# Sackville News

27<sup>th</sup> January 2017

Dear Parents,

This month has been, as ever, a hive of activity at Sackville!

The school returned after Christmas to colder temperatures and I am very grateful for the understanding of year 10 parents when I took the decision to postpone by one week the **parents' evening** due to high winds and snow one evening. When it did take place, the event was both purposeful and positive.



It was also a pleasure to talk to many year 11 parents who attended our **revision support evening** during the first week of term. The school has placed resources on the website and has provided each family with what seems a very useful revision guide as the GCSEs approach. Year 11 students will be sitting their second set of Pre Public Exams (PPEs) soon after the February half term and the English department has helped them along the way by organising workshops on Shakespeare's **Romeo and Juliet** and **Macbeth** which were very engaging.

Our sixth formers begin their PPE exams next week and these will span over our two Inset days on Thursday 2nd and Friday 3rd February to minimise the impact on lesson time. Our Inset days begin with 'Sackville's big day out' when teaching staff are all visiting other schools to find and share new ideas. I believe it is crucial that we are relentlessly inventive and creative in our approach to classroom practice and this week we have been learning from our colleagues here at Sackville during our 'open door week' of visits to each other's lessons.



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I am delighted for the whole school community with the official government publication of the **2016 examination results** and wider data. Whilst performance tables should be handled with great caution in making judgements about schools, Sackville has shown itself as having a **very strong track record** that is now well embedded.

A LEVEL PROGRESS: TOP IN WEST SUSSEX;

GCSE PROGRESS: TOP IN MID SUSSEX, 5TH IN WEST SUSSEX!



The new **key measure** upon which schools are judged, **Progress 8**, assesses the progress of all students from the end of primary school to **GCSE** and saw Sackville as the **top performing state school in Mid Sussex** and **5**<sup>th</sup> **in the whole of West Sussex**. This was accompanied by impressive value added progress to **A level**, placing **Sackville's sixth form top of all state schools in West Sussex**. Our students' attainment was also high.

I am extremely proud of the hard work and achievements of our students. The commitment, skill, support and teamwork of our teaching staff, support staff, parents and governors are second to none; it all centres on high quality teaching, meeting individual need and high morale.

It is great to see students achieving so well in a variety of areas. Congratulations to our year 7 sports hall athletics team who

became **Mid Sussex champions** this month at the tournament held at Sackville. The girls were first overall and the boys third. The team now progress to the county finals later this month. I was delighted to congratulate them all in person and look forward to hearing more of their good news!

I would also like to thank our marvellous **sports leaders** in the older year groups. They give generously of their time in supporting with the



organisations of these events.

Congratulations also to Callum Stone year 9 who recently competed for Sackville at the Sussex schools Cross Country Championships at Whitehall, Brighton. Callum led the race from the start only to be beaten into silver with 50 metres left to the finish line. Upon finishing he was handed two letters to compete in the nationals at Norwich and an inter counties race at Brands Hatch. Well done Callum!

As I write this article, I am being informed by Mr Currie of some fine results this week. Our U12 basketball A team won 20-12 and B team won 49-14 against Tanbridge House School, whilst the U13 basketball team defeated Oathall by 26-10. In the U15 Area Cup Football, Sackville defeated Imberhorne 2-1, scorers Ethan Carrick and Brice Major. Well done to all!

Parents may well remember that our sixth formers organised an entertaining fundraising quiz night last November. Sixth formers Jodi McLaren and Georgia Boylan recently presented staff from Chailey Heritage School with a proceeds cheque for over £1000. The presentation was in front of the year 9 assembly, and was followed by a fascinating talk from Martin Langner about the work done at the school to support students with severe and specific learning difficulties. This is the latest in a series of assemblies delivered by staff from the school, and we hope to continue to raise money for the amazing work they do for many years to come.





This week I was very pleased to present certificates to three of our young scientists in year 10 who have achieved the Silver Crest Award. Congratulations to Ali Rashid, Daniel Bland and Joseph Marrabell who successfully presented over 30 hours of research work to an external assessor to achieve the award!

Those of you who regularly visit our website may have noticed the photos I was sending from our

recent sixth form trip to Germany. It was a great privilege to go on the trip for a second year and to renew our acquaintances with our partner school in Hamburg.

