



SACKVILLE NEWS



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Community Points Roundup How the Achievement points added up!

Community Standings (Achievement Points)

23218	25609	25864	23137	21073
Angelou	Attenborough	Holmes	Turing	Yousafzai

Headteacher's Message

Here we are at the end of another term and a busy one at that. We enjoyed hearing about the ski trip at the beginning of term, the students were still buzzing with excitement. Our inter-community benchball league carried on and it is lovely to see so many students enthusiastic to take part. On a sadder note, we say goodbye to Jonny Pearson and Charlotte Halford who are leaving us this term for pastures new. We wish them all the best and hope they will keep in touch. We wish all our families a very happy easter, and hope this lovely weather continues.

See you all next term.

Jo Meloni
Headteacher



Angelou



Well there goes another term! As the weeks fly by it was great once again to take stock and give out some Easter prizes to Angelou Community students. There was chocolate aplenty for students and forms with the best attendance, as well as those students who have worked hard and improved theirs. Rewards also went out to students who had the most achievement points in each year group, well done to them for their hard work and for making the community proud. This culminates in the termly Angelou Award, which was won by Libby N (11FME), well done again Libby!

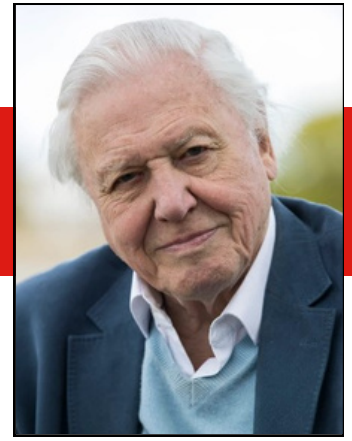
Achievement points have been a key feature of the term, and Angelou students have been battling for points in the benchball tournaments and sending their entries in for photography competitions. Along with our community achievers these students have contributed to an overall points total of 23, 218, leapfrogging us into third place in the Community table and the cup overall. Well done Angelou Community!

Our year 11 students deserve special mention, the mocks can be a stressful and daunting time, but they got through it brilliantly. A big term awaits them and I hope they manage to use the Easter holidays to revise but also to rest and recuperate. The whole Angelou community is behind you and I wish you all the best of luck with the summer exam series ahead.

Thank you to all Angelou students for your hard work this term and to all parents and carers for your support. I wish you all a safe and happy Easter break.

Paul Turner
Community Leader

Attenborough



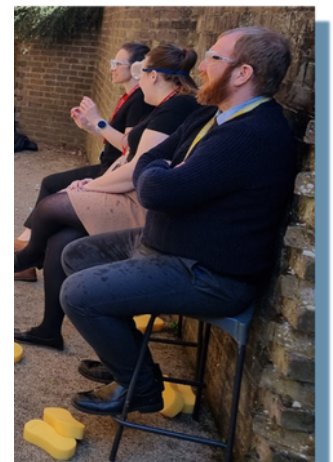
It has been another successful half term for Attenborough Community. We have had good participation in the inter-community sporting events and are currently sitting third in the league table. Our performance in attendance league has us also on a solid third. However in reward points and charity fundraising we are top of the leagues. We are looking to build on this as we enter the last term and pushing towards stronger attendance and greater participation in our inter-community events. We celebrated all these achievements this week in our assembly, and there were shout outs and certificates for students on 100% Attendance, 0 or fewer negative points as well as those who have two reports with ATL overall averages of 85 or higher. We are incredibly proud of our Attenborough students.

The Charity Event this half term had all the school involved in attending our Easter Extravaganza. We had different stalls organised by our Charity reps, cake stall, shoot for sweets, an Easter Egg Hunt, a tombola and sponge the teachers. I have included some photos so that you can see a little flavour. We look forward to organising more events in the coming term.

At the end of this term, we are losing Mrs Mance from our team who takes up a new role as Head of Community, we wish her all the very best and thank her for all her hard work for our students in Attenborough.

