

Headteacher: **Mr J Grant** Sackville School, Lewes Road, East Grinstead, West Sussex RH19 3TY **Tel:** 01342 410140 **Fax:** 01342 315544 **Email:** secretary@sackville.w-sussex.sch.uk



www.sackville.w-sussex.sch.uk

October 2016

Dear Parent/Carer

## Personal Survival Assessment on Thursday 20th October 2016

As part of your child's GCSE PE course they have chosen to complete an assessment in personal survival. They are likely to use this as one of their final four practical assessments, which make up 60% of their final grade.

The personal survival assessment involves students demonstrating their survival ability in different water based scenarios. The content includes assessing their ability to swim over a prolonged distance in clothing, their skill at treading water, their ability to complete different entrances to water and to use various huddle and help positions in varying group sizes. It is usually very good fun and in the past students have performed extremely well.

We are planning to take the students to Kings Leisure Centre to do the assessment on Thursday 20<sup>th</sup> October 2016. Students will leave school at 12.30pm and travel by minibus to the leisure centre. They will be brought back to school for 3.00pm. If your child provides written consent from you, they can go home straight from Kings Leisure Centre.

Students will need to bring their swimming costumes, a towel and a long sleeved top and bottoms to swim in. Pyjama bottoms or tracksuit bottoms are advised.

Please fill in the form attached and ask your child to return it to me by Friday  $14^{\rm th}$  October.

Yours sincerely

Miss C Jones Teacher of PE















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To: Miss Jones - PE department

Name of student ..... Form .....

I do/do not give (please delete as appropriate) consent for my child to complete their personal survival assessment at Kings Leisure Centre.

My child will/will not be returning to school by minibus after the assessment at Kings Leisure Centre (please delete as appropriate).

We will use the emergency contact details we have on our database for your child for this trip. If however, the contact details will be different for the duration of this trip, please fill in the details below.

Emergency contact telephone number		
Emergency contact name (please print)		
Signed	Parent/Carer	Date
Parent/Carer name (please print)		











