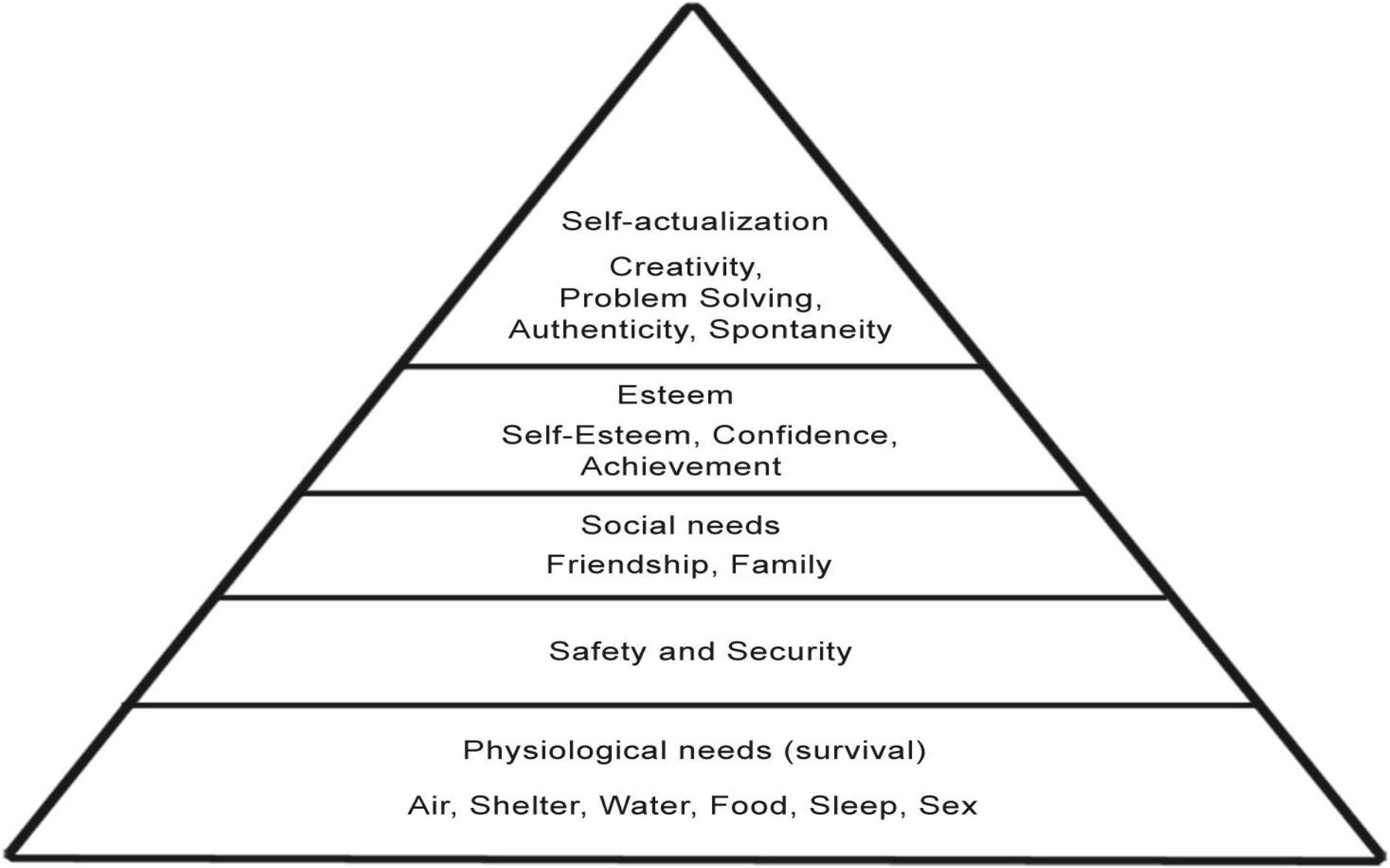
Internet Safety for Parents


Self-actualization
Creativity,
Problem Solving,
Authenticity, Spontaneity
Esteem
Self-Esteem, Confidence,
Achievement
Social needs
Friendship, Family
Safety and Security
Physiological needs (survival)
Air, Shelter, Water, Food, Sleep, Sex

SELF-
ACTUALIZATION
Pursue Inner Talent
Creativity Fulfillment
SELF-ESTEEM
Achievement Mastery
Recognition Respect
BELONGING - LOVE
Friends Family Spouse Lover
SAFETY
Security Stability Freedom from Fear
PHYSIOLOGICAL
Food Water Shelter Warmth
WIFI

Want today's wifi password?

1. Make your beds
2. Vacuum downstairs
3. walk the dog

Sackville News!

Sackville E-Safety Advice: Parental Controls

Mr Lea writes:-

What do parental controls do?