I want to take this opportunity to wish all students and staff a restful Easter break and look forward to seeing students back in the Summer Term

Sam Ellis
Community Leader



Holmes



Well done everyone in Holmes for another excellent half term. I can't quite believe it's Easter already! It's been a very busy half term with our Year 11 completing their second set of mocks, parents evenings for Years 7, 10 and 11, Year 9 Options evening, Sixth Form charity quiz and Year 7 celebrations assemblies just to name a few!

A massive Holmes well done to the following students who were awarded tutee of the term:

- 7ABG - Esther O
- 7AZZ - Delon M M
- 8AJS - Isla N
- 8ZHS - Samantha N
- 9EMA - Charlie G
- 9PWY - Ollie S
- 10APY - Chloe B
- 10VSR - Destiny J
- 11ABE - Daisy C
- 11THR - Ellie H

It is with great sadness that this term we see Miss Halford leave us for Somerset. It's only fitting that we finish with a final message from her.

Message from Miss Halford:

Well done Holmes! You've made it to Easter. Hopefully it brings you lots of chocolate and the summer term brings you lots of fun in the sun (or rain, who knows in England...).

Before I jet off to Somerset, I just want to say thank you so much again for making the last two years as your Deputy some of the best and most fun times I've had at Sackville. You have definitely been one of my favourite parts; making everyday different, challenging but always enjoyable. I will genuinely miss all of you so much.

Have the best Easter and Summer term. Year 11, good luck in your exams - you will be absolutely brilliant.

Peace out Holmies - #purpleforever

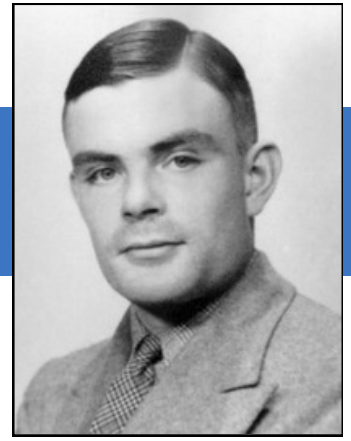
Have a lovely Easter Holmes, don't eat too much chocolate!

Mr Beaver, Miss Halford, Miss Turnbull-Allen and Miss Barnes

Holmes Community Team



Turing



As the spring term closes, I am sure we are all thankful for the upcoming break after another jam packed term.

Turing continued their sporting success with victory in four of the five year group, inter community benchball competitions, I am hoping that this will seal the Inter Community Sport Trophy for Turing for another term! Well done to everyone who signed up and worked so well as a community team.

Last week, we held our final Turing assembly of the term and we were able to reward students within our community who have been working hard both in lessons and within the community.

Our Turing Tutee's of the term were

Year 7 – Ava L, Zak H, Isadora BdF and Dan S.

Year 8 – Charlotte F, William W, Amy S and Oscar D.

Year 9 – Will H, Sophie C and Freddy H.

Year 10 – Andrew C, Rosie B, Elsie T and Bea K.

Year 11 Charlie W-C, Finlay R, Daisy T and Harry T.

The Turing Charity Representatives have also been working hard this term to continue to raise money for St Catherine's Hospice with some easter themed prizes.

They have been visiting forms with a guess the name of the easter bear hamper and guess the eggs in the jar, two lucky students or staff will be winning these on Friday, what a great Easter treat!

Wishing you all a restful Easter Break.

Gill Sands
Community Leader



Yousafzai



As this term comes to an end, I want to take a moment to say how incredibly proud I am of each and every one of you. It has been a brilliant term filled with enthusiasm, effort, and community spirit.

Although, it was a shame we did not win the community competitions or top the community points charts, your participation and support for one another meant more than any scoreboard ever could. You showed up, you gave it your all, and you did so with kindness and pride – and that's what truly matters.

Our rewards assembly on Friday morning was such a special moment. The celebration of your achievements was a joy to witness – and truthfully, we could have given out twice as many awards. Every single student in Yousafzai continues to impress with their attitude, resilience, and excellence. You are all outstanding.

