



## Sixth Form Applications

We have been working hard behind the scenes to organise our Sixth Form curriculum offer based on the applications we have received. We always tailor our options blocks around the choices of our Year 11 applicants so that we have an offer that really reflects their needs.

For anyone who applied to stay with us next year we will be discussing with any student who may not be able to do the combination they have requested. We will also publish our option blocks so you can look at any changes you may want to make and will be collecting your final choices in early May.

No choices are final and we want students to continually evaluate their options. We only finalise options in the enrolment process following. If you have any questions, please contact Mrs Helen Valentine via [hvalentine@sackvilleschool.org.uk](mailto:hvalentine@sackvilleschool.org.uk).

## Key Dates

**Thursday 2 May (5.30pm to 6.30pm)**  
Pre-Exam Parent Information Evening

**Thursday 9 May**  
GCSE Exams Begin

**Wednesday 20 June**  
GCSE Exams End

**Wednesday 26 June**  
Contingency Day

**Thursday 27 June**  
Prom

**Thursday 22 August (9am)**  
Results Day



## 27 days... the time is now!

Once again, I would like to congratulate the students in the way they have positively reflected on their performance in the most recent mocks; the students have focused on ways to improve by positively engaging in their lessons as well as with the numerous interventions on offer. We are seeing evidence of this on an everyday basis and we really want to congratulate those who are working as hard as they can to succeed.

When we return after Easter there are 19 school days remaining until the first 'big' GCSE exam where everyone is taking part. There are some vocational exams in as little as 14 days. Revision should be in full swing and a timetable should ideally be displayed somewhere in your home so everyone can encourage and motivate.

Over the Easter holidays we have got a good program of revision sessions for students to attend which you can find more about on page two of this newsletter. Please follow the link if you would like to sign your child up for any of the sessions so that we can make provision for them to attend.

Whilst independent revision is key to future success, there is a range of upcoming opportunities at Sackville to support students. The after-school sessions that subjects are already offering will still be continuing up to the start of the exams and a timetable for after Easter will be released closer to the holiday. Once the exams are in full swing on Monday 13 May a timetable that focuses on upcoming exams will be put in place until the students go onto formal Study Leave at half term. We will then have a program for them to come in for ahead of exams.

## This Issue

27 days... the time is now **P.1**

Easter Revision Sessions **P.2**

Rewards and Prom **P.3**

The Journey Ahead **P.4**

In Brief **P.5**

One of the most anticipated events of the year is the Year 11 Prom. We will be reviewing the 'Passport to the Prom' over the coming week where students have to evidence the work they are doing towards their exams, as well as some of the basics around attendance and punctuality, in order to gain their ticket to the prom. It was great to be able to release a huge number of tickets early to those who have had exceptional attendance and engagement over the past six months. We want all students to attend the prom and celebrate the end of Year 11 and hopefully they will engage effectively with this. We hope that you have been able to discuss this with your child and have been able to celebrate their hard work with them.

Please note that all students have received their summer exam timetable from their tutor. Please keep this somewhere safe and visible so you all know when your child's exams are and at what time in the day. You can also get the full timetable of exams from the school website [here](#).

I hope that you find this information useful and we look forward to working closely with you to ensure all of our young people achieve results that they can be proud of in the summer. If you have any questions or concerns please feel free to contact me directly. I am genuinely hopeful and positive about our group of fantastic young people showing everyone what they can do in the summer examinations.

As always, thank you for your ongoing support.

Mrs Sands  
Community Leader of Turing and Year 11 Leader

## A reminder...

### SLEEP

Young people aged 15/16 need around 10 hours sleep in order to perform at their very best.

Top tips to improve sleep:

- Avoid big changes to sleep routine, such as lengthy lie-ins on weekends.
- Avoid doing work close to bed time so that their brain can 'wind down'.
- Avoid screens and stressful discussions/activities close to bedtime.
- Create a relaxing pre-bed routine, free from over-stimulation from screens, sugar and caffeine.
- Incorporate exercise into their day, but not too close to bedtime.
- Allow enough time in between dinner and sleep so that they aren't too full and their body won't be busy digesting food.
- Write down any thoughts or concerns to help avoid them 'buzzing' around your head.