Our year 13 students experienced some wonderful work placements ranging from a kindergarten to an international shipping company! Our hosts were very generous with their time as such visits take a lot of effort to organise and oversee. The year 12 students enjoyed many informative visits to places such as the Airbus final assembly plant and also had a chance to take in the sights of Hamburg as well as Berlin.

I have just heard the good news that year 10 students Emma Oglethorpe, Danica Proctor, Chelsea Lewin and Alexandra Cumpatescu have won the Sussex University 'Stand up for justice' competition. I am sure we will be hearing more about this soon!

As half term approaches, we are all really looking forward to our **annual school** production. This year it is the musical 'Fame' and performances will be over four nights from Tuesday 14th February to Friday 17th February. Be sure to purchase your tickets soon! Our appetites were certainly whetted on Thursday at the Year 11 BTEC Showcase, with students performing a finale from Fame, as well as sets from other famous musicals and self-choreographed dance performances. The evening ended with the students

and also congratulate the students on their excellent performances.

Best wishes,

Julian Grant



## Student well-being at Sackville

Earlier this week, year 7s were off timetable for three lessons for a **well-being morning**. Organised by Mrs Vance, students examined issues such as **self-esteem**, **body image** and **social media**. A key objective for us is safeguarding the well-being of all of our students. It seems to have gone down very well, with more than one student spontaneously expressing how interesting they were finding the sessions.



As mentioned in the last issue of Sackville News, Mr Millican organised a **well-being survey** of all the students in the school, and has written an article summarising his findings:-

It was David Brailsford who coined the term 'marginal gains', the process of finding the small margins for improvement in an already successful system. Recently at Sackville we have undertaken the same approach with a view to our students' **mental health and emotional well-being**.

To understand where improvement needed to be made we first had to understand what we currently do well. To establish this pupils in years 7-11 have completed a survey providing anonymous feedback on how well we at Sackville care for, and support, various aspects of mental health. I'd like to share some of the findings from the survey with you.

- 95% of our pupils feel safe at school on a day to day basis
- 96% of our pupils are happy during contact and non-contact time
- 95% of pupils believe they have a strong friendship base at Sackville
- 73% of pupils understand the term 'My emotional well-being'
- 86% of our pupils do not know how to arrange a visit with the school counsellor. Are some of these students in need of this information or do many not need this service?
- 65% of pupils are happy to talk with their tutor or year office if they have a problem in school or at home.
- 80% of pupils would be happy talking with the learning mentors at Sackville.

Most of these statistics paint Sackville in a very positive light. However there was key information missing; for example, why do 4.8% of pupils who took the survey feel unsafe at school? How can we get 100% of pupils understanding the term emotional well-being? We decided that a focus group was needed to find out more about these responses. Here are some of the issues raised and the answers the students gave.

- What makes Sackville safe? Having nice teachers, having quiet places to go if it all gets too much, having lots of friends, and knowing bullying will be stopped.
- What more needs to be done in order to inform students about emotional well-being? More information in assemblies, but a balanced approach. Collapsed timetable days focusing on emotional well-being. More tutor time activities around mental health issues. More signposting around school saying where support can be obtained for a variety of issues.
- Why would you find it hard to talk to your tutor or Year team if you had a worry? There were many adults in the school who a student would be happy to talk to; this just wasn't always the tutor or year office. Many were happy they had someone to talk to in school; those who didn't stated they were happier talking to friends or family but knew school was a back-up.

The results from the survey and the information gathered from the focus group have thrown up a number of points that we as a school are now going to act upon.

- We will be creating a **mental health and emotional well-being notice board** for all student areas in the school.
- We will create **information posters** to be displayed in form rooms and on the inside of toilet doors giving pupils advice on where they can find support in a private setting.
- I have **fed back to pupils the results of the survey** highlighting where we are going to improve our practices and where they can access the specific advice on mental health concerns.
- We will ensure the **students' internet home page** has relevant agency links and advice that pupils can access if the need arises.
- We will be running **collapsed timetable days focusing** on improving students' knowledge of mental health and how to support their own emotional well-being.

• We will **re-run the survey next year** and compare the findings as well as looking for further improvements in our practice.