Today is my final day at Sackville, and it is with a full heart that I say goodbye. It has been an absolute honour to serve Sackville as Head of Community. Watching Yousafzai grow, flourish, and support one another has been one of the highlights of my time here and I am so proud to have been a part of the establishment of this community. I know that under the leadership of Mrs Mance, Yousafzai will go from strength to strength.

I will leave you with the words of Malala Yousafzai, whose name we proudly carry:

"Let us make our future now, and let us make our dreams tomorrow's reality."

Keep striving, keep dreaming, and keep supporting one another. Yousafzai – you've made me so proud.

Many heartfelt thanks

Jonny Pearson
Community Leader

Community Competitions

Year 10 Benchball



The year 10 competition this term concluded with some very competitive matches, including two replays due to controversy.

Turing ended up victorious, beating Holmes into second place by just one point.

Once again the students were superb, so a BIG THANK YOU to all who took part.

Lisa Richards

Community Competition and Events Coordinator

Year 10 Benchball - March 2025

	Turing	Yousafzai	Attenborough	Holmes	Angelou	Total	Pts
Turing		5	3	5	5	18	50
Yousafzai	2		1	1	2	6	10
Attenborough	3	5		2	2	12	20
Holmes	2	5	5		5	17	40
Angelou	2	5	5	2		14	30

SIXTH FORM NEWS

It is both fitting and timely to begin this round up of KS5 news by congratulating our Year 13 students in their attitude to their studies over the past few weeks. Our students have really shown great tenacity and resilience in getting down to their studies so diligently. With their mocks behind them and their future plans well underway, the way is clear for them to spend the next few weeks concentrating on their revision, and in some cases coursework completion. Many have devised, with the help of our dedicated key stage five tutor team, a detailed revision and well being schedule in the final run up to the exam period. We wish them all the best!

Congratulations to Chris and Thomas who have been notified of their success in applying for university scholarships. That is excellent work!

We have had several celebratory events this half term. Here is a quick round up below:

Celebration Assemblies

Both Year 12 and 13 have had their celebration assemblies this week, rewarding those who have shown excellent attendance, engagement in lessons and have been involved in our LIFE programme to name a few. Both assemblies were well attended with students receiving recognition for their excellent effort this term. We now turn our attention to the summer term where Year 13 will celebrate the end of their school career, culminating in the June year 13 Prom.

Sixth Form Charity Quiz

The Sixth Form charity quiz was again well attended and received by students, teachers and governors during March of this year, with over twenty five different teams participating. Our wonderful Year 13 student leaders hosted the charity event with charitable donations rising to £1,267.00 for the event. This signalled our most profitable charity event to date, something our Year 13 cohort should be incredibly proud of. A big well done goes to our back-to-back Year 13 winners who have remained undefeated at the charity quiz during their time with us in Sixth Form.

Sackville Investment and Trading Hub

The Sackville Investment and Trading Hub (SITH), is now in full swing, with students learning financial skills in investment and trading from Mr Dupoy. Sixth Form students have been involved in the use of investment and trading games such as 'SMG Invest Quest', and taking a look at a range of bond and stock options when investing. During the summer term, there is the potential to look at the Young Investor Challenge which takes place across the UK for participating Sixth Forms and colleges.

Helen Valentine and James Dupoy
Head and Deputy of Sixth Form



SCHOOL TRIPS

We were lucky to offer students the opportunity to participate in another Outdoor Learning lesson at a local woodland in East Grinstead.

Students were able to engage in a variety of activities such as, learning the principles of basic wilderness survival (shelter, fire, water), identifying and foraging edible plants (with proper guidance and safety precautions), building a fire using various methods, constructing simple survival shelters, practicing basic navigation skills, and applying 'leave-no-trace' principles to minimize our impact on the environment.

This outdoor learning experience provided invaluable opportunities for the students to develop confidence, creativity, communication and collaboration skills, and we look forward to more of these experiences in the future.

