



Sackville School

TOGETHER WE ACHIEVE



Families' Bulletin

Week commencing Monday 14 March 2022

HEADTEACHER'S MESSAGE

We have come to the end of another fulfilling week, most notably our Year 11 students have finished their two weeks of mock examinations. They have all done themselves very proud in the way they have applied themselves and are deserving of a restful weekend.

It is important for all of us, but particularly for our Year 11s this weekend, to take some time out for ourselves and do something to support our health and wellbeing. You will see later in this newsletter that we are continuing to have a wellbeing feature in our bulletin. Please take time to have a look at this week's section or to flick back over [previous weeks](#) to see if there might be anything useful for you or someone in your family.



Finally, it was lovely to meet with another six rewarding students for #hotchocfriday this week. Students were selected for demonstrating true Sackville spirit in supporting new students to the school and for outstanding work ethic across a variety of subjects.

I'd like to say well done to each of these students but also to the whole Sackville student population, who I am growing to know more and more each day. Not a day goes by when I am not impressed by my interactions with them and look forward to sharing more of their achievements with you over the coming weeks and months.

Have a lovely weekend.

Jo Meloni

School Notices

Illegal Vaping Products and Disposable E-Cigarettes

Mr Street writes:-

I would like to make families aware that there has been a recent rise in reports across West Sussex and the UK of school children using vaping products.

The law is clear that no nicotine vapour products should be sold to anyone under the age of 18 and we have a zero-tolerance approach to them in school.

We are particularly concerned that some vapes have been found to contain excessive amounts of nicotine which are increasingly harmful if consumed regularly.

Many vapes are also sold in child appealing flavours and designs making them particularly attractive to young people.

By working together, we can educate our young people about the dangers of these products.

Parents' Focus Group

Mr Street writes:-

We are excited to be running our first face-to-face Parents' Focus Group for over two years on **Wednesday 23rd March 2022 at 5pm.**

Being part of the PFG is a great way of getting involved with the Sackville community and gives parents a real voice in shaping school policy and procedure. Though we already have a great group of committed parents we are always keen to welcome new parents. If you would like to be part of the group, then please register your interest by emailing me at pstreet@sackvilleschool.org.uk.

Year Notices

Year 11

Mr Millican writes:-

Year 11 have been superb for the last two weeks. I wish them a really restful weekend.

Students who have missed exams have as far as possible had them rescheduled on Monday and Tuesday of next week. Any remaining exams will then take place during lesson time.

Grades and feedback will go out to students as soon as the papers have been marked and moderated. As parents you will get a formal certificate in the form of monitoring grades shortly, once all the data has been submitted.

We have roughly 30 teaching days to go before the start of the exams so it will be straight back to normal teaching on Monday morning making the most of every hour we have left.

A last thank you to you as parents; I fully appreciate how stressful the mock exams are for you with the cajoling and supporting that constantly goes on behind the scenes.

I wish you all a restful and relaxing weekend.

LRC Notice

Mrs Rose writes:-

Another **World Book Day** has flown by. Unfortunately the LRC couldn't open as **building works** in the half term hadn't been completed as expected. However this did not stop us joining in with a competition for students to enter. The English staff dressed up as a character from a book and the competition we ran was to match the character with the book. The winner, drawn from the correct entries, was **Daniel Joyce 9SKN** pictured here collecting his prize. Well done to Daniel.

I had also asked tutors to encourage students to give me their views on reading. The questions posed are on the next page.



WORLD
BOOK
DAY

What do I need to know about you as a reader?

Name:

Reading I want to recommend:

What I think about reading...

What I want to tell you about me and reading...

Changing lives through a love of books and shared reading.

World Book Day® is a charity sponsored by National Book Tokens.

NATIONAL
BOOK
tokens

If anyone would like to complete the above then please let me have this by Friday 18th March. All comments are gratefully received.

I will be running a Reading Group for year 9 students to *Shadow* the "Carnegie" book awards. So any avid year 9 readers please lookout for more details in the LRC shortly.

Free copy of First News

We have a subscription to *First News Education*, a newspaper designed specifically for students. Issues are always available in the LRC. They have given **free access to parents for this week's edition** because they know young people are asking questions about the situation in Ukraine, and in many cases are seeing less reliable sources of information on social media. To access the free copy please follow [this link](#).



Key Dates

Wednesday March 16	Year 8 trip to Neasden Temple and Southall Gurdwara (B&V)
Thursday March 17	Year 12 politics trip to nuclear bunker Year 9 parents' evening
Friday March 18	Year 11 Shakespeare workshops
Tuesday March 22	Year 13 politics revision trip
Wednesday March 23	Year 12 visit to St John's College Year 13 sociology revision trip Year 13 travel trip to Harry Potter World
Thursday March 24	Whole school Learning for Life sessions

	Sixth form HE Fair, 4.30 – 6.30 pm
	Year 13 study leave
Friday March 25	Year 13 study leave
	Years 9, 10 (BV) and 11 grade sheets issued
Saturday March 26 -	Bronze Duke of Edinburgh practice expedition
Sunday March 27	
Monday March 28	Year 13 Mock 2 exams (till Friday)
Wednesday 30 March	Primary Dance Festival
Thursday 31 March	Year 11 parents' evening
Wednesday 6 April	Gym and Dance Display
Thursday 7 April	Mims Davies MP talking to year 12
Friday April 8	End of term, 2.35 pm