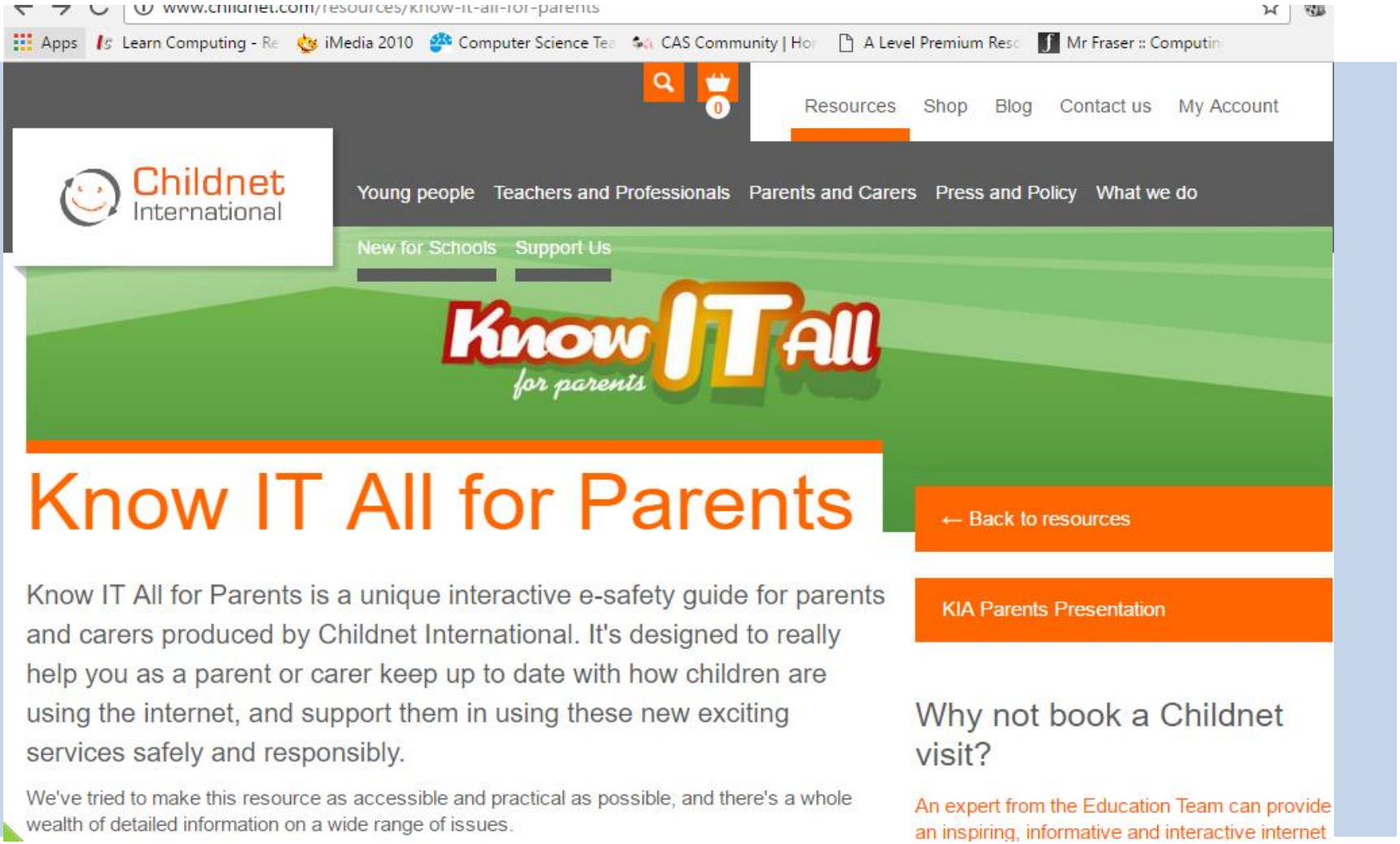
These controls are designed to help parents and carers manage their child's online activities. There are various types, some of which are free but others which can be bought. However, nothing is totally foolproof so they don't replace the need for adults to support and advise children using the internet.

For detailed guidance on all the different types of control, you can use the online tool on the website below:

http://www.internetmatters.org/parental-controls/interactive-guide/

This gives you the chance to set up a personalised list of the controls used in your home on all your different devices. There is also advice on how to use all the various controls, with videos and step-by-step instructions.

Useful site! (Childnet)



School E-Safety Page

Home | Welcome | 6th Form | Parents | Calendar | Students | Vacancies | Contact

E-Safety

The Internet is filled with incredible information and useful resources that most of us make use of on a regular basis yet for many parents and carers it can be a place of concern.

We worry about what or whom our children may encounter online and how we can protect them. We can now access the Internet on most mobile phones and whilst this access brings a world of incredible opportunities in terms of communication, interaction and entertainment, there are certain risks to children posed via the Internet.

At Sackville we believe that E-Safety is a high priority in keeping pupils safe. We have extensive security measures in place in school which are monitored internally to help safeguard pupils from potential dangers or unsuitable material whilst using the computers and other electronic equipment whilst on the school premises.

Positive Parenting Evening

Below are some useful links with more information on e-safety:

http://www.thinkuknow.co.uk/ – Visit the "Parent/Carer" Section and use the "Click CEOP" button to seek advice and report online abuse.

www.childnet.com – Visit the Parent/Carer section and the link for 'Know It All' for an interactive guide about online safety.

http://clickcleverclicksafe.direct.gov.uk – Click Clever Click Safe Campaign – The information has been archived by the website but is still all relevant and accessible by following the links.

www.bbc.co.uk/onlinesafety – general information and tips.

http://ceop.police.uk/ – Child Exploitation and Online Protection page. Visit the section on information for parents, carers and guardians. You can also report suspicious behaviour here too.

Learning from adults??

Michael W
Torquay, United Kingdom

2 reviews

"You couldn't make it up."

Reviewed 1 week ago

Basil Fawlty is the perfect host compared to this place.

Let's get this straight from the start; all of the staff deserves a medal!

We were booked in for Valentines / Wedding Anniversary weekend. On arrival (11:30) there was a woman in the bar, clearly intoxicated she was loud and swearing like a trooper. At one point the CD playing the music in the bar was skipping "Jason, Jason stop that CD from jumping, you know I'm Dyslexic..." she shouted. We assumed she was either a local or a resident, our room was ready and we were shown up to our room by a nice but clearly embarrassed receptionist.

