



June 2022

Dear Parent/Carer

Year 8 Five Week Outdoor Education Programme commencing Wednesday 15th June 2022 to 13th July 2022

We have chosen a small group of students from the year group to be given the opportunity to take part in an educationally enriching course.

Over the course of five weeks we will be taking the group of students off site every Wednesday, to take part in a series of outdoor activities. These activities will be looking at team work, resilience, problem solving, communication skills, confidence and self-esteem, leadership and identifying risks and hazards, there will be no charge for this.

This is a fantastic opportunity for the students to learn lots of transferable skills and engage with each other in a variety of exciting and unique environments under the guidance and instruction of a professional outdoor education provider.

All of the activities will be led by our Leader of Outdoor Education, Richard Brinkmann. Richard has been running outdoor education in schools, colleges, outdoor activity centres and independent companies for over 15 years and holds many high level outdoor leadership qualifications including mountain leader, RCI, CWLA, GNAS, L3K and 5*K as well as a wealth of experience working with groups in the outdoors.

Activities will include many of the following: climbing, abseiling, archery, teambuilding, high ropes courses, navigation skills, hill walking and bouldering.

It is important that the students are prepared for being away from the school on these days and will need to consider the following.

Medication

Inhalers and Epipens must be with the student if prescribed. They must also be in date. Students without the correct in date medication will not be able to attend off site days.

Clothing

Appropriate footwear for outdoor activities such as trainers which they are happy to climb in. No clogs, flip flops or wellies please. If students have walking boots they should bring them along in a bag as well as their trainers.

Clothing appropriate for the weather is important, a spare jumper in case it gets cold and a coat. Waterproofs would be advisable as we will be outdoors even if it is raining. Clothing which they are happy to climb in and do not mind getting dirty is important. Tracksuit bottoms would be ideal. Preferably not jeans if possible.





Food

As we will be off site it will be important that all students taking part have enough food and water for the day. Lunch and snacks need to be packed preferably in a back pack so it can be easily carried and plenty of water as access to water in more remote sites will not be possible.

Facilities

On some of the days access to toilet facilities will be limited so students should consider this before leaving the school site.

Students should register **every Wednesday in T01 at 8.25am** promptly and should be wearing their outdoor clothing and have additional layers/waterproofs on cold/wet days.

Insurance for all school trips is arranged through West Sussex County Council. Full details of the policy can be found on our website at <https://sackville.w-sussex.sch.uk/parents/school-trip-insurance/>. **Peanuts or peanut related products are not allowed to be taken on any school visit.**

We are really excited to be able to offer this opportunity to our students and look forward to the next adventurous five weeks. If you have any questions, please email jpearson@sackvilleschool.org.uk

We know you have been contacted with regards to this and have given your verbal permission but we would be really grateful if you could click on the link [here](#) and fill in the electronic parental consent form, please complete this by **Monday 13th June 2022**.

Yours sincerely

Mr Pearson
Leader of Year 8