I'd like to take the opportunity to thank all the pupils who took the survey and to those who attended the focus group for being so honest with their feedback. I hope that when these actions have been put into place very shortly that pupils will feel further supported with their emotional well-being at Sackville. I look forward to giving you an update shortly when these actions are reality.

### Year 10 students win Crest Award

Mr Bush writes:-



Congratulations to three of our year 10 students for the successful completion of their Silver CREST award in science. Joseph Marrable, Ali Rashid and Daniel Bland developed a project throughout year 9, spending over thirty hours each investigating factors affecting the altitude of a water rocket and investigating meteor crater formation. They participated in the Big Bang Fair Southeast in the summer and have now been assessed on their work by Mike Brookes, a professional engineer who is a STEM Sussex ambassador. His recommendation for the silver award is a reflection of their hard work and commitment. A career in STEM surely awaits these ambitious students - well done!

The boys are pictured with Mr Grant, Mr Bush and Mr Tyrrell on page 2.

Meanwhile, I can't resist sharing this photo taken at one of Mr Bush's **observatory open evenings** earlier this month.

The observatory is open regularly throughout the winter, and the January session was blessed with very clear skies. DSLR cameras can be used with the telescope, to produce pictures like this. The resolution is so good you can see the lunar "seas" Crisium, Fecunditatis, Nectaris, Tranquillitatis and Serenitatis.

You can find details of the open evenings here <u>https://www.facebook.com/SackvilleObservatory/</u>



## Sackville denied Charlton Chase hatrick!

Mr Latus writes:-

It is with considerable disappointment that we recently learned that there will be **no Charlton Chase event this year**. This elite (West Sussex based) winter night navigation event, run for over 35 years (and in which Sackville had competed for the last 25) involved hundreds of teenagers every year.

Having **won the Premier event for the last two years**, Sackville was hoping to once again retain the trophy with a third win in a row. The hardy students were keen to compete and this year's gruelling training schedule was in place, but it all came to a juddering halt last Friday with the announcement that a lack of volunteer support had made the event non-viable. The chase, which takes months of planning, also involved over 100 adult volunteers, many of whom were highly trained in outdoor pursuits.

Event organisers said, 'This has been a difficult decision to make and one that I am sure will disappoint all of the young people who had signed up for the event in 2017. Unfortunately, this year we were faced with a situation where we would be operating with less than 50% of the usual volunteers. This creates significant safety concerns for the event and has been the main reason for this year's



cancellation. We will be sitting down over the coming weeks and re-evaluating the event for 2018 onwards and will keep all teams and volunteers informed as to the outcome.

## Sackville E-Safety Advice: How to avoid in-APP purchases

Mr Lea writes his regular column:-

While many apps are free, sometimes you may also decide to pay for apps, which commonly cost around 99p to £2.99 (though some can cost more). Some apps, even those which are free to download, may require you to spend money within the app, for example buying extras which can make a game easier to play.

In-app purchases are not always obvious; you may have downloaded a free game app, but to upgrade to the next level you are asked to make an "in-app purchase". By doing this you will be asked to pay an additional sum of money, which is charged to the credit card or other payment method you have linked to the device.

#### My top tips for avoiding in-app charges:

- Encourage your child to 'think before they click'. Do they know exactly what they are clicking on? Do they understand the terms and conditions and what this means in practice?
- Talk with your children about what in-app purchases are and explain to them that buying virtual items or currency can actually cost real money
- Make sure your child knows to check with the bill payer before buying anything from an app store or within an app
- Always check your bill for the credit/debit card or other payment method linked to the device and query anything strange

You can turn off in-app purchases if you are worried; on some smartphones it is possible to block in-app purchases and downloading apps by going into your phone settings or the app store's setting.

## **Sports news**

#### **Girls' sports results**

Netball				
U15	Sackville	21	10	Millais
U14	Sackville	13	24	Millais
U13	Sackville	7	1	Millais
	Sackville	5	10	Warden Park
	Sackville	5	3	Tanbridge House
	Sackville	0	4	The Weald

#### **Boys' sports results**

Rugby				
U16	Sackville (their last rugby game as the year 11 Sackville team "an 0 57 Weald exceptional team and a pleasure to coach" - Mr A Millican		Weald	
U14 County Cup	Sackville (tries Rodi Dilek 2, Ben Stripp, conversions James Young (2), player of match Rodi Dilek	14	26	Eastbourne College
U12A	Sackville (player of match Ellis Beynon)	0	5	Warden Park
U12B	Sackville (player of match Luca Lynn)	15	15	Warden Park