Our impressions of the hotel was it was tired dated and a bit dark, the shower was impractical (temperature kept changing and the shower head falling down) and the room cold, however we asked for a heater and got one.

That night we went down for our Valentines evening meal, the same lady was seated at a table with one can only assume her partner, I was a bit worried, and looking around the dining room not even so much as

everyone.
hing but a
ou're a
uch a
way, that

Office bullies are colleagues.

But the effects of

Occupational psy
cyberbullying had

would be you. The most hated person!
[redacted] loser. Go cut yourself and die, faggot.
less than a minute ago

164 57

Yesterdays news!!

Children see 'worrying' amount of hate speech online

By Leo Kelion
Technology desk editor

16 November 2016 | Technology | 319 Share

Ofcom suggests UK parents are doing more to protect their children online, but threats remain (stock photo)

Overview of the session

- The world of apps
- What's trending
- Parental strategies
- Where to look for information

Activity 1

- How many devices do you have at home (in total) that contain your personal data?
- Talk to a partner!
- 5 mins
- Average number per household: 7

Activity 2

- How do you monitor your child's internet usage at home?
- Do you know what sites they are using?
- Do you know the current trends in terms of apps/websites?

There's an app for that…

Anonymous chat

YikYak – location aware for contact within a 5 mile radius

Ask.fm – post selfies and talk about themselves

Omegele –linking strangers together anonymously in chat or video rooms

Whisper: A social "confessional" app users type a confession, add a background image and share it with the Whisper community. Intended for users age 17 and older.

No moderation or reporting

Snapchat - messaging app that lets users put a time limit on the pictures and videos they send before they disappear.

Burn Note - texting-only app that erases messages after a set period of time. Messages are stored until first view and then deleted.

http://www.net-aware.org.uk/

Live streaming

Periscope - broadcast themselves live for short periods of time

Facetime – iOS app built in to Apple devices

ooVoo –
video chat and instant messag
app. Can group video chat wit
up to 12 people

Meerkat – additional tools allow saving of live stream and live chat

Facebook Messenger –

available to all Facebook account holders

Photo sharing

Instagram - users often list their Kik usernames in their bios so that other have some kind of way to contact them privately

Tumblr – popular blogging platform largely dominated by visual content

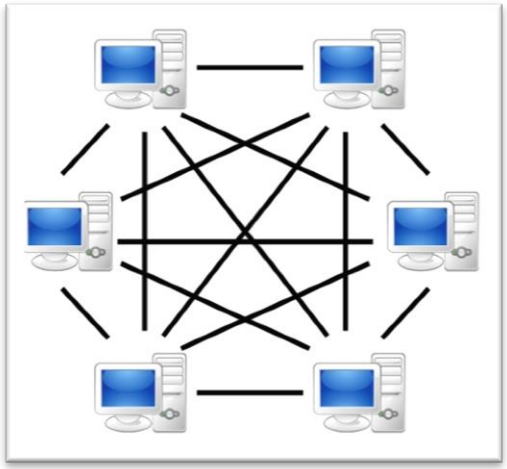
WhatsApp - extremely popular app for individual and group messaging. Groups of up to 256 people can be contacted at the same time

http://www.net-aware.org.uk/

Peer to peer

BearShare – beware! Known for installing malware and other nasties on computers

eMule – used to find ‘rare content’. Fake versions ask for credit card details and distribute malware



KCeasy – free to download software making it easier to access and share files

KC easy

Behaviour Vs Risk

Most young people do know the theory of what to do. But the theory is very different in practice.

We must understand that for many children and young people, risk-taking behaviour is a part of growing up…

Social Media use by ISIL

ISIL propaganda uses **four main** themes to encourage young people to travel to Syria and Iraq:

1. Celebrates and promotes an **image of success** to attract young people. *'ISIL are the winning side and can offer them an exciting life.'*

2. Portrays their 'Caliphate' as an ideal, utopian state where Muslims will find **status and belonging**. Claims that it is the duty of Muslim men and women in the West to travel there.
'Real struggles need real men'

3. Insist that it is the **personal duty** of Muslims to support them and travel to the 'Caliphate'

4. Portray ISIL as the only group able to **defend Sunnis** from the Assad regime.

Platforms used by ISIL

Private messaging

What's Trending?