### DIET

Nutrition, quite literally, powers us to perform. Students may feel that they are working their hardest to achieve their goals, but if they are not fuelling their bodies in the best way then they aren't going to perform at our best.

In particular, students should think about:

- **P**reparation (breakfast!)
- **E**nergy levels (eat regularly)
- **R**e-hydrate (drink water)
- **F**ocus fuels (healthy snacks)
- **O**mega 3s (proven to help brain function and immune systems)
- **R**e-think brain blockers (avoiding certain foods e.g. sugar/heavy carbohydrates)
- **M**acro-nutrients (combination of protein, fat and carbohydrates at every meal)

### WELLBEING

We will be focussing on students maintaining their wellbeing in our Learning for Life sessions over the coming weeks. This is vitally important for every student and we place it at the top of our priorities. We encourage them to keep up their outside hobbies and commitments, especially exercising, to make sure they keep themselves as stress free as possible.

You can access a wealth of resources using the details below which support all of the above:

Link:

<https://students.pixl.org.uk>

PiXL School Number:

402458

Password:

Indep41

# Easter Revision Sessions

We are really excited to host the sessions below to support students before the exams start. Sessions are by sign up only which you can do here by Monday 25 March: <https://forms.gle/iPhc5X1DxBGET4g38>

If you have any questions, please contact Mr Cowlin via [pcowlin@sackvilleschool.org.uk](mailto:pcowlin@sackvilleschool.org.uk).

| Member of Staff           | Date/Time   | Subject   | Content to be covered                                     |
|---------------------------|---|---|---|
| Mr Hasler                 | <b>2 April</b><br>9am - 11am<br>11.20am - 1.20pm  | Maths<br>Further Maths  | Maths Grade 7/8<br>Further Maths                          |
| Mrs Howell                | <b>2 April</b><br>9am - 11am<br>11.20am - 1.20pm  | Maths<br>A-Level Maths  | Maths Aiming for 6<br>Year 13                             |
| Mr Millican               | <b>3 April</b><br>9am - 11am and 11.20am - 1.20pm | Maths   | Aiming for 5  |
| Mr Keeble                 | <b>2 April</b> 9am - 11am and 11.20am - 1.20pm    | Combined Science - Physics  | Paper 1 and Paper 2                                       |
| Mr Currie                 | <b>2 April</b> 9am - 11am                         | GCSE PE   | Paper one content   |
| Mr Groves                 | <b>2 April</b> 9am - 11am                         | Chemistry Triple  | Paper 1 (including required practicals)                   |
| Mr Groves                 | <b>2 April</b> 11.20am - 1.20pm                   | Chemistry Combined Science  | Paper 1 (including required practicals)                   |
| Mrs Grimes and Mrs Rogers | <b>2 April</b> 9am - 11am                         | English Language  | Language Paper 1  |
| Mrs Grimes and Mrs Rogers | <b>2 April</b> 11.20am - 1.20pm                   | English Language  | Language Paper 2  |
| Mrs Grimes and Mrs Rogers | <b>3 April</b> 9am - 11am                         | English Literature  | Macbeth and A Christmas Carol                             |
| Miss Croft                | <b>3 April</b> 9am - 11am and 11.20am - 1.20pm    | Textiles  | Exam Technique and Content                                |
| Mr Milligan               | <b>3 April</b> 9am - 11am                         | Drama   | Blood Brothers and Live Theatre                           |
| Mrs Stirling              | <b>3 April</b> 9am - 11am and 11.20am - 1.20pm    | Art GCSE  | Exam prep for 16-18 April's final exam                    |
| Mrs Tingley               | <b>3 April</b> 9am - 11am and 11.20am - 1.20pm    | Triple Biology<br>Combined Science - Biology  | Paper 1 (exam 10 May)<br>Paper 1 (exam 10 May)            |
| Mr Morris                 | <b>3 April</b> 11am - 12am                        | Year 10 Beliefs & Values online revision session<br><a href="https://meet.google.com/ikr-vhkw-ndc">https://meet.google.com/ikr-vhkw-ndc</a> | Using religious teachings and answering 12-mark questions |
| Miss Miles                | <b>4 April</b> 9am - 11am and 11.20am - 1.20pm    | Maths (foundation)  | Aiming for 4  |

We will provide refreshments for students who attend but there won't be any facilities for a full lunch service. Students will need to make their own arrangements for this outside of school.

