



Sackville School

TOGETHER WE ACHIEVE



Families' Bulletin

Week commencing Monday 4 April 2022

HEADTEACHER'S MESSAGE

It is hard to believe that Easter is almost upon us yet it is snowing outside. They say there is never a dull moment in schools and this week has been no different. Mr Street delivered assemblies to the majority of year groups this week around our vision to establish the Sackville Way, or SWAY as he likes to refer to it. (I can see some funny walks along the corridors once that catches on!) Students have responded well and have engaged in some really sensible conversations around Respect, Kindness and Positivity. They understand the need for us to reset things like our uniform, sixth form dress code and mobile phone policy, alongside continuing to find ways to be kind to one another, and be respectful of our whole community.

Just this morning I had another group of deserving students for my #HotChocFriday who ooze the qualities outlined in the Sackville Way. Qualities we know so many of our students show day in day out.

With one week to go until Easter break, we can look forward to a Year 11 Information Evening, a charity football match, celebration assemblies, a visit from Mims Davis MP and the annual gym and dance display on Wednesday evening. Oh and teach over 1,800 lessons.

As I look forward to the week ahead and the end of my first term at Sackville, I am reminded of a quote from Oprah Winfrey who said, 'Education is the key to unlocking the world, a passport to freedom'. I am already proud of everything that we offer our students at Sackville both within and around the taught curriculum. I have no doubt that our students will go on to unlock their very own slice of the world and achieve many wonderful things in life.

Have a lovely weekend.

Jo Meloni



The Sackville Way

Mr Street writes:-

It was my pleasure to speak to students this week in assemblies about what we as a school are calling the **Sackville Way**. This is essentially the pro-social behaviours that we expect of all members of our community and are based around three simple characteristics; **respect, kindness and positivity**.

I explored with students what each of the characteristics looked like. **Respect** was not only about respecting staff and peers but diversity, the school environment and themselves.

Kindness was about assisting one another and those less fortunate than themselves. It also involved reporting any poor behaviour and that they should look at passing on a little bit of kindness each day.

Positivity was about their approach and mind-set towards school and their studies, being ambitious and recognising that they could achieve their goals.

I also took the opportunity to remind students of some of the areas we have been working on this half term around **attendance and punctuality** and informed them that this would continue after Easter but alongside this we would be focusing on students wearing the correct **school uniform**.

As the weather warms in the summer term, no coats will be allowed to be worn inside school nor will jumpers which are not the school jumper. We are also banning hoodies with the exception of the Sackville PE hoodie which can be worn for PE. So these should not be brought to school.

We will also be reviewing our mobile phone policy and implementing any changes in the second half of the summer term. Further details regarding this will be shared after Easter.

Illness during the day

Please can we remind families that if students are unwell they must go to see **Mrs Hill**, who will assess and phone home if necessary.

Students should not be phoning home direct. On a couple of occasions students have then left the school site without telling anyone, which can present a safeguarding risk.

Sackville Bike Club

Mr Andrews and bike leader Shane are looking to recruit new members to the **bike club**. The club meets in Mr Andrews' room after school on Tuesday and members learn how to maintain and renovate bikes.

Covid vaccinations for students

Vaccinations for 12-15 year olds are available at walk-in clinics across Sussex in the coming fortnight. Further details about locations and timings can be found [here](#).

Invigilators

We are still on the lookout for invigilators. Please see our advert [here](#).

Year Notices

Year 11

GCSE Information Evening

Don't forget our GCSE revision evening for families on Monday, from 5pm-6pm!

GCSE revision sessions after school – repeated from last bulletin

In the meantime, we have our **programme of after school revision sessions** running for year 11s. These are another great opportunity for students to get some out-of-lesson help from their teachers.

Subject	Tier/CW	Location	Staff
Monday			
Computer science	All welcome	C01	Mr de Souza
Tuesday			
English		D05	English Team
Physics	On rotation (see poster)	A22	Physics
Geography	All GCSE geographers	C05	Geography team
Wednesday			
English		D05	English Team
Biology	On rotation (see poster)	A28	Biology
French	Both	B14	Mr Green
Geography	Grade 7-9	C04	Mr Gerretsen
History	All students	C17	Ms Odell, Ms Garrison, Mr Baker
Maths	Higher	M05	Mr Hatton
DT	All	T02 & T03	Mr D'Urban Jackson
DT	Those that need to finish coursework	T03	Mr Martin
DT	Textiles	T09	Mrs Pope
PE	All welcome	P13	Mrs Richards
Thursday			
Chemistry	On rotation (see poster)	A35	Chemistry
Maths	Foundation	M02	Mr Millican
Sociology	11D/11C	C01	Ms Porter
English	11V2A	D16	Ms Wernham
Friday			
Textiles	All	T09	Mrs Pope
DT	All	T02 & T03	Mr D'Urban Jackson

Year 9

Teenage Booster Vaccination Programme, Thursday 28th April

As notified previously, the NHS will be in on 28th April to administer the Teenage Booster to year 9 students. The teenage booster, consists of the **3-in-1 or the Td/IPV vaccine**, which is given to boost protection against three separate diseases: [Tetanus](#), [Diphtheria](#) and [Polio](#), and the **MenACWY vaccine** which protects against [Meningitis strains A C W and Y](#).