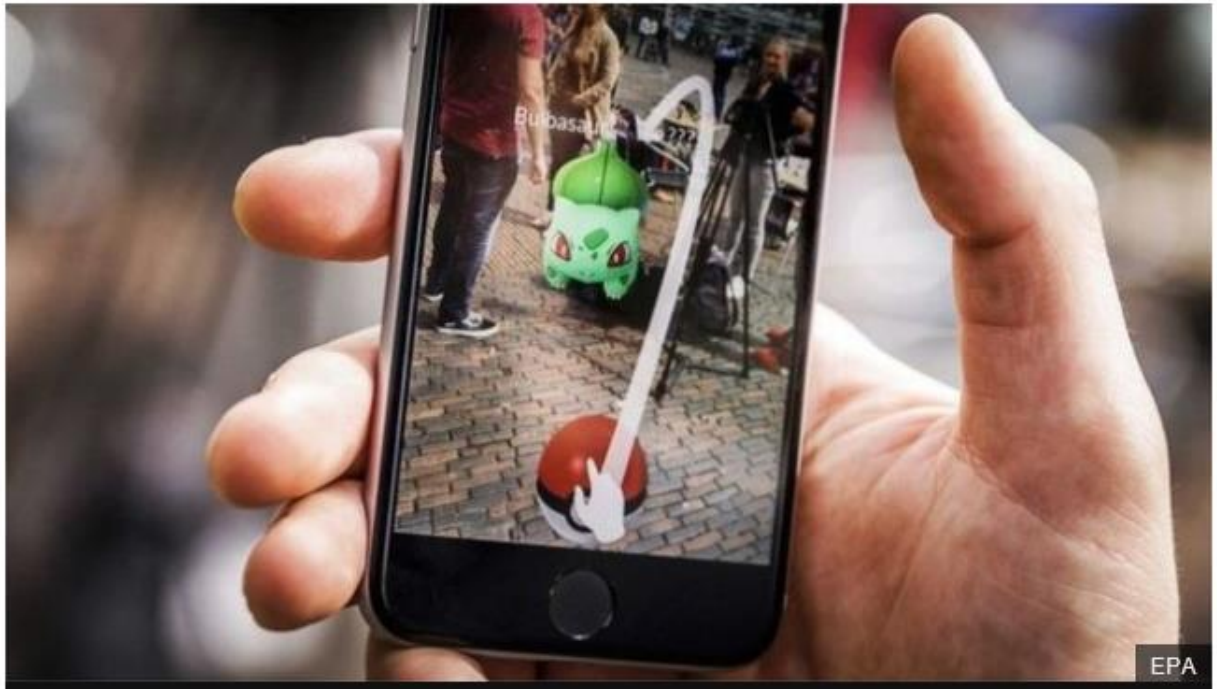
and what to look out for

Hundreds of Pokemon Go incidents logged by police

By Tom Mullen
BBC News Online

29 August 2016 | England

Share



EPA

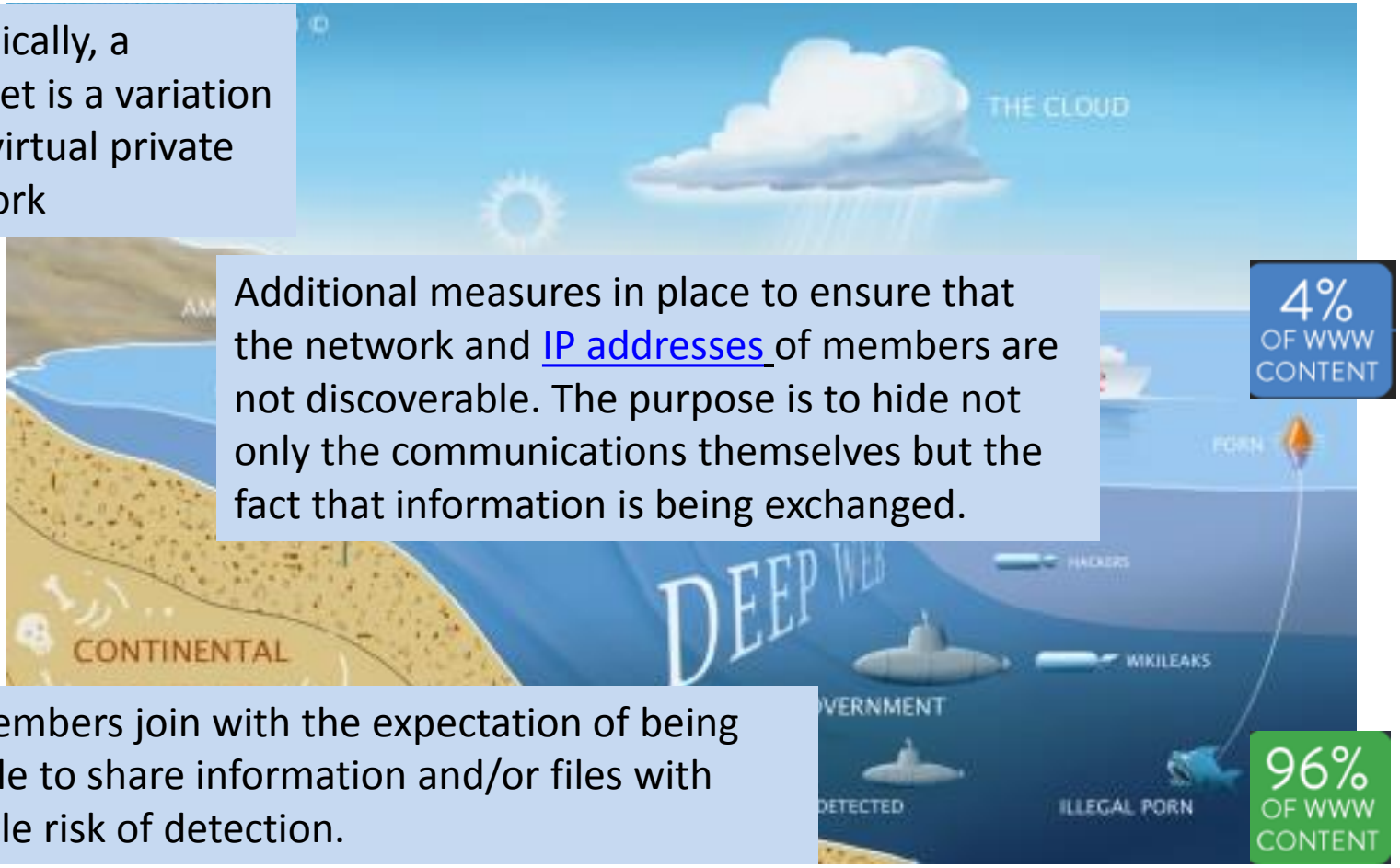
Pokemon Go is an augmented reality game that sees users searching for virtual monsters to collect

Doxers, trolls, abusive hashtag creators, and more could now face prosecution in the UK

The UK is clamping down on Internet trolls and their toxic online behavior. The Crown Prosecution Service (CPS) has published guidelines that could result in severe punishments for offensive hashtags, doxing, revenge porn, and other similar activities.