## Rewards!!

One of the big pushes after Easter will be to reward those students going above and beyond in their approach to their studies. Students will be given 'Tickets to Success' for occasions when they have shown great commitment to their own progress. This can include attending extra sessions with staff, producing revision notes, using GCSEPod or similar online tools and anything else that students can do independently.



These tickets are put into a prize draw in the weekly year group assembly. The top prize is a £20 voucher and then there are several other prizes such as chocolate and sweets!

All staff have the tickets to give out so please do encourage your child to show teachers their extra work and they will get even more tickets to put into the prize draw. There may even be some prom tickets being put into one of the draws after Easter!



## Prom!

Organisation of the prom is in full swing with a committee being put together for the final details. There has been a great group of students involved in the organisation of this.

Date: Thursday 27 June 2024

Venue: Plumpton Racecourse

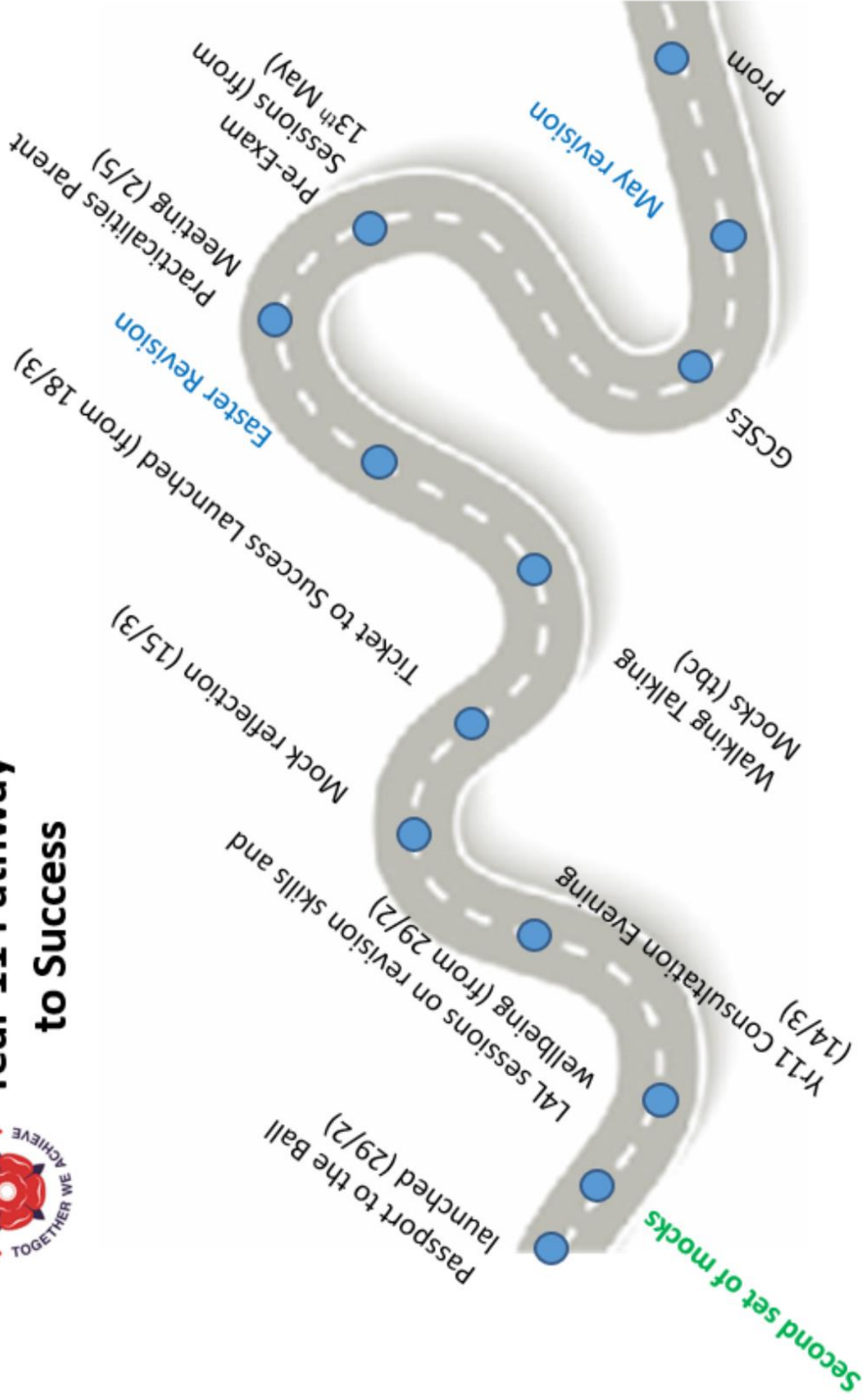
Time: 5.15pm at school with coaches to the venue. Return to school at approx. 11.30pm

