



31 October 2023

Dear Families

## Sackville Rowing Club

Mr Weis and I will be running the Sackville rowing club and we are looking forward to our sessions which will take place on Weir Wood Reservoir. To enable your child to take part please complete the parental consent from [HERE](#). Please find below a reminder of important information and what your child needs to bring with them:

Rowing takes place on a Wednesday and students should meet at the school minibus promptly at 3.10pm, in their PE kit. If this is likely to change, due to weather, an email will be sent to you, so please check your emails on the day. We expect to be back at school for 5.45pm ready for collection.

**Please note:** Each rower will need to be responsible for carrying their own kit. Please provide a suitable backpack. We will do our best to make sure everything returns, but we cannot be held responsible for any lost items.

### What Do I Need to Bring?

- Water bottle
- Sun cream
- Hat and or sunglasses
- Sweatshirt
- Waterproof clothing if the weather requires it
- Flip flops or wellies to get into and out of the boats
- Energy snack for example a banana (**Peanuts or peanut related products are not allowed to be taken on any school visit/activity**).

### Emergencies

First aiders will be on duty throughout the whole session. We will use the emergency contact information that we hold on the school database unless otherwise advised by you.

Any medication that your child requires, needs to be provided in a named bag with clear dosage instructions. We will not be able to administer any medication, other than that provided by parents.

**Please inform us if your child suffers from travel sickness.**

Insurance for all school trips is arranged through West Sussex County Council. Full details of the policy can be found on our [website](#).

We are looking forward to a fun time out on the water. If you have any questions, please contact me at [vslater@sackvilleschool.org.uk](mailto:vslater@sackvilleschool.org.uk)

Yours sincerely

Mrs V Slater

**Leader of Sackville School Rowing Club**