find it Out Thursday

Find it out Thursdays

This is a chance for students to explore different professions and learn from people that are in that industry.

Each week a different professional comes in to talk to students about the different aspects of their job, how they entered that industry, the skills and qualifications required and the different routes available to students thinking of joining that sector. Students have the opportunity to ask those in the know and get first-hand information. Students are able to sign up for one talk each half term so please encourage them to sign up and take advantage of this opportunity.

Speakers for next half term will be:-

Border Force – 7 March

Please use this <u>link</u> to sign up for the talk

Art, Design & Technology

The design and technology department are still in need of <u>WHITE</u> cotton or linen sheets/pillow cases/duvet covers/T shirts etc, and would be grateful for any donations.

They do have to be pure cotton or linen - apart from any stitching or fastenings, which we can remove - **NOT** polycotton please.

For hygiene reasons please could any donations be washed, preferably without fabric softener to retain the absorbency of the fabric.

Our art department are also in need of lots of newspapers for an art project.

If you have any lying around at home they would be happy to take them off your hands. These can also be left at Reception.

If you do have any of the above please could you drop them into the school Reception labelled for the D&T Department.

Medication, Illness & Vaccines

Medication

To ensure that we continue to support students when they are unwell, we need to make sure our records are up-to-date. As a school we will continue to administer ad-hoc medication as per the consent slip you have completed. If you wish for this to change, please contact the relevant year team. Should your child be diagnosed with any new medical condition please contact



us. In addition, should your child's medical condition change (i.e., they no longer need to use their inhaler) please contact their community team.

We will continue to provide the support and medical assistance you have already agreed to unless we hear from you.

Illness



In order to keep the more vulnerable members of our school community safe, a reminder to inform the school if your child contracts any of the following: Chickenpox, Shingles, Measles or Mumps. Please call the relevant community office, thank you in advance.

Year 9 Meningitis Vaccine

The online consent form for TdIPV and MenACWY vaccination closes at 11am, three working days before the vaccination session date on **Monday 25 March 2024**.

You will not be able to consent for your child to be vaccinated during the session.

If you still need to consent follow this link: https://www.susseximmunisations.co.uk/Forms/DTP

- 1. Enter and confirm your preferred email address you will receive a confirmation email following submission of the consent form.
- 2. Enter the school code: SX126089
- 3. Complete and submit the consent form, indicating your choice of consent *Please ensure you provide the child's registered address and GP*.

Yours sincerely

(Sent on behalf of) The Vaccination Programme Coordinator, Sussex Immunisation Service (SIS)

Sussex Community NHS Foundation Trust

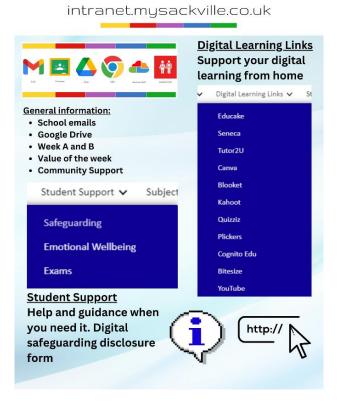
Spotlight on Online Safety

School Intranet

The updated school intranet is accessible from home, on our school website, and on the web address:

intranet.mysackville.co.uk

Have a look at some of the things you can use it for



Sackville School Book Fair

The Scholastic Book Fair will be visiting the school from Monday 18 March to Thursday 21 March 2024, in the LRC.

Come along to the LRC for a chance to buy some great reads at fabulous prices and earn some free books for your school!



Autism and Social Communication Courses



Autism and Social Communication Advisory Team

Exploring Autism for Parents and Carers

A new and updated programme offering up to date thinking and links to research-based evidence for parent carers of autistic children and young people.



Sessions to explore Autism and strategies to support acceptance, empowerment, and relationships in family

This NEW programme has been redeveloped to ensure that it is current and up to date. The course is an excellent source of information for those new to Autism or for those requiring a little more in-depth knowledge. Parent carers and the facilitators will learn and collaborate together. The programme is free of charge to families of children in West Sussex maintained schools and academies, at this

Course aims:

- to give a broad and balanced and positive view of how autism and social communication differences may impact on the child/young person's life and that of the family.
- to explore key practical strategies that can support autistic children.
- to provide a forum for families to share their experiences and expertise together.

Course outline:

The six sessions will be focused on both theoretical and practical aspects of autism and the resulting strengths and challenges. These recorded sessions can be watched when convenient to the family, followed by the one hour weekly group meeting. This provides opportunity to participate in discussions and ask questions via an online platform. We ask that parents attend each of these weekly online discussion groups.



Unlockin



In order for participants to fully benefit from this course we ask that they attend **all** sessions.

Topics covered by session:

Session 1: Autism Acceptance

Develop understanding of autism, discuss experiences of getting a diagnosis and identify how autism can affect families.

Session 2: Communication

Develop understanding of communication difficulties and strategies to improve communication and interaction skills for the autistic child/young person.

Session 3: Sensory Needs

Consider how sensory information and experiences may be processed differently by those who are autistic, share strategies to help with sensory differences.