Wellbeing Weekly

One of the things we all have in common is the need to eat, perhaps your family all eat together around the table or perhaps separately or anywhere in between. One way to reconnect with each during mealtimes is to have a discussion. If you ask a teenager how their day was, you might get a monosyllabic answer or at best "It was OK". Some topics that might work are:

- tell me about your favourite film/series. What is it you like about it?
- what was the last song you listened to?
- tell me about the book you are reading. What do you predict the end to be? What one thing would you change that has happened so far?
- if you could anywhere in the world on holiday where would it be? Why?
- what's the first film you remember seeing at the cinema?
- and finally.....wheels or doors?!

Music notices

Singing lessons

Corina Redis, our new singing teacher, writes:-

My name is Corina and I am the new Singing Teacher for Sackville School.

I offer fun, interactive lessons to help students discover their voice and improve their singing. I teach classical, jazz, musical theatre, modern pop and gospel singing using West Sussex Music Curriculum for Singing or the graded ABRSM curriculum if they wish to take the exams. There is always freedom for my students to select their own repertoire. I also introduce them to songs I think they would benefit from, and encourage them to experience as much as possible, while guiding them in the process.



As well as being an enjoyable and sociable hobby, learning how to sing boosts pupils' confidence. There are also many benefits for the brain as singing uses several areas of the brain at once.

With lots of encouragement from the teacher and parents, progress should be steady, and will come quite quickly if your child sings and practises regularly at home. Experience of reading music notation is not required and will be taught during the lessons if needed.

Weekly twenty minutes or half hour lessons usually take place during school hours, individually or in small groups of pupils. The options are: individual 20 minutes sessions (£13.90 per lesson/£152.90 per term), individual 30 minutes sessions (£20.40 per lesson/£224.40 per term) or group lessons (20 minutes for groups of 2, 30 minutes for groups of 3-5) £8.50 per lesson/£93.50 per term, payable either monthly or termly (11 lessons).

Please see our website for more **information:** www.westsussexmusic.co.uk/apply

West Sussex Music Trust is committed to enabling **all** young people access to high quality music education. If finances might prevent your child from taking up music lessons we have a **Bursary Fund** to help with the cost of lessons: www.westsussexmusic.co.uk/bursary

corina.redis@westsussexmusic.co.uk

Anna Howie has a new album out

Anna has worked tirelessly to support our school shows for several years now. Her new album, 'The Friday Night Club' comes out on Friday 25th March.

You can read a rave review of the album [here](#).

Sackville Students **Freya Eastcott**, **Seren Foulds**, **Nicole Noakes**, **Peggy Wheeler** and ex-student **Tia Bartlett** are coming to sing at Anna's album launch nights, one at The Archway theatre in Horley on 26th March (sold out), one at The Bedford Ballroom in London (31st March) and one at The Hopyard in Forest Row on 24th March.

Tickets for the Hopyard are [here](#) - all ticket money going to **the Red Cross for Ukraine**.

More details can be found here on [Anna's website](#).



Sports notices

Cricket coaching course at Edenbridge CC

Tim Cox, Chair, Edenbridge Cricket Club, writes:-

We at Edenbridge CC are hosting an **ECB Coach Support Course** on Saturday April 16th and would be happy to welcome aspiring coaches from other local clubs.

The course is also open to anyone from the age of 16, so may well suit our sixth formers and some year 11 students.

For further details please look at the club's [Facebook page](#).

To join the course, please [click here](#).

Thanks and best wishes for the coming season





EASTER 1/2 DAY CAMP - TUESDAY 12TH APRIL WITH MAGIC PERFORMANCE COACHES

LOCATION: BHASVIC, BRIGHTON (INDOORS)

9.15AM - 12.15PM - YEARS 2, 3 AND 4

12.45PM - 3.45PM - YEARS 5 AND 6

ALL PLAYERS WELCOME - NEW TO NETBALL OR
MORE EXPERIENCED. OPEN TO GIRLS AND BOYS.

£15 MAGIC PLAYERS
£20 EXTERNAL PLAYERS



2022-2023

PERFORMANCE TRIALS



CURRENT U9S, U10S, U11S
SATURDAY 19TH MARCH
@ PORTSLADE SPORTS CENTRE (AFTERNOON)

CURRENT U13S
MONDAY 21ST MARCH
@ K2 CRAWLEY (PM)

CURRENT U18S (U16-U18)
WEDNESDAY 23RD MARCH
@ K2 CRAWLEY (PM)

CURRENT U15S & U14S
THURSDAY 24TH MARCH
@ WARDEN PARK (PM)

CURRENT U7S, U8S, U12S
SUNDAY 27TH MARCH
@ PORTSLADE SPORTS CENTRE (AM)

£3 TO TRIAL - SIGN UP AT
WWW.MAGICNETBALL.CO.UK/TRIALS

ALL ABOUT US

magic



WE REQUIRE A MINIMUM 80% ATTENDANCE AT TRAINING AND 80% AVAILABILITY AT GAMES.