Andy Parry

Alternative Provisions Teacher



This term, our A Level Literature students, accompanied by Head of English Mrs Grimes, travelled to London and enjoyed an incredible performance of Shakespeare's Richard II at the Bridge Theatre.



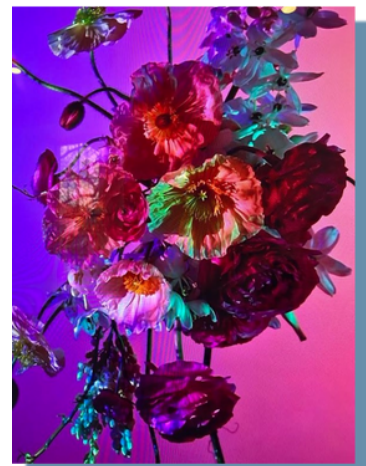
Students on the BTEC Performing Arts course had the exciting opportunity to watch a production of 'Hamilton' this term at the Victoria Palace Theatre in London. The performance is by Lin Manuel Miranda, one of the practitioners we study in Unit 1 of the course. The opportunity of seeing Miranda's work was incredibly beneficial to the creative process across the course as well as written elements for our students.

Holly Whitmore
CTL of Performing Arts



We visited the Saatchi Gallery and the Hayward's gallery and saw four exhibitions. The day overall was insightful and informative. I would definitely revisit these exhibitions again. I also got a chance to do some street photography of Londoners living their day-to-day life. I also did this last year and got some good candid pictures.

Lola P
Year 13 student

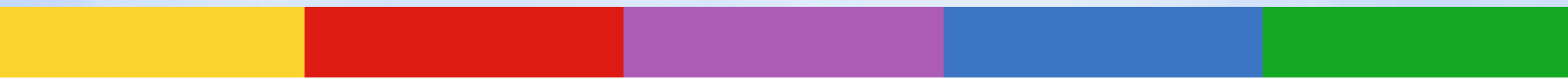


A group of 59 ski enthusiasts spent a week in glorious sunshine in the Italian Alps improving their skiing skills and having a great time on and off the slopes.

Highlights included skiing one evening under flood lights, going off-piste, mastering a first blue or even black run, going up to the glacier, and, although not all may agree, joining the teachers' table for light conversation during meal times.

Many skiers cannot wait for next year when Andorra is on the menu.

Daan Gerretsen
Trip Leader



SCHOOL EVENTS



All students in Year 7 took part in a fantastic author visit from YA author Lindsay Galvin who came to talk about the creative process and her fantastic historical adventure fiction books, including Darwin's Dragons, which has sold hundreds of thousands of copies across the world and been translated into numerous languages. She also spoke in depth about her process of writing her latest book, the Great Phoenix of London, set during the Great Fire of London, as well as her book, the Call of the Titanic, and how she was inspired by Newfoundland rescue dogs and historical interest in the Titanic story. In addition, Lindsay was signing books for students in the library and answering their questions about careers in literature and the creative process. Our students behaved impeccably, answering questions and listening attentively throughout. You can find out more about Lindsay and her work here:

<https://www.lindsaygalvin.com/about>

Zach Angella

**Leader of Key Stage 3 English and Literacy
Coordinator**



Sackville hosted a wonderful dance festival for the local primary schools this term. Seven schools took part and treated parents and carers to a brilliant display of music and dance talents! Children from Years 1 to 6 boogied the afternoon away to songs such as ABBA and trolls, to Matilda and daft punk! They all had a great time! We managed to raise an incredible £834.05 and it was decided that we would like to donate this to Jigsaw.