The Dark Net

Technically, a darknet is a variation on a virtual private network



Additional measures in place to ensure that the network and IP addresses of members are not discoverable. The purpose is to hide not only the communications themselves but the fact that information is being exchanged.

Members join with the expectation of being able to share information and/or files with little risk of detection.

Selfie (n): a picture of person taken by that person

Selfies are everywhere.

In 2013 it was named word of the year by Oxford Dictionaries

In 2014 a song was released called #selfie

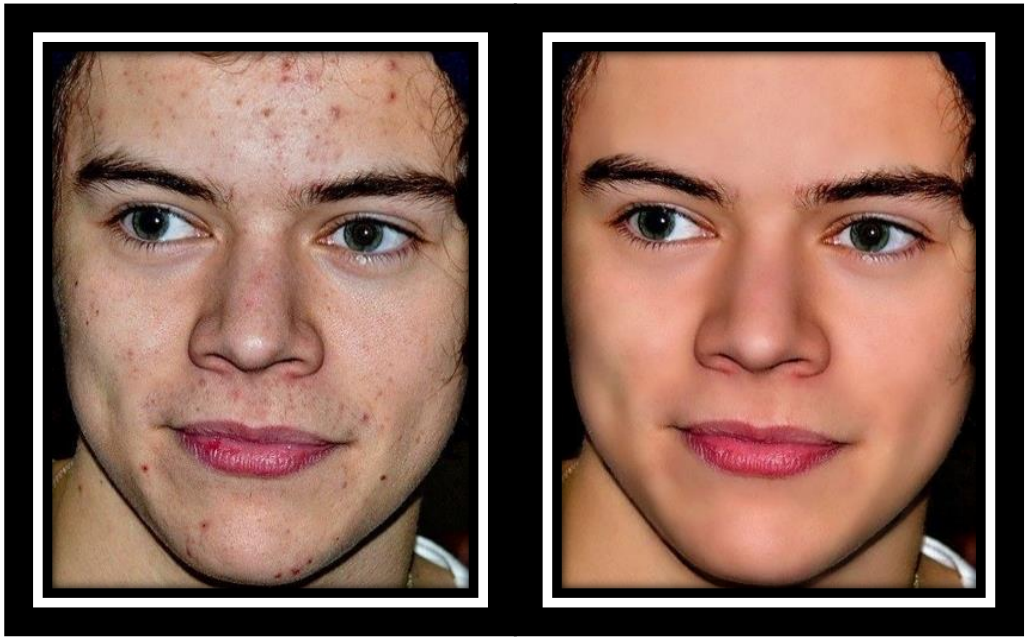
In July 2015 selfie sticks were banned in Disneyland

Recent figures show that 91% of teens have taken a selfie and over 1 million are taken each day

Young people sometimes forget that this isn't real and compare themselves, (complete with flaws and bad days) to others perfected online versions of themselves, they can start to feel inferior and not as good as everyone else.

Remind young people that comparing themselves to others on social media is unhelpful, they're comparing themselves to something which may be impossible and unattainable - nobody looks fantastic all the time and everyone has bad days.

Online Image



Media and Body Image

Boys have issues with body image too.

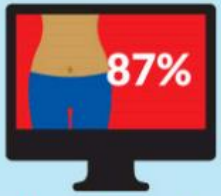
Boys' own body concerns and risky behaviors can go unnoticed, and their role in supporting healthy attitudes among girls is vital.

Pay attention to your son, too

- Listen for negative body talk.
- Look for dramatic weight loss or gain.
- Check the messages from coaches, peers, and online forums about weight, exercise, and muscle-building.

Measurements of toy male action figures exceed even that of the biggest bodybuilders.

Unrealistic, sexualized, and stereotypical images and messages about bodies and gender are rampant on the media your kid consumes.



of female TV characters aged 10 to 17 are below average in weight.

Media is influential — if all your child sees are unrealistic body types she'll come to believe they're the ideal.

Immunize your child

- Choose quality media with diverse characters.
- Question assumptions about appearance.
- Challenge stereotypes about gender, body types, abilities.

of teen girls say they use social media to "make themselves look cooler."

Teens feel pressure to look good and cool online, but also feel social media helps their friendships and connections.

Kids live in a constant feedback loop of criticism and connection that moves quickly and is difficult to escape.

Be a social media supporter

- Help teens find supportive online communities.
- Encourage social media breaks when online drama heats up.
- Ask teens how online feedback makes them feel.

https://www.commonsensemedia.org/blog/research-what-parents-need-to-know-about-kids-media-and-body-image

Roast Me

https://www.reddit.com/r/RoastMe* and *www.roastme.co.uk

Roast brave victims or post a picture to be **roasted** if you dare! Do you have what it takes to **Roast**?

Roastees:
You must provide at least one high-quality picture of the roastee holding a sign with the text /r/RoastMe
You may post on behalf of other people, provided that everyone appears in the verification photo described in rule #1.
Your post will not appear until after it has been approved by a moderator. Please send this message if it takes longer than 30 minutes.
The minimum posting age is thirteen-years-old, your post will be rejected if you look younger.

