



19 September 2025

**Dear Families** 

## **Year 8 and 9 Outdoor Education Adventure Days**

We are thrilled to offer a group of students from Year 8 and Year 9 a fantastic opportunity to participate in an off-site outdoor adventure day. These days are designed to be an enriching and educational experience, focusing on developing key skills like teamwork, resilience, problem-solving, and confidence.

- Year 8: Tuesday 23 September 2025
- Year 9: Wednesday 24 September 2025.

The best part? There is no charge for this trip.

All activities will be led by professional instructors from E3 Adventures at Deerleap Park Outdoor Education Centre, located at St. Hill Green, East Grinstead RH19 4NG. Students will take part in a variety of activities, which will include climbing, abseiling, teambuilding, and high ropes courses.

Please ensure your child is prepared for the day with the following:

## What to Bring and Wear

- Medication: If your child has a prescribed inhaler or EpiPen, they must have it with them, and it must be in date. Students without the correct, in-date medication will not be able to participate
- Clothing: Students should wear clothes they are comfortable getting dirty and can climb in, such as tracksuit bottoms (no jeans, please). Layers are key, a spare jumper and a waterproof jacket are highly recommended
- Footwear: Sturdy, closed-toe shoes like trainers are essential. No Crocs, flip-flops, or wellies
- Food and Drink: Students need to bring enough food and snacks for the day, along with plenty of water. A backpack is ideal for carrying these items.

## Schedule for the Day

- 8.25am: Registration in form
- 8.55am: Meet Mr. Parry in the canteen, Students should be dressed in their outdoor clothing
- 9.00am: Mini bus departs for Deerleap Park
- 9.30am 1.00pm: Morning activities
- 1.00pm 1.30pm: Lunch, with an inspirational speaker
- 1.30pm 2.30pm: Afternoon activity
- 2.30pm 3.00pm: Mini bus returns to school.

We are so excited to offer this enriching opportunity. Please complete this <u>Google form</u> by Monday 22 September 2025.

If you have any questions, please do not hesitate to get in touch - aparry@sackvilleschool.org.uk.

Yours sincerely

Mr Andy Parry
PE Teacher
DofE and Outdoor Learning Lead



















