

Sackville News

27th March 2020



Dear Parents and Carers

It seems strange that it is only two weeks since our last edition of Sackville News; it seems a different world now.

I would like to start by **thanking you for your support** over the last fortnight, as we have gradually moved to **fully remote learning**. These are challenging enough times without parents having suddenly to deal with teenage motivation! Several of our staff are parents to Sackville students, and have shared pictures of the home learning that is going on. As the lockdown has coincided with beautiful weather, there are a lot of pictures of outdoor learning. This is year 9's Beth Currie enjoying some PE – to be expected I suppose!



We have also had in school some students whose **parents are key workers**. This select group has spent most of the day working a safe distance apart completing the tasks set by the teachers for all students. But there has also been time for some 'Joe Wicks exercise sessions' (left) and clay modelling, amongst other things.

Students have been **engaging well with the work that has been set by staff**. We all feel it is really important that students keep up with the work over the coming term. This is obviously particularly true for year 10 and 12 students, but applies to everyone. When we think students could perhaps be trying a bit harder, a phone call will follow.

This is a two-way process of course. **We are at the end of an email** if you feel you need any help or support with the work set. Teacher contacts are signposted at the top of the website.

We would love to receive some pictures of the students engaging with remote learning. Please feel free to email any you may have to [Mr de Souza](#).

We aim to **survey parents about their experiences of remote learning early next week**, so that we can adjust our practice if necessary.

There is also an **update for our exam classes** on the next page.

I would also like to add that no additional work will be set over the **Easter Holiday**; that is a time for all students and staff to recharge their batteries.

Those families who are eligible for **free school meals** should have received some vouchers from us by email last Tuesday. These vouchers are usable at Sainsbury's. If you think you should have received these, and have not, please contact us.

The **East Grinstead Foodbank** is still operating in these difficult times. They can be contacted by email or phone, and there is no need for a voucher or referral at this time. There is a poster on the next page.

For a few years now, **Miss Offler** has been running the **'This Girl Can' competition**. This year, she is running the **'Sackville Can' School Closure Competition**. The idea is for students to take a picture of themselves

doing a home workout or their daily exercise. These should be emailed to [Miss Offler](#), who will then post them on the [Sackville PE Twitter account](#) every few days. Once we are back at school, look out for the pictures in a new display in the PE area.

The **school nursing service** continues to work during the school closure. If students want advice or help, they can use the text service.

It just remains to wish you and your family the best of health in these uncertain times. Stay safe, stay at home, and we'll all meet again when we get through this.

Julian Grant

Headteacher



Update on exam classes

Mr de Souza writes:-

I would like to confirm that **we are no longer expecting year 11 and 13 students to be preparing for written exams**. Those who have **ongoing assignments** or **coursework** should still complete them only if asked by their teacher.

We will put some **study packages together** early next term that will help year 11s prepare for the next stage in their learning.

In year 10, **students should not be preparing for a beliefs and values GCSE**, but should concentrate instead on keeping up with work for other subjects.

We have received no further instructions about how grades are to be awarded this year; we will be in touch as soon as we do.



We want to continue to deliver our services as the situation unfolds and we want to keep both you, and our volunteers, safe. We would be grateful for your support and understanding, whilst we continue to supply emergency food to those who need it most in these uncertain times.

The changes in the way we operate are as follows:

■ We will no longer be open for face-to-face sessions at the Jubilee Community Centre. We will be moving to a delivery system, supplying pre-packed food parcels that can be delivered quickly with minimal to zero contact

IF YOU ARE IN NEED OF FOODBANK ASSISTANCE:

■ Please call the number below and leave a clear message, with your name and number and we will call you back, take your details and discuss your circumstances to determine what you need

■ The food items will be packed and delivered to you, please ensure you are in when we try to deliver

■ Regrettably, we are unable to offer signposting information or advice at present.