Roasters:
This is a comedy subreddit, not a hate subreddit. Act as though you are trying to make an audience laugh.
We rely on user reports to manage the subreddit, please report all rule violations.
You are allowed to look through the roastee's post history.
Never post another user's personal information, referred to as 'doxxing'. We will always report violations to the admins.
Please don't use link shorteners in comments (bit.ly, tinyurl, etc.)

3

4 3

submitted 3 hours ago by Fearghas2011 Verified Roastee

14 comments **share**

5 13

20 yr old American Pakistani. Roast Me (imgur.com)

submitted 10 hours ago by roastsss Verified Roastee

22 comments **share**

‘Nation of deeply depressed children’

NSPCC chief executive Pe
to keep up with friends
is adding to the sadness t
on a daily b "

"I hate myself. When I look at other girls online posting photos of themselves it makes me feel really worthless and ugly. I'm struggling to cope with these feelings and stay in my bedroom most of the time.”
13 year old

"I feel like crying all the time. I'm constantly worried about what other people are thinking of me and it's really getting me down. I use social media sometimes but that just makes me

- Promote positive posting in general – do’s and don’ts
- Promote posting supportive comments and emoji’s to others

Be Strong emoji’s – Vodaphone – A virtual hug

I am a witness emoji – Apple

12 year old

- Encourage looking out for others and reporting cyberbullying and other risky behaviour their friends may be involved with.

You Now

YouNow is the best way to discover talented broadcasters, watch live streams and video chat live with people from around the world.

★2 penn0047
lower strap

★3 moneyog2203
how old r u

★2 penn0047
please

★2 Darmaan K.
she is 14 my grilfirend

★2 penn0047
mmmm lower it

★2 Darmaan K.
esley

★2 penn0047
until the 3 mons up

★2 penn0047
until the 3 mons up

★2 penn0047
then you can put camo back on

★2 penn0047
ok 2 mins

★2 penn0047
pull arm out

★2 penn0047
admiring your skin

★2 sandoklok
out

★2 Darmaan K.
my princess you took a bath?

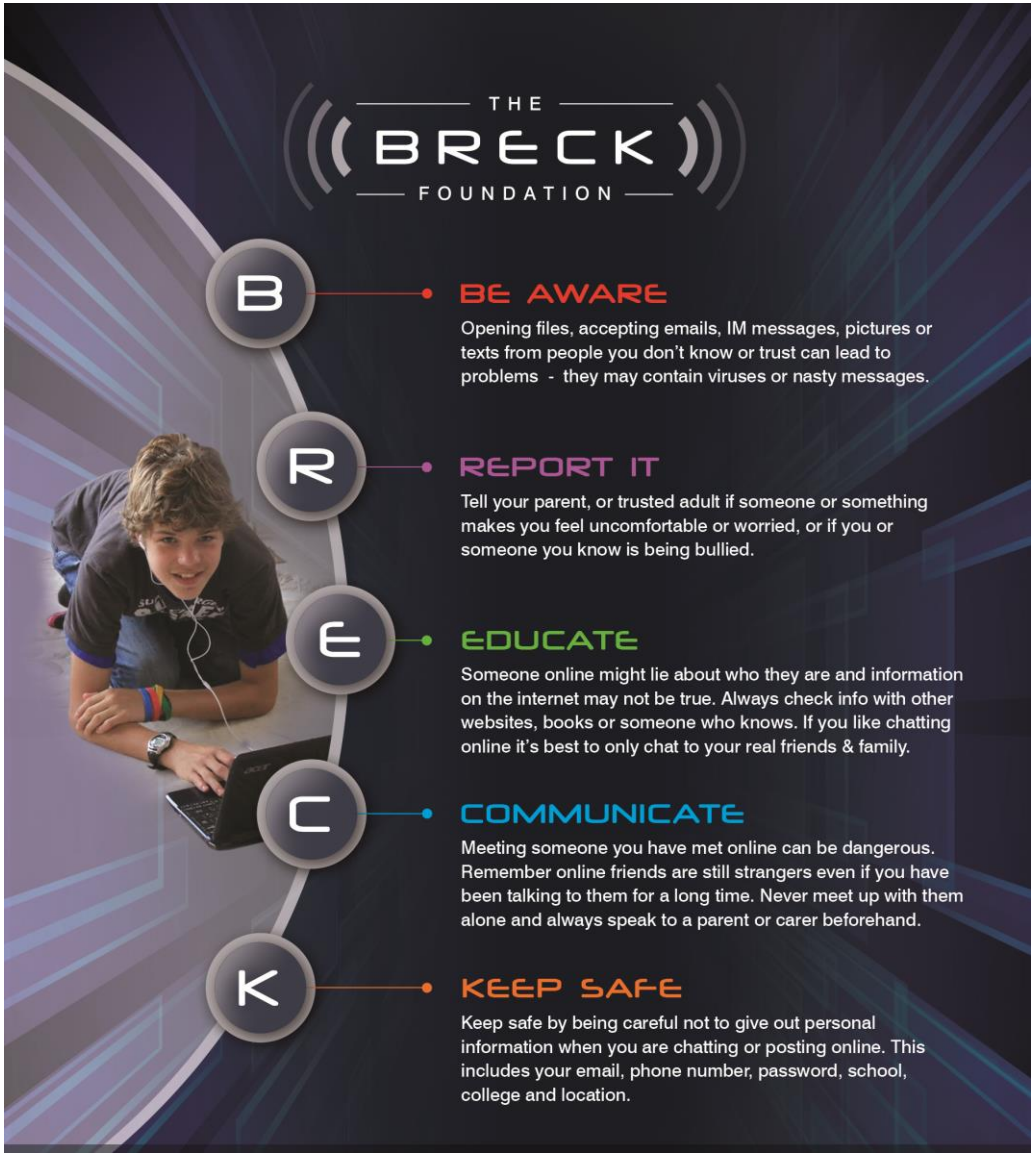
★2 sandoklok

★2 penn0047
ok you can put camo on boo

★2 penn0047
thanks for great view

★2 sandoklok
plzz

Play Virtual
Live Real



http://www.breckfoundation.org/

It’s not all bad…

Cyber security

- https://www.thetechpartnership.com/tech-future-careers/
- http://www.bigambition.co.uk/secure-futures/resources/