Suzanne Currie
Teacher of PE

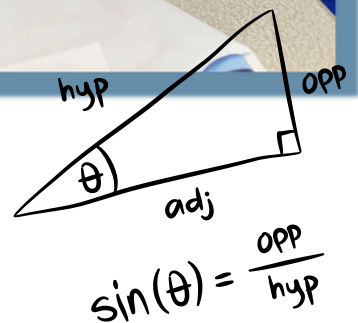


On Wednesday 05 March 2025, the following students took part in a maths enrichment competition at Imberhorne school: Sanulya J, Phoebe K, Maksym L, Tymofii L, Erin M, Kyril M, Elijah T and Harry W. They had a great day of maths, team-work and thinking outside the box. They wrote the following report about their experience:

“On Wednesday, eight of us went to Imberhorne to participate in an inter-school maths competition. It was composed of four rounds, and we split into two teams. Each round was uniquely challenging with different problem solving tasks to complete. The second round was especially difficult, involving cubes and ribbons... but with our teamwork, we managed to place first! While not as lucky in the other rounds, they were still fun and it was a very good experience overall. The last round was a high-stakes relay in which we relied on each other’s answers as we had to complete the questions in a set order, within seven nerve-wracking minutes. We are very grateful for our teachers helping us in this extracurricular opportunity, and accompanying us during the day. We encourage all aspiring mathematicians to participate in this event in the following years.”

Also a big thank you to Mrs Mangan who accompanied us to Imberhorne and supported with the marking of the students work, and Mrs Taylor who kindly drove us in the minibus!

Emma Weatherby
Teacher of Core Maths



Year 7 celebration Assembly

On Thursday this week, Year 7 marked the end of the transition to secondary school with a Celebration Assembly.

It really was a great event with every Year 7 form class performing either a song, dance, musical instruments or poetry which summarized their time at Sackville so far.

After the performances we had an array of prizes to give out for all different subjects

Congratulations to all our winners:

Maths – Gracie-Mae M, Matthew A, Matilda T and Sophie L.

English – Esther O, George P, Ben F and Seren R.

Science – Ethan B, Dexter H, Lydia B and AJ D.

History – Oscar H, Duncan G, Harper W and Harry K.

Geography – Ava L, Carter B, Teddy D and Delon M.

B&V – Juan K, Dan S, Sky N and Cara P.

Spanish – Evie S and Molly B.

French – Joshua S and Jacob M.

German – Freddie M and Kaelen T.

D&T – Ella P and Eiryn H.

Food Tech – Mallory M and Isaac E.

Computer Science – Amelie F and Joey M.

Art – Georgia C and Jack B.

PE – Sophie E, Dougie Y, Tom A and Edie C.

Drama – Demi D, Erin O, Charlie N and Kamran T.

Music – Melodie F, Ethan M, Eddie R and Henry D.

Form with highest achievement Points – KNS and ZAA

Form group with highest attendance – KNS and TCI

Gill Sands
Head of Year 7



SACKVILLE SPORT

Our Sixth Form netball team played in a closely fought match against Haywards Heath College on this term. There was just one goal in it after the first quarter but unfortunately we had a tough second quarter, which gave us a bit of a mountain to climb, as they scored 11 goals and we only scored one. This gave us a lot to do in the second half and the girls rose to the challenge, winning both quarters to pull the final score back to a respectable 34-26. Well done to all who played and congratulations to Darcey H who was voted PoM and a big Happy Birthday to Chloe D



The U14 Girls rugby 7s team won at the Ratana Foundation Competition. As you can see that they were that good that they won with only six players!! Liza K was especially brilliant throughout.

Year 7 netball tournament at Christ Hospital went very well! The girls played some top netball, winning five of their eight games, drew one lost two. Eventually coming third overall. Everyone stepped up and played solid, fluid netball, scoring some excellent goals and defending brilliantly. They all moved around the team and some played out of their preferred position to allowed the others to have a turn. Really good team work!

Ava L was attacking player of the tournament.
Emily S defending player of the tournament.



The Year 9 boys rugby team went to Old Whitgiftians Rugby Club to take part in the Ratana 7s Rugby Tournament this term, which had nine schools involved.

They won the whole thing and were superb the whole day showing great sportsmanship, determination, resilience, respect and teamwork!