CALL 0785 6864251
alternatively, you can contact us by E-mail at **crisis@eastgrinstead.foodbank.org.uk**



We are having to make these changes to our service due to the effect of government regulations regarding self-isolation, social distancing & hygiene practices.

THANK YOU FOR YOUR UNDERSTANDING

Please stay safe

Stuck for some ideas for the holidays? Try [this page from the Scouts](#).

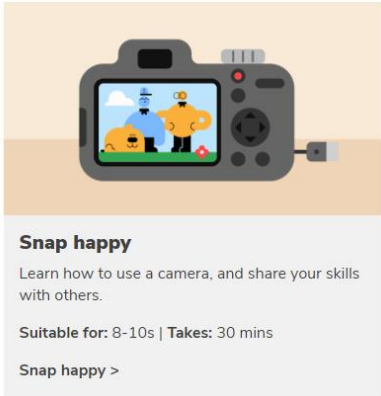
Scouts  BETA Join Scouts Information for parents Information for volunteers About us Shop  Sign In  

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The Great Indoors

We know the coming days and weeks are going to be difficult for families across the UK, as the spread of Covid-19 causes schools to close. As the experts in developing skills and bringing adventure to young people, we want to do what we can to help.

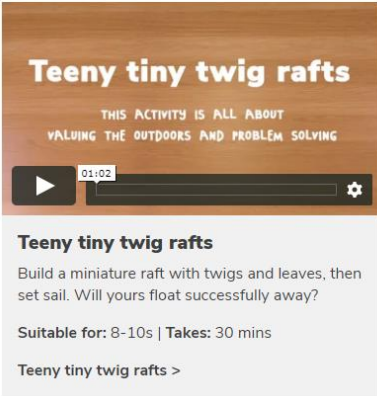
While we normally love the great outdoors, we've pulled together some inspired indoor activity ideas (if we do say so ourselves). Keep your kids learning new skills and having fun (and avoid hearing 'I'm bored' every 30 seconds) all in #TheGreatIndoors.




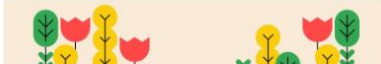


Snap happy
Learn how to use a camera, and share your skills with others.
Suitable for: 8-10s | Takes: 30 mins
[Snap happy >](#)



Storm in a teacup
Understand energy by creating your own tornado.
Suitable for: 8-10s | Takes: 20 mins
[Storm in a teacup >](#)



Teeny tiny twig rafts
THIS ACTIVITY IS ALL ABOUT VALUING THE OUTDOORS AND PROBLEM SOLVING

Teeny tiny twig rafts
Build a miniature raft with twigs and leaves, then set sail. Will yours float successfully away?
Suitable for: 8-10s | Takes: 30 mins
[Teeny tiny twig rafts >](#)

Or try something from here ...

feel good **Five a day!**

 Read a book	 Listen to music	 Write a poem	 Listen to a podcast	 Try meditation/ get some headspace	 Write a gratitude list (with 5 things)	 Watch a 'Great Big Story'	 Sketch a picture	 Birdwatch From your window	 Make a smoothie
 Do a home work out	 Work on UniFrog/ your CV	 Bake a cake or cookies!	 Face time a Friend/ Family	 Do some maths	 Help with the housework!	 Make an origami animal	 Watch a nature documentary	 Cook a healthy recipe	 Read around your A2 subjects
 Email a teacher to say 'thanks'	 Unfollow a negative person online	 Send someone a positive text	 Have a go at a brush letter challenge	 Learn something new	 Find and share a good news story	 Try a yoga pose!	 Do some revision!	 Set a new goal	 Exam practice question.
 Tidy up	 Listen to an audiobook	 Do some gardening!	 Play an instrument	 Give someone a compliment.	 Develop a different language.	 Put on some music and dance around your house!	 Sort out your wardrobe or a drawer.	 Watch a TED talk.	 Watch a Bob Ross!