Session 4: Anxiety

Improve understanding of the signs of distress that autistic young people may display and consider approaches to support self-regulation.

Session 5: Social Thinking and Masking

Explore the differences autistic young people may have with socialising and developing relationships. Look at ways to develop social thinking, explore the idea and impact of masking.

Session 6: Adolescence and Independence

Consider ways to encourage independence and manage adolescence challenges including puberty, sensory impact and social differences.

Exploring Autism Welcome Video:

https://youtu.be/JqGPImJH8Ms

Dates:

Spring 2: Every Thursday 12-1pm from 22nd February to the 28th March 2024.

Summer: Every Thursday 6.30-7.30pm from 18th April to the 23rd May 2024.

Summer 2: Every Wednesday 1-2pm from 5th June – 10th July 2024.

Summer Holidays: 6.30-7.30pm Dates TBC

For further details please contact:

Email: ASCT@westsussex.gov.uk

Please note there are a limited number of places on this course.

Mental Health and Self Harm Courses

Self-Harm Learning Network

Free Self-Harm and
Neurodiversity/ASD Online
Workshop for Professionals and
Parents and Carers

Tuesday 7th May 10.30-13.00



This two and a half hour virtual workshop aims for the participant to:

- Gain a better understanding of the contributing factors.
- · Identify what support is required.
- Understand and identify early warning signs.
- Increase the knowledge of strategies and approaches to support.
- · Know where to go to gain access for support.





Self-Harm Learning Network

Self Harm, Eating Disorders and Body Dysmorphia

It is terrifying to discover that as well as having an eating disorder, the person you are supporting is also self harming. Self harm is very common alongside an eating disorder as it can be such an effective and immediate way of coping with overwhelming emotions that come with an eating disorder. Self harm can appear at any stage of treatment or recovery. Very often it is at transition stages due to the distress of the eating disorder voice fighting back. This might be at diagnosis, shortly after admission to in patient care, or in the later stages of recovery. Whenever it appears there is no doubt that it is very distressing for all those in a supporting role to witness. Body dysmorphia can also be a crippling feature of an eating disorder that can also trigger self harm

We will run the same session twice this year.

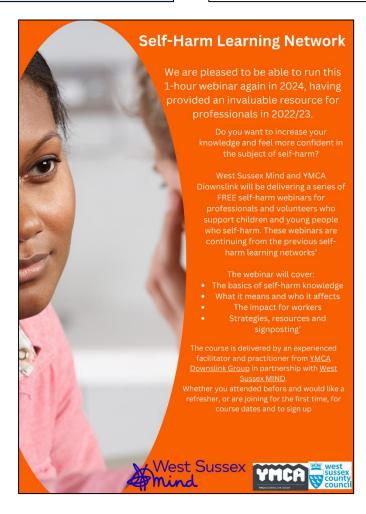


Tuesday 23rd April 10.00-13.00

Tuesday 8th October 10.00-13.00







Great opportunity for year 12 and 13 students



Internship Programme 2024

For those interested in a career in teaching this programme is specifically designed for undergraduates interested in getting experience of a career in teaching.

Government funding of £300 per week (£900 total) is available for secondary Maths, Physics, Chemistry, MFL and Computing interns, but there are also programmes for all other secondary subject specialisms and primary teaching on an unfunded basis. The programme is based across multiple schools in Surrey, Berkshire, London, and Sussex and will run for three weeks this summer (dates to be confirmed – but it is likely to be Monday 24 June to Friday 12 July 2024).



External Clubs, Events and Services

Netball



CD Phoenix Netball Club are holding Regional trials, if you are interested please follow the link below. https://forms.gle/j7ib4iMwcZMLazy17

- Under 13 Squad Trials Thursday 21 March 2024 (6pm 8.30pm)
- Under 19 Squad Trials Thursday 21 March 2024 (7.30pm 9pm)

Cricket





Limited NHS Appointments Available

Tooth decay remains the most common reason for hospital admissions in children aged six to 10 years, costing the NHS £81million on dental extractions for children alone.

We want to help.

This February half term, we are offering free NHS dental treatment for children up to the age of 18.

Call or email us for more information or queries.

01342 458034

reception@highstreetdentalpractice.com

Youth Production and Dance Lessons









BULLFROG PRODUCTIONS IS A LEADING
YOUTH PRODUCTION COMPANY, BASED IN
EAST GRINSTEAD, PROVIDING TRAINING
ACROSS ALL ASPECTS OF MUSICAL THEATRE.
WE OFFER CLASSES IN DANCE, DRAMA AND
SINGING, AS WELL AS OFFERING
STUDENTS THE OPPORTUNITY TO GAIN
GRADED QUALIFICATIONS THROUGH THE
ISTD AND LAMDA SYLLABI. OUR YOUTH
PRODUCTION COMPANY PERFORMS 2 SHOWS
EACH YEAR IN A PROFESSIONAL THEATRE.

FOR MORE DETAILS EMAIL:
INFO@BULLFROGPRODUCTIONS.CO.UK
OR CALL: 07745 526691