Hockey				
1 <sup>st</sup> XI	Sackville (player of match Tom Cartledge)	0	3	Skinners
U15	Sackville	0	1	Skinners
	Sackville (Adam Harris 3, Kieran Taylor 2, players of match Kirk Foulds and Will Thomas)	5	1	Ardingly
114.4	Sackville (player of match Brandon Tarhuni)	0	1	Skinners
U14	Sackville (player of match Harvey Byatt)	0	5	Skinners
U13	Sackville (players of match Joe Sheridan and Luke Peel)	0	4	Oathall
Football				
U15 County Cup	Sackville (Ethan Carrick, Brice Major)	2	1	Imberhorne
U14	Sackville (Harvey Byatt 2, Finn Gadd, Jamie Waghorn, Lewis Rex)	6	2	Tanbridge House
Basketball				
	Sackville (player of match Jacob Knock with 8 points and 5 assists)	18	10	Notre Dame
U13	Sackville (Jacob Knock 11, Luke Maker 10, Jack Sands 2, Dan LeRoy 2, Olly Ally)	26	10	Oathall
U12	Sackville	18	18	Warden Park
	Sackville	8	20	Notre Dame
	Sackville A (player of match Alec Macey)	20	12	Tanbridge House
	Sackville B (player of match Aaron Du Feu)	49	14	Tanbridge House
	Sackville (player of match Matt Nicholson)	18	4	Imberhorne

#### **Mixed sports results**

Sports Hall Athletics						
U12	Mid-Sussex champions, with girls finishing first and boys third					
Sussex Schools' Junior Cross Co	Sussex Schools' Junior Cross Country					
U14	Callum Stone second in boys' competition, Antonia Deeley 26 <sup>th</sup> in girls'.					

#### **Sports reports**

Miss Offler writes:-

#### **U13 Netball League**

On Wednesday 18th January the U13 Netball team travelled to St Paul's for their first league game. Over the coming weeks Sackville will play a number of schools, the results of which will all go towards the league results. This kicked off by playing Millais. The girls did extremely well in the first half, with some quick passing down the centre of the court allowing Freya Healiss to set Lucy Plumb up for some excellent shots. The girls continued to work well and despite a small lapse of concentration allowing Millais to score, they soon started to get back into the half, with Eloise Bassett and Ellen Green making some key

#### interceptions.

The second half started very well, again with some excellent passing and shooting, allowing Sackville to increase their lead. Anika Raymond and Millie Knowles teamed up to get into the spaces between Millais. Their hard work to constantly be in front of the Millais players paid off and resulted in the final score being Sackville 7 - Millais 1. Well done to all those involved, a great start to the league!

**The team**: Lucy Plumb, Freya Healiss, Ellen Green, Issy Carrick, Hannah Plumb, Rachel Canepa-Anson, Eloise Bassett, Anika Raymond, Millie Knowles.

#### **Year 8 Sports Hall Athletics**

Monday 16th January saw the Year 8 Sportshall Athletics Competition being held at Sackville. This competition involved six schools competing in a variety of track and field events that are adapted to be within a Sportshall environment.

All pupils involved have some outstanding performances across a range of disciplines, with notable performances from Hannah Plumb in the 6 lap race, Joe Leslie in the speed bounce, Jamie Webb in the 4x2 relay, as well as Eloise Bassett and Freya Healiss

in the 8 lap paarlauf relay. Both teams gave great support to each other throughout the event.

Congratulations to the boys who came 3rd overall and to the girls who came 1st. This means the girls are now **Mid Sussex Champions** and will go on to compete at the County Finals.

Well done to all involved!