They won three and lost one match in the group stages putting them in second on points difference. They then had to play the school that finished top of the other group. The game finished a draw and went to golden point, first team to score wins.

They blew the opposition away and did not give them a chance.

This was an amazing victory, well done boys.



The U15 girls football team bow out of the cup after a 10-7 thriller. We hosted The German school who were straight at us from the start and were quickly 2-0 up. The girls found some composure and started to build attack after attack, hitting their keeper and the woodwork several times, before finally breaking the deadlock with a great goal from Olivia G soon followed by Bea K. We then started to dominate and went in 4-3 up at half time.

The German school started the second half stronger than us again and quickly levelled the score. They then scored another couple of lucky goals to make it 6-4. After that the goals were flying in at both ends with Sackville again dominating the play but struggling to hit the back of the net. The final score was 7-10, which unfortunately knocks us out of the cup.

The girls all battled hard and played so well, one of our goals was absolutely superb play from the keeper to five different players, with a final one-two and finish from Mia.

PoM went to Lexi P who was tireless in defence from start to finish.





The U12's mixed hockey team, aka A's and B's, won all four of their games:
 0-3 vs Millais
 0-2 vs Millais
 0-5 vs Christ Hospital
 0-2 vs Christ Hospital
 Shoutouts to Charlie H for a hat trick, Ella P and Kaelen T for two goals each.
 Great games of hockey being played in the sunshine.

This term our U15s boys went to the Sussex 7s tournament at Hurstpierpoint College. We were entered into the Tier 2 competition and the boys set the goal of winning the competition. They were determined to meet this goal and they smashed it! They won all six matches they played and were fantastic all day!

- 34:7 Brighton B
- 24:19 Shoreham
- 26:21 Oathall
- 26:5 St Oscar Romero
- 26:21 Bohunt
- 33:14 Ifield



The Year 7 girls football team showcased incredible skill and determination throughout the tournament, securing a well-deserved joint third-place finish. Despite facing adversity in a semi-final that was marred by bias, they held their heads high and proved their quality on the field. Their resilience, teamwork, and fighting spirit were evident in every match, earning them the respect of fans and competitors alike. This achievement is a testament to their talent and perseverance, and it sets a strong foundation for even greater success in the future.

Shout out to Sophie E for her marvellous passing, leadership and talent!!



The under 14 Girls had their end of season netball tournament in which they came fifth overall. The girls played so well with some great feeding into the D from Emily and Stevie-May. Issy took on a great leadership role in the game where she was always motivating the team and directing movement down court. Lastly, massive well done to Yasmine, despite breaking her ankle in the last game, whose shots were amazing even after having to take time out of the sport.



Our Year 7 Girls football sadly lost 1-0 against The Forest School.
POM: Sophie E.
Special mention to Juliet H for her strong defending skills.

The U14 girls football team took on Bohunt Horsham in the Mid Sussex League this term. The sun was shining and the pitch was perfect for a great game of football. Sackville started strong, scoring in the first minute thanks to Olivia G. We got a second just after half time, but playing into the wind, Bohunt took advantage and scored two quick goals to bring it to 2-2. With one minute to play, a brilliant Sackville move between four players left the ball with Coco M, who struck a shot that the keeper could not keep out. Sackville grabbed the win 3-2 with 30 seconds left! Brilliant team performance once again! That is three wins in a row.





Our U12 girls lost their league match 2-0 against Tanbridge house. A great run out for the squad with a few girls playing their first proper football match and others playing in different positions. It was a fairly even match, despite the scoreline, we just did not take our chances when we had them. On to the next match against Forest.
PoM Ava W.

The U15 Boys hockey won 3-0 against Worth. Goals coming from Harry H and Hudson S.
MoM: Arthur KB.
Shout out and well done to Ben G for his first hockey game.