TECHFUTURE CAREERS
Join | Log in
About us | Teachers
Secure Futures
Your country needs you.
The new government agency for Cyber Information & Security (CIS) is looking for young people to help them in their war against cyber crime. Can you rise to the challenge?
Start playing now ›
About cyber security
Learn about exciting opportunities in cyber security and how Big Ambition can help you secure your digital career.
Find out more ›
For teachers
Find everything you'll need to teach your class about cyber security including complete lesson plans.
Find out more ›
About us | Contact us

TechFuture Girls

Aimed at

Girls aged 9 to 14.

Key Stage 3 and 4

Cyber Security Challenge UK

www.cybersecuritychallenge.org.uk/education/schools/

Robots/automation taking jobs

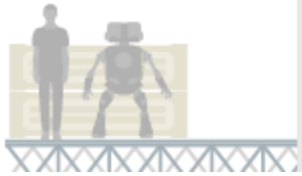
Technology

Will a robot take your job?

11 September 2015 | Technology

Type your job title into the search box below to find out the likelihood that it could be automated within the next two decades.

About 35% of current jobs in the UK are at high risk of computerisation over the following 20 years, according to a study by researchers at Oxford University and Deloitte.



I am a...

Can't find your job? **Browse the full list**

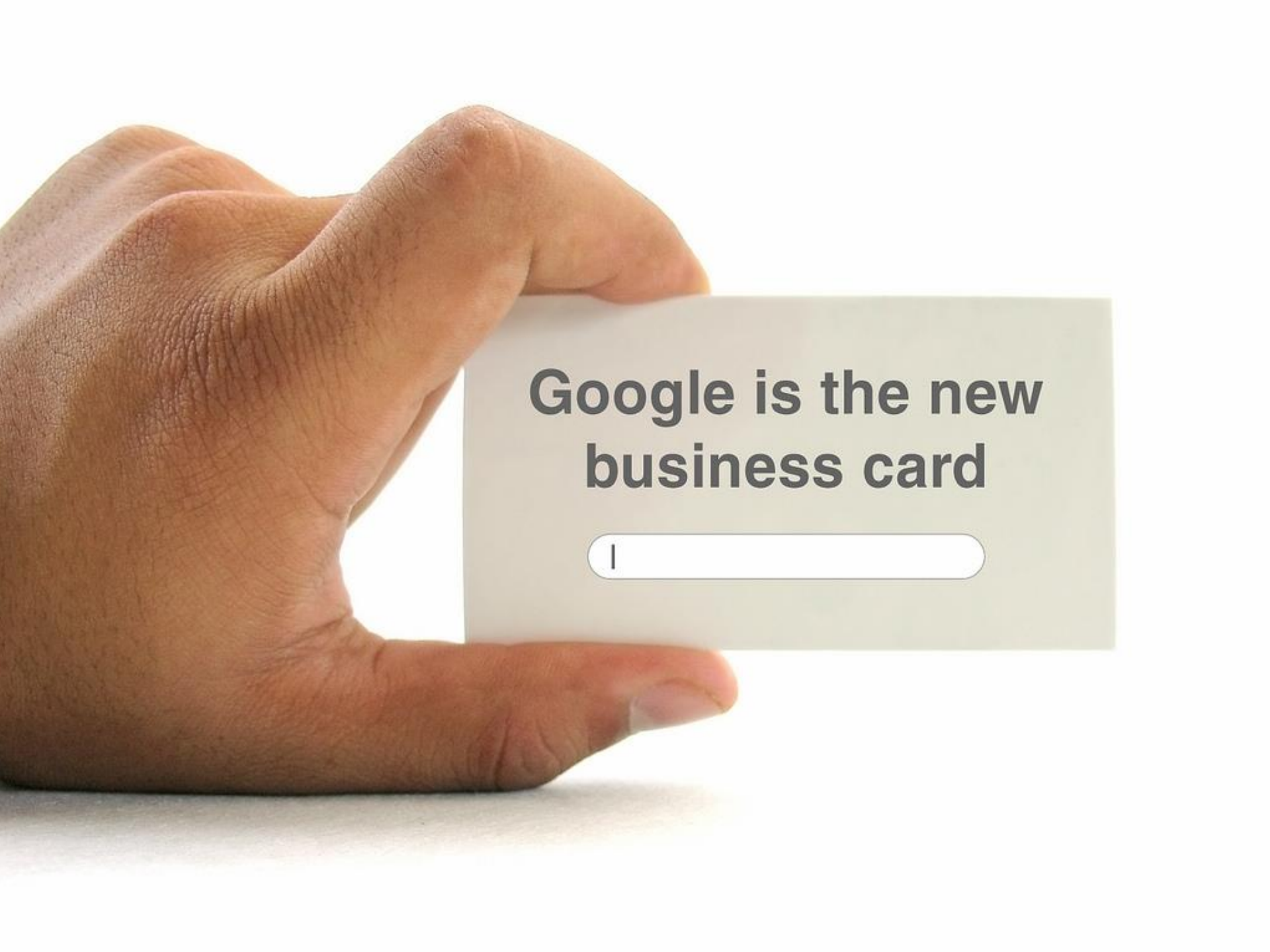
The future is tech!