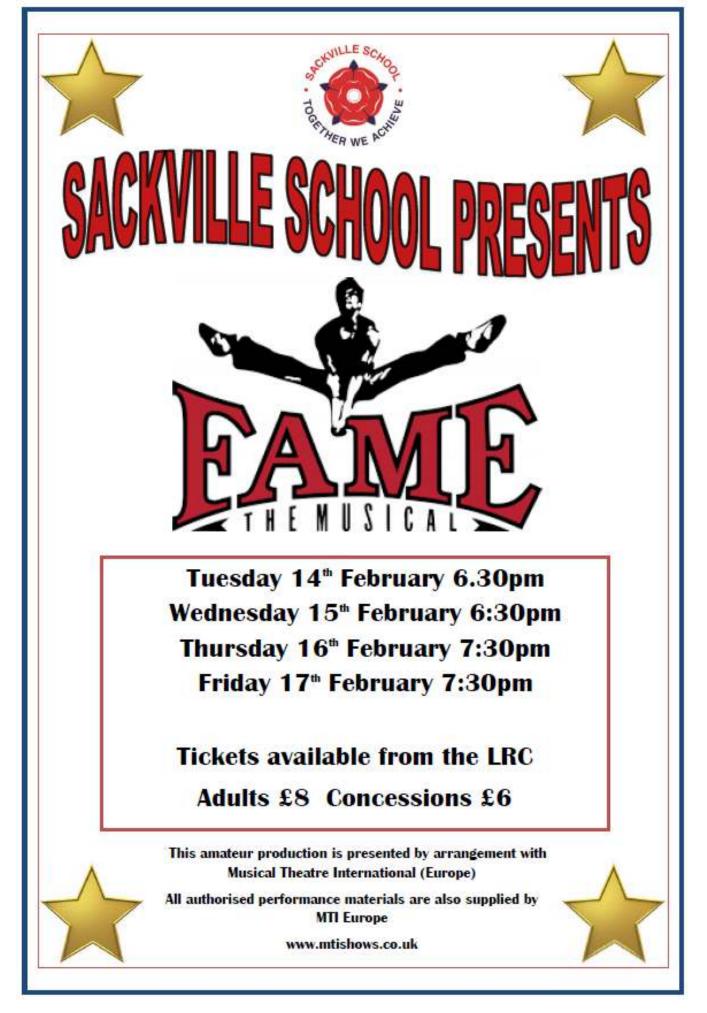
**The Boys**: Joe Leslie, Joe Sheridan, Olly Ally, Jack Sands, Luke Maker, Dan Leroy, Jamie Webb. **The Girls**: Ella Devine, Eloise Bassett, Hannah Plumb, Georgie Coughlan, Millie Davies, Freya Healiss, Lucy Plumb, Ellen Green.



## SECOND HAND UNIFORM

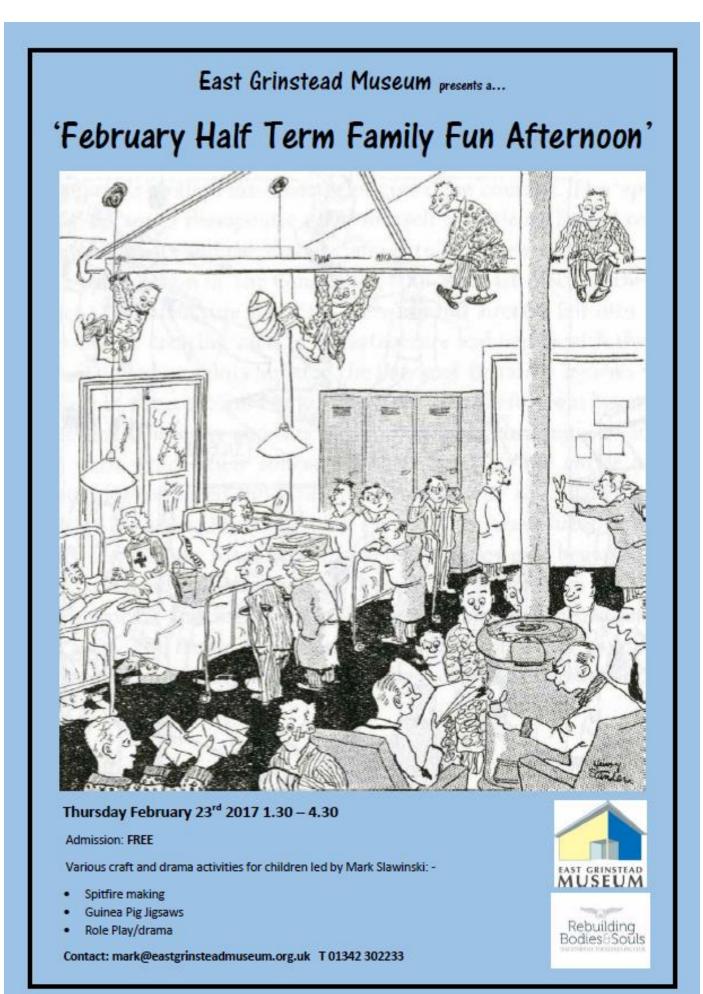
The second hand uniform shop is now in place – all items £1 each..... We have shirts, skirts, trousers and PE kits all waiting for a new home! Please visit reception to ask to see the stock or ask your child to visit at lunchtimes. We ask that you are patient if reception is busy at the time you visit. Is your child now too big for the shirt you bought 6 weeks ago? Please give it a new home at the second hand shop, all clothes donations to reception gratefully received.