WHY? THE ROAD TO SUCCESS IS THROUGH COMMITMENT.

WE NEED COMMITMENT SO WE CAN ENSURE EACH PLAYER IS INDIVIDUALLY PROGRESSING WHILST ALSO SUPPORTING THE SQUAD TO HAVE TEAM SUCCESS (THROUGH ALLOWING US TO PUT THE STRONGEST COMBINATIONS ON THE COURT). ANYONE WHO WANTS TO SUCCEED IN SPORT HAS TO BE COMMITTED.

WE DO NOT CARE WHAT SCHOOL OUR PLAYERS GO TO.

WHY? ALL WE CARE ABOUT IS THAT PLAYERS ARE AVAILABLE AT LEAST 80% FOR TRAINING AND MATCHES. IF PLAYERS CAN MAKE THIS WORK, THEY WILL FIT OUR CLUB! WE REALLY LOVE WHEN WE CAN WORK WITH SCHOOLS TO ENABLE PLAYERS TO PLAY THE HIGHEST CLUB LEVEL WITH US, WHILST ALSO SUPPORTING THEIR IMPORTANT SCHOOL GAMES TOO.

WE WANT OUR PLAYERS TO JOIN US AS EARLY AS THEY CAN.

IF WE CAN WORK WITH PLAYERS FROM THE YOUNGEST AGE GROUPS, THEIR BASIC SKILLS WILL BE PERFECTED AND THIS WILL ENABLE THEM TO FLOURISH WHEN THEY REACH OUR OLDER SQUADS. YOUNGER PLAYERS DO NOT NEED TO HAVE EXPERIENCE IN NETBALL, JUST POTENTIAL! WE WILL WORK WITH THEM TO GIVE THEM THE TOOLS TO BE AN OUTSTANDING NETBALLER AND LOVE NETBALL! OUR PLAYERS WHO ARE NOW REACHING ENGLAND AND FRANCHISE LEVEL HAVE BEEN WITH US SINCE THE START OF THEIR CLUB NETBALL JOURNEYS, WHICH JUST SHOWS THE PROGRESS WE ACHIEVE WITH PLAYERS WHO COMMIT WITH US.

WE WANT OUR MAGIC PLAYERS TO SUCCEED IN THEIR NETBALL AND IF THEY WISH TO, TO PROGRESS ON THE ENGLAND NETBALL PATHWAY.

WHY? SO THEY CAN EXCEL IN THE SPORT AND ACHIEVE MEMORIES THAT WILL LAST THEM A LIFETIME! WE DEDICATE A LOT OF TIME TO ENABLE OUR PLAYERS TO PROGRESS. THIS RANGES FROM:

- A HUGE NUMBER OF MATCH PLAY OPPORTUNITIES AGAINST THE BEST TEAMS,
- ONCE A WEEK FOCUSED TRAINING (WHICH INCLUDES SKILLS BASED TRAINING AND A NETBALL FITNESS SPECIFIC SESSION),
- FROM U13 UPWARDS, ACCESS TO VIDEO ANALYSIS SOFTWARE TO REVIEW INDIVIDUAL AND TEAM PERFORMANCE IN GAMES,
 - ACCESS TO MASTERCLASSES THROUGHOUT THE YEAR,
 - TARGETED TRAINING PROGRAMMES,
 - LOTS OF SOCIAL EVENTS,
- OPPORTUNITIES TO ATTEND A HUGE NUMBER OF TOURNAMENTS, AND GO ON THE BEST NETBALL TOURS!

SINCE WE STARTED ONLY 4 YEARS AGO, WE HAVE ALREADY HAD OVER 80 PLAYERS SELECTED FOR COUNTY, FRANCHISE, OR THE ENGLAND ROSES ACADEMY!

WE DO REQUIRE OUR PLAYERS TO DO SOME INDIVIDUAL WALL WORK (OR SHOOTING IF A SHOOTER) OUTSIDE OF TRAINING.

WHY? CONSISTENT HARD WORK GAINS SUCCESS.

ATHLETES WHO WANT TO SUCCEED WILL COMMIT THEIR TIME TO PROGRESS THEIR SKILLS. MAGIC PLAYERS ARE PLAYERS WHO WANT TO IMPROVE AND PLAY THEIR BEST. THEREFORE INDIVIDUAL PRACTICE SHOULD BE PART OF A PLAYER'S WEEKLY ROUTINE TO ENSURE THEY PERFORM AT EVERY GAME. THE WALL WORK PROGRAMMES WE SET RANGE FROM AN EXTRA 10-35 MINS PER WEEK (DEPENDENT ON AGE). SHOOTERS ARE EXPECTED TO SHOOT 5-7 TIMES A WEEK (AGAIN AMOUNT VARIES BASED ON AGE).

IF YOU HAVE ANY OTHER QUESTIONS PLEASE FEEL FREE TO CONTACT US

TRIALS@MAGICNETBALL.CO.UK