Four of our students took part in the Mid Sussex Golf Championships, where a total of 62 players took part. We were the only state school in the competition and the boys did really well.
Ben C finished 39th scoring 18 points.
Stefan G finished 56th scoring 10 points.
Charlie T finished 59th scoring 8 points.
Harry K finished 60th scoring 2 points.

Our Sixth Form netball team ventured to Brighton to play in a tournament against seven other schools. After a morning helping the PE department run exam moderations, the girls fought hard on the courts, for some to be their last match representing the school. They all played brilliantly and had a sparkly and glittery time too. They finished sixth overall with some questionable calls against them so well done girls.
POM - Lauren



The U15b football beat Oxted 5-3. A really good result against a decent opposition. A solid defensive display, with goals regularly throughout the game, meant that we were always ahead and played some great attacking football. Goals from Harry H, Bradley M, Ben G and two from Subomi O. Standout performances from Samson D and Toby E in midfield, with Dan C being huge in defense.

A cracking afternoon for the end of Year 8 Netball tournament we had this term. All the girls played amazingly and had a great time.



The Year 7 team concluded their Netball league today winning three out of four games. The girls have played incredibly well over the weeks, playing 11 matches in total. They won eight games, lost two and drew one, what a fantastic achievement. Well done to all that have participated in the league looking forward to continuing the success next year.

Sackville played Bede's in the National Cup Tennis competition. Although we did not secure the win, it was a brilliant experience for the boys to play against top County and National ranked players



Sackville had three teams at the National Hockey Finals in Nottingham on Friday 28 March 2025.

The under 14 boys won the Tier 2 Vase Final. Well done boys.

And the under 14 girls won the Tier 2 Cup. Amazing effort from all our students, and such a pleasure to take home the silverware too.





The Sixth Form and co boys sadly lost 5-1 against Worth, but was amazing to see some great hockey played. Big shout out to Lewys H with his early third quarter goal.



Sackville School

TOGETHER WE ACHIEVE

AND FINALLY

World Book Day took place on Thursday 6 March, with Sackville hosting a number of events across all year groups to mark the occasion.

We kicked off the morning, by celebrating some of our Accelerated Reader stars up in the library. Students in Year 7 and 8 who have shown outstanding commitment to reading across the year.

Tutor groups took part in a World Book Day Kahoot quiz, with 10MJN coming out as winners. Students in Year 7 also took part in the National Literacy Trust's Footy and Books Live Quiz, with Dan Smurthwaite the winner on behalf of 7VCS and the Turing community.

Our library has hosted a hugely successful book swap event, which has seen students trading in second-hand books throughout the week.

In MFL, students participated in a World Book Day language quiz, whilst 9SSG had a shout out on the Scott Mills Breakfast Show whilst listening to a short story in tutor time.

Zach Angella



On Monday 10 March 2025, Year 7 participated in workshops from Dead Poets Live, a group who came in to work exclusively with us for the afternoon creating, discussing and performing poems.

The workshop was a huge success with lots of positive feedback from students, examples of which are included below.