Janina Stromfield, jstromfield@sackvilleschool.org.uk





Several Sackville students are in this show!



Sackville News, January 27<sup>th</sup> 2017, page 10



## LINGFIELD CRICKET CLUB

Godstone Road, Lingfield RH7 6BW

## JUNIOR WINTER DEVELOPMENT PROGRAMME 2017

Lingfield Cricket Club is delighted to announce details of its 2017 Junior Winter Development Programme. The programme, which runs between January and April is aimed at children from Reception to Year 11. It is open to all players, existing and new, boys and girls. Players in years 12 and 13 (U17s and U18s) are welcome to join our senior cricket training on Monday evenings. Please contact Jan for further details.

The Programme comprises a mixture of batting, bowling, fielding and wicket keeper sessions, which are tailored to the needs of the age group and their level of cricketing development. Emphasis will also be placed on developing the necessary technical and athletic skills as well as the mental and tactical aspects of the game. Sessions will be led by experienced ECB coaches holding at least Level 2 qualifications. Building on our successful approach over recent seasons, the programme has been developed to provide a fun, supportive and high quality learning environment where members of the coaching team are each able to work with relatively small groups of players to provide individualised and timely support.

The Winter Development Programme will be based at Lingfield Notre Dame senior school sports hall (RH7 6PHH) and will run for 13 weeks. There will be no sessions over the half term weekend, 11/12 February, nor the Easter weekend, 15/16 April. Details for each age group session are as follows:

U7 (Reception to Year 2)	Saturday	1.00-2.00pm	13 weeks, 21 January to 29 April*	£60
U8 (Year 3)	Saturday	2.15-3.45pm	13 weeks, 21 January to 29 April*	£100
U9 (Year 4)	Saturday	2.15-3.45pm	13 weeks, 21 January to 29 April*	£100
U10 (Year 5)	Saturday	4.00-5.30pm	13 weeks, 21 January to 29 April*	£100
U11 (Year 6)	Sunday	1.30-3.00pm	13 weeks, 22 January to 30 April*	£100
U12 (Year 7)	Sunday	1.30-3.00pm	13 weeks, 22 January to 30 April*	£100
U13 (Year 8)	Sunday	3.15-4.45pm	13 weeks, 22 January to 30 April*	£100
U14 (Year 9)	Sunday	3.15-4.45pm	13 weeks, 22 January to 30 April*	£100
U15 (Year 10)	Sunday	6.45-8.15pm	13 weeks, 22 January to 30 April*	£100
U16 (Year 11)	Sunday	5.00-6.30pm	13 weeks, 22 January to 30 April*	£100

\*There will be no sessions on the half term weekends of 11/12 February nor the Easter weekend of 15/16 April 2017.

We regret that if we are oversubscribed we may have to limit numbers so early booking is strongly recommended.

All equipment will be provided by the club but players are welcome to bring their own equipment if they wish. Players should also bring a drink to their session. Please note that non-marking footwear must be worn for activities in the sports halls.

Lingfield Cricket Club is ClubMark accredited and has been a Surrey Focus Club for several years with close ties to Surrey Cricket Board. The Club enters all age groups from Under 8s up to and including Under 17s in junior leagues and cup competitions.

The Club also runs many adult teams at weekends and on Wednesdays. The Club welcome new players of all abilities.

For a registration form and further information ring: Jan Robertshaw on 07779 251854 or email stewart\_robertshaw@hotmail.com