We will be writing to those families with payment details for the prom once we are happy to sign off the 'Passport to the Prom' and we are really looking forward to a great event. We want all of our students to be there and celebrate the end of their GCSEs. We know that the majority of our students will be staying with us for Sixth Form, but it will also be a great opportunity to bid farewell to some of our students who are moving to other schools/colleges for their Post-16 education.





## Year 11 Pathway to Success





In Brief:



Every day is now vital to the cause. There are now only 27 school days until the exams start...

LET'S MAKE THEM COUNT!



You can find all the information you need relating to the exams on our website, including timetables.

<https://sackvilleschool.org.uk/students-4/exams-information/>



Remember, you can access information relating to your child on our 'My Child At School' app. It will give you information on attendance and communications rather than relying on email/messages. Let us know if you haven't been able to get this set up yet.



As we move towards the exams it is important to note that formal study leave starts on Thursday 23 May after the Physics examination. Up until that point, students should be in school all day, everyday. When they aren't in an exam then they will be in normal lessons.

Before May half term, attendance is still compulsory for all school days.



Please visit the link [here](#) for some useful information that is designed to support parents in some of the key areas of their child's life. These have been created by PiXL and are designed to be short flyers. If you would like any more help or information please get in contact with us.

# SUPPORT YOUR CHILD ON THE PATH TO SUCCESS



Your child's school has invested in the award winning resource, GCSEPod, to help your child reach their goals!

Join the thousands of parents/carers encouraging their children to use GCSEPod to support learning, homework and revision.

- ▶ Proven to increase results
- ▶ 28+ exam mapped subjects
- ▶ Available online and offline
- ▶ Audio visual content
- ▶ Builds confidence
- ▶ Independently accessible assessments

**Want to find out how you can support your child more with GCSEPod?** Then join one of our free webinars by registering here: <https://www.gcsepod.com/podup-presents-webinars/>

"The correlation between success and failure was made almost 100% clear by the use of GCSEPod."

**Head of MFL  
at Yateley School**

"I found GCSEPod especially useful to compliment my knowledge and I'm certain it helped me secure the grades that I have been so happy to receive."

**Student**

"My daughter used GCSEPod for her GCSEs and was very successful with her results, she absolutely loved your Pods and this style of revising."

**Parent**

## Student Activation

Please follow these instructions if your child has not yet activated their GCSEPod account

1. Go to [www.gcsepod.com](http://www.gcsepod.com)
2. Click 'Sign in with Google'
3. Go for it!

For more information please visit  
[www.gcsepod.com/parents](http://www.gcsepod.com/parents)