Google commits to massive new London headquarters

Tech giant announces it is going ahead with delayed plans to build a campus for 7,000 employees with Olympic cauldron designer Heatherwick Studio on board

Activity 3 – break!

- Have a chat on your table…
- Are you any wiser?
- Questions?
- What strategies are you going to use with your son/daughter?


Google is the new
business card

Topics

Parental Controls

Gaming

Messaging & Chat

Sharing (images video etc.)

Talking to your child about online activity

Using a Phone

Bullying

General Top Tips

Great Resources

Main Menu

Parental Controls

Type of Service

- Internet Service Providers (ISP's).
- Devices that connect to the internet.
- Software.

Type of Control

- Filtering
- Time limits
- Monitoring
- Reporting

How to set ISP parental controls

Main Menu

Gaming

PEGI – age ratings for games

Engage: Find out what your children are playing and take an interest. Better still, join in the fun and play alongside them yourself!

Lighten up: Games should be played in well-lit rooms.

Take breaks: Encourage your children to take regular breaks – at least five minutes every 45-60 minutes as a rule of thumb.

Use parental controls: In addition to clear age rating symbols and descriptor icons, all of today's consoles offer parental controls.

More information available at the ask about games site.

Xbox parental controls

PlayStation parental controls

Wii parental controls

Main Menu

Talking to People

- Instant Messaging – (Windows Live Messenger, Facebook Chat etc.)
- Webcams
  - Ratting(malware)
- Chat Rooms(forums)
- Random Chat (Chat Roulette)

Main Menu

Sharing

- Pictures & Videos (Facebook, Twitter, Instagram, Snapchat……)
- Personal information
- Location

Snapchat guide

Ask.fm guide

Main Menu

Bullying

28% of 11 – to 16 year olds have been deliberately targeted, threatened or humiliated by an individual or group through the use of mobile phone or the internet.

Beatbullying, Virtual Violence II.

- **Offer reassurance and support.**
- **Tell your child that if they are being bullied to always keep the evidence.**
- **Block the bullies.**
- **Report any bullying content to the website it's hosted on.**

Beat Bullying Site

CEOP

Main Menu

Using a Phone

- Parental settings
- Understand what your child's phone can do
- Set a pin code on your child's phone
- Set boundaries and monitor usage
- Discuss what they can share
- Discuss and monitor costs
- Keep their mobile number private
- Be prepared in case the phone is lost or stolen

Vodafone parental settings

O2 parental settings

Orange/EE parental settings

T-mobile parental settings

Top Tips

Be involved in your child's online life.

Keep up-to-date with your child's development online.

Set boundaries in the online world just as you would in the real world.

Know what connects to the internet and how.

Consider the use of parental controls on devices that link to the internet, such as the TV, laptops, computers, games consoles and mobile phones.

Emphasise that not everyone is who they say they are.

Know what to do if something goes wrong.

Resources from tonight

Available at http://www.sackville.w-sussex.sch.uk/new/

Credits/Useful sites

CEOP – for reporting online abuse	www.CEOP.police.uk
Think u Know – advice for parents and children	www.thinkuknow.co.uk
Parents' guide to smartphones	http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parents-guide-to-technology/smartphones
Parents' guide to gaming devices	http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parents-guide-to-technology/gaming-devices
Parents' guide to Internet enabled devices	http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parents-guide-to-technology/internet-enabled-devices
'So You Got Naked Online' – Advice about dealing with the consequences of sexting.	http://www.saferinternet.org.uk/ufiles/Sexting%20Toolkit.pdf
The parents' guide to dealing with sexting.	http://www.saferinternet.org.uk/ufiles/A-Parents-Guide-to-Dealing-with-Sexting-26SEP13.pdf
The 'Accidental Outlaw' test – do you know if you're breaking the law online?	http://accidentaloutlaw.knowthenet.org.uk/
Horrible histories guide to Internet privacy settings.	http://www.bbc.co.uk/cbbc/clips/p01g2pt6
The digital universe of your children	http://www.saferinternet.org/digitaluniverse

Credits/Useful sites

9 useful parental control programs	http://www.techradar.com/news/software/applications/best-free-parental-control-software-9-programs-to-keep-your-kids-safe-1140315
Guide to parental controls	http://www.bbc.co.uk/webwise/0/25917527
Top 10 tips for online safety	http://www.bbc.co.uk/webwise/0/21259413
Webcam safety advice	http://www.bbc.co.uk/webwise/0/25812110
Iplayer parental controls	http://iplayerhelp.external.bbc.co.uk/help/using_bbc_iplayer/downloads_guidance
ITV parental controls	https://www.itv.com/itvplayer/help/faq/10
C4 Parental Controls	http://www.channel4.com/static/global/html/parentalContent.html
C5 Parental Controls	http://www.channel5.com/help/can-i-restrict-which-programmes-my-children-have-access-to
Sky parental controls	http://help.sky.com/tv/set-up-your-sky-tv/set-up-parental-controls-on-your-tv
Sky Go Parental controls	http://help.sky.com/tv/sky-tv-on-other-devices/set-up-parental-controls-for-sky-go

Credits/Useful sites

Internet provider parental controls	http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parental-controls/