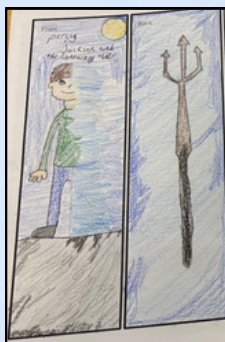
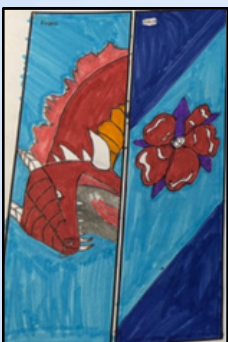
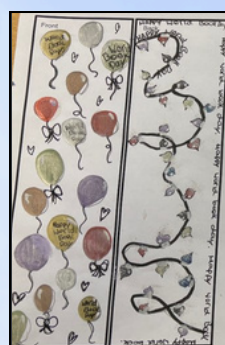
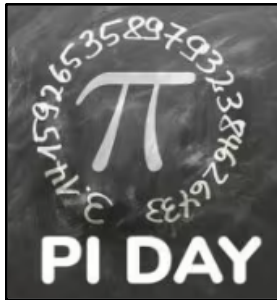
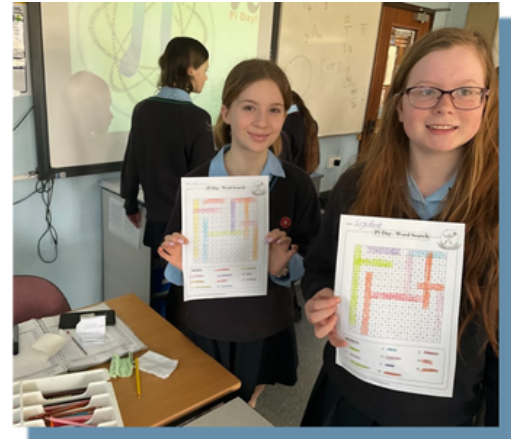
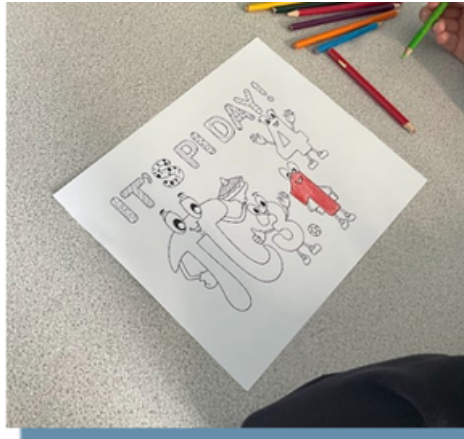
- "It was very funny and interactive and overall I really enjoyed it"
- "I really enjoyed the show. It was very funny."
- "It was fun, funny, interactive, imaginative and overall an amazing performance!"

We look forward to having them back with us at Sackville in the near future.

World Pi Day Results

Our 2025 Pi day ended with Turing community taking the win with 136 points, followed by Holmes with 83, Attenborough with 48, yousafzai with 17 and Angelou with 2 points.

Individual winner results: Maisie H, Isla B, Gracie Y 9EWY, Nancy-Grace S 7KNS, Phoebe S, Macie G, Isla P, Betsy D and Kyla S 8CTN, Toby L 10MJN, Samantha N 8ZHS, Dexter H, Cara P 7ZAA.



We had a huge amount of entries to our World Book Day bookmark competition, they were all amazing and it was hard to choose a winner. Congratulations goes to Samantha N in Year 8 - Holmes, for her winning entry.

Zach Angella
Leader of KS3 English

Eid Mubarak

The staff were spoilt with a feast cooked by Salma, one of our cover supervisors. All in celebration of Eid Ul-Fitr and donations were in aid of British Heart Foundation.

The staff room was busy and everybody loved the freshly baked asian food, as always. The British Heart Foundation is a charity recently very close to Salma's heart, after they took such great care with her husband this year following unexpected heart attack. If anybody would like to donate to the charity, Salma has shared her details below.

PayPal: salma80@hotmail.co.uk



HELPFUL LINKS

School Calender

For all up to date events in the school for years 7 through to 13 - click [here](#)

Sports Calender

For all up to date sporting events in the school for years 7 through to 13 - click [here](#)

SOCS – School Online Communication System

(Password RH19Sports)

Term Dates and Inset Days

For all term dates and inset days - click [here](#)

Helplines

Mind - Website access [here](#) or call 0300 1233393

Sussex Partnership NHS Foundation Trust - Website access [here](#) or call [0800 0309500](tel:08000309500)

Samaritans - Website access [here](#) or call 116 123

Young Minds - Website access [here](#) or text 'SHOUT' to 85258 (24/7)

Childline - Website access [here](#) or call 0800 1111

Sleep disorders - Website access [here](#) or call 111

Eating disorders - Website access [here](#) or call 01444 472670 (Option 4)

General concerns - Website access to range of helplines [here](#) if you are worried about your child.



Sackville School

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