Parent consent letters can be [found here](#). The vaccinations are in the first week of the new term and it might be easy to forget to register if you leave it till then.

Key Dates

Monday 4 April	Year 11 hospitality exams Year 11 performing arts/dance exams Year 7 celebration assembly, 1.35pm Year 11 GCSE Information Evening, 5pm
Tuesday 5 April	Year 7 celebration assembly, 1.35pm
Wednesday 6 April	Gym and Dance Display
Thursday 7 April	Mims Davies MP talking to year 12 Year 7 Celebration Assembly, 1.35pm
Friday April 8	Year 13 A level drama assessment End of term, 2.35 pm

Important information for students in schools and sixth form colleges

NHS

Protect yourself against MENINGOCOCCAL MENINGITIS AND SEPTICAEMIA

Meningococcal meningitis (swelling of the brain lining) and septicaemia (blood poisoning) are caused by meningococcal bacteria. These conditions are rare but very serious and need urgent hospital treatment.

Teenagers and young adults are in one of the highest risk groups for meningococcal disease.

MenACWY vaccine helps protect you from four common meningococcal groups – Men A, C, W and Y.

Help protect yourself by having the MenACWY vaccine you are offered in Year 9 or 10.

If you missed the vaccine talk to your school provider. It is free of charge before your 25th birthday.

For more information, speak to your GP surgery, or visit www.nhs.uk/vaccinations, www.meningitis.org or www.meningitisnow.org

© NHS UK 2017. All rights reserved. Meningitis is a serious condition and can be fatal.

Wellbeing Weekly

Mrs Nibloe writes:-

Today marks the beginning of April, although I don't think anyone told the weather! This month's Action for Happiness Calendar is focused on:

Active April

Let's find ways to get moving and stay active and healthy.

I hope there is something within the calendar that you enjoy, perhaps something new.

As we move into the summer, I would like to know if there is anything you are interested in hearing about in this section. If there is, please let me know [here](#).

Active April 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 Commit to being more active this month, starting today	2 Spend as much time as possible outdoors today	3 Listen to your body and be grateful for what it can do
	4 Eat healthy and natural food today and drink lots of water	5 Turn a regular activity into a playful game today	6 Do a body-scan meditation and really notice how your body feels	7 Get natural light early in the day. Dim the lights in the evening	8 Give your body a boost by laughing or making someone laugh	9 Turn your housework or chores into a fun form of exercise	10 Have a day free from TV or screens and get moving instead
	11 Set yourself an exercise goal or sign up to an activity challenge	12 Move as much as possible, even if you're stuck inside	13 Make sleep a priority and go to bed in good time	14 Relax your body & mind with yoga, tai chi or meditation	15 Get active by singing today (even if you think you can't sing!)	16 Go exploring around your local area and notice new things	17 Be active outside. Dig up weeds or plant some seeds
	18 Try a new online exercise, activity or dance class	19 Spend less time sitting today. Get up and move more often	20 Focus on 'eating a rainbow' of multi-coloured vegetables today	21 Regularly pause to stretch and breathe during the day	22 Enjoy moving to your favourite music. Really go for it	23 Go out and do an errand for a loved one or neighbour	24 Get active in nature. Feed the birds or go wildlife-spotting
	25 Have a 'no screens' night and take time to recharge yourself	26 Take an extra break in your day and walk outside for 15 minutes	27 Find a fun exercise to do while waiting for the kettle to boil	28 Meet a friend outside for a walk and a chat	29 Become an activist for a cause you really believe in	30 Make time to run, swim, dance, cycle or stretch today	

ACTION FOR HAPPINESS

Happier · Kinder · Together



Orshivtsy Orphanage Ukraine Clothing Drive

We live locally in East Grinstead and adopted our daughter, Sasha, from Ukraine and helped start a non-profit www.anorphansmiles.org in 2009. AOS has several in-country coordinators and volunteers and have years of experience working on the ground on a wide range of projects, including providing aid during the 2014 war.



What is needed?

Clothing for **Orshivtsy Orphanage** for children aged **5-16 years old**:

- Slippers (sizes 10 junior to 6.5)
 - Shorts
 - T-shirts
- Sneakers (sizes 10 junior to 6.5)
 - Sweatpants

How do we send the donations?



We ship the parcels to Poland and then send the parcels into Ukraine using Nova Poshta. In March we sent 57 parcels from East Grinstead with food and medicine, and these have already reached orphans in Kyiv, Cherkassy, & Kharkiv.



How you can help...

Please use this opportunity to sort through your old clothes at home. We are happy to receive second hand items. These will be sorted and sent out in **April**.

Where to drop the clothes?

- Sackville School, East Grinstead
- **Classroom T01** with **Michele Abel** (also known to us as Alfie the Greyhound's Mum) .

Queries

Please feel free to email lynnk